

# PADGATE ACADEMY

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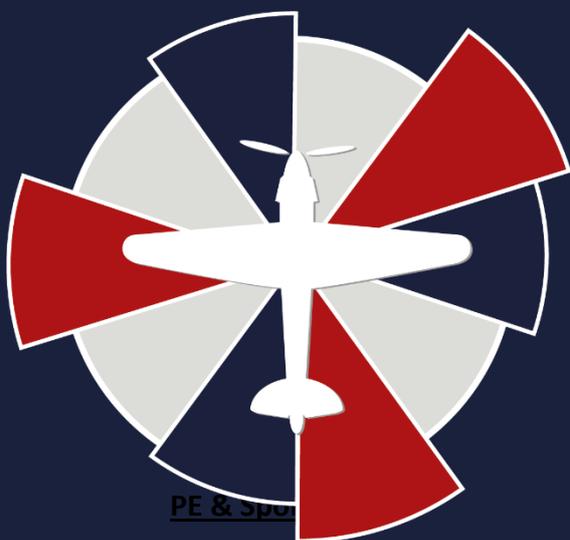
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**Principal:** Mr A McMillan Bsc (Hons)

## PE & Sport





## PE & Sport at Padgate Academy

### Vision

The PE department at Padgate Academy provides a challenging yet nurturing environment where high-quality teaching and learning flourishes. Our vision is to develop healthy, active individuals who find enjoyment and purpose in sport and physical activity. We foster a strong sense of belonging so that all students feel valued, included, and motivated to participate.

**PE Curriculum Intent- THE WHY**

**Vision-** *to create healthy, active individuals with a passion for sport.*

Lifestyle	Life Skills
Resilience	Leadership
Fitness	Communication
Knowledge	Organisation
Physical competence	Evaluating

### Curriculum Intent

At Padgate Academy, our intent is to equip students with skills and habits that will positively influence their physical, social, and emotional well-being — both now and in the future. We aim to:

- Deliver engaging, high-quality teaching and learning opportunities that inspire all students to succeed in sport and physical activities.
- Develop competence in a range of physical skills and sports, enabling students to work both independently and as part of a team.
- Promote critical thinking, oracy, resilience, and character through structured competition, collaboration, and problem-solving.
- Ensure high expectations for all students, including those with SEND and from disadvantaged backgrounds, through adaptive teaching and inclusive practices.
- Embed virtues such as perseverance, teamwork, respect, and determination within our curriculum, enabling students to grow in character as well as competence.



## Implementation

Our PE curriculum is carefully structured to ensure progression across all Key Stages. Students experience a broad range of activities, including invasion games, net and wall games, striking and fielding, athletics, fitness, and trampolining.

Key elements of implementation include:

- Sequenced curriculum plans that build on prior knowledge and develop deeper understanding and application.
- A strong focus on inclusive pedagogy, ensuring all students are supported and challenged.
- Encouragement of student voice, oracy and independence through collaborative learning and reflection.
- A thriving extracurricular programme that supports participation and talent development, including lunchtime and after-school clubs and local/national competitions.

## Impact

The impact of our PE curriculum is reflected in students who:

- Demonstrate positive attitudes to learning, teamwork, and leadership.
- Understand the benefits of lifelong physical activity and how to maintain a healthy lifestyle.
- Can critically evaluate their own and others' performance, setting goals for improvement.
- Achieve strong outcomes in both core PE and BTEC Sport, with clear progression pathways to further study or careers in sport and leisure.

Ultimately, our goal is to nurture happy, healthy, and resilient individuals who can transfer the skills learned in PE into their wider lives.

[Link to curriculum map](#)

## Character Development through PE (Adapt using character virtues)

The PE curriculum plays a vital role in shaping students' character by providing:

- Opportunities to demonstrate and reflect on virtues such as integrity, courage, fairness, and respect.
- A culture of high aspiration, mutual support, and responsibility.
- Real-world contexts where students build emotional regulation, leadership, and resilience.

## Enrichment & Cultural Capital

We offer an enriching programme of experiences beyond the classroom, including:

- A wide variety of sports clubs, competitions, and leadership opportunities.
- Educational trips and sporting events that broaden horizons.
- Guest speakers, career panels, and employer encounters that raise aspirations and link learning to career pathways in sport, fitness, health and beyond.

## Careers and Next Steps

The PE department actively promotes awareness of the career opportunities linked to sport and physical activity. We work with external agencies and national bodies to ensure students are well-informed about pathways into careers such as coaching, physiotherapy, fitness training, sports media, and teaching.