



# Padgate Academy

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Principal: Mrs M Barclay Bsc (Hons) NPOH

Dear Parent/Carer

At Padgate Academy, we are proud to be a part of the Warrington Youth Rowing Project and from September, a new Year 8 team will be selected to take part in the Rowing Programme. We have had a number of successful teams over the last four years since this project began.

## **Session Information**

- Held at Warrington Rowing Club
- Every Thursday - 11:30am – 1:30 pm
- Leave school after break time at 11:05am
- Return for beginning of Period 5
- Spare clothes are required.
- Sessions may be shorter through the winter due to light/weather conditions and these sessions may take place in the gym.

## **Student Expectations**

Selection to the rowing squad is a privilege due to the large number of students who are interested in taking part each year. Students who are lucky enough to be selected must be committed to the project and will be expected to show excellent attendance and behaviour both in school and during the coaching sessions. The squad will be expected to attend a number of events throughout the year, which are outlined below. Students must also be to swim and tread water for at least 1 minute.

## **Events**

- September/ October 2020 - Launch Event at Priestley College
- November 2020 – Capsize Drill at Broomfields Leisure Centre. (Swimming test and practice capsized)
- January 2021 – Interschool Indoor Competition at Birchwood High School.
- Top performers at the indoor competition are invited to the National Indoor Junior Rowing Championships 2021 in London.
- July 2021 – Interschool Regatta at Warrington Rowing Club. Family and Friends invited.

If your child is interested in taking part in this project, please contact either myself ([nparkinson@padgateacademy.co.uk](mailto:nparkinson@padgateacademy.co.uk)) or Mr Taylor ([mtaylor@padgateacademy.co.uk](mailto:mtaylor@padgateacademy.co.uk)) via email or telephone on 01925822632.

Yours sincerely

**Miss N Parkinson**

**Head of Learning Year 9**

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