

CURRICULUM INFORMATION



Physical Education

At Padgate Academy you will have the opportunity to participate in a wide range of sporting activities but most importantly you will learn to lead a healthy and active lifestyle which will benefit you as you move through life.

The department offers excellent facilities including extensive fields (400m, 2 rugby league, 2 football pitches and 2 seven aside football pitches), well-equipped sports hall, gym, netball/ basketball courts and state of the art 3G astro-turf.

Years 7 – 9 – Key Stage 3

Year 7, 8 & 9 Autumn Term includes	Year 7, 8 & 9 Spring Term	Year 7, 8 & 9 Summer Term
Trampolining	Tag Rugby	Athletics
Badminton	Rugby	Rounders
Netball	Badminton	Softball
Football	Trampolining	

Assessment details - Y7 students will be baselined assessed during their first term. Year 7, 8 and 9 will have regular formative assessments looking at skill development in each discipline which will take place during lesson time and will be recorded using iPads.

Years 10 – 11 (Key Stage 4)

BTEC Year 10 (New Specification)	BTEC Year 11 (Old Specification)
Mandatory units 1 Fitness for Sport and Exercise (Online Exam) 2 Practical Performance in Sport 3 Applying the Principles of Personal Training.	Core unit 1 Fitness for Sport and Exercise (Online Exam) 2 Practical Sports Performance



Optional specialist units	Optional specialist units
4 The Mind and Sports Performance	3 The Mind and Sports Performance
5 The Sports Performer in Action	4 The Sports Performer in Action
6 Leading Sports Activities	5 Training for Personal Fitness
	6 Leading Sports Activities
GCSE PE Year 10 & Year 11	
Applied anatomy and physiology Physical training	30% Written paper
Socio-cultural influences Sports psychology Health, fitness and well-being	30% Written paper
Practical activity assessment Analysing and Evaluating Performance (AEP)	40% Non exam assessment (Coursework)

Assessment details: GCSE OCR - Year 11 students will be regularly assessed on GCSE papers to ensure their readiness ahead of the GCSE examinations and will be assessed on performance and their analysis of this through an external moderator. Students will also complete a written examination during the Summer exam series (60%).

Enrichment opportunities

Each week there are numerous extra-curricular activities held after school including football, netball and dodgeball. Parents/carers are also invited to attend fixtures at both Padgate Academy and at host schools across Warrington. In addition to this year 10 and 11 students are invited to attend weekly intervention sessions for exam support.

How to support your child in Physical Education

- All students are required to wear the Padgate Academy PE Kit which is available from school reception.
- Encourage students to lead a healthy lifestyle at home.
- In year 10 and 11 students are expected to continue developing their skills through their involvement with community/county level sport teams.