

Supporting Students with Additional Needs

This unprecedented period of change and disruption is very difficult for many children with additional needs and their families. The lack of structure and routine and the difficulties of access home learning can bring additional stresses and problems.

We have put together some useful websites and resources that we hope will help you. These offer some practical ideas and also may sign post you to other areas of support.

Please remember that you can contact either of us for advice and support. Remember it's not forever and there are lots of things you can try that may make things easier!

Stay safe.

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ADDvanced Solutions

<http://www.addvancedsolutions.co.uk/home.html>

ADDvanced solutions Community Network encourages, equips and empowers children, young people and their families living with neurodevelopmental conditions, learning difficulties and associated mental health needs.

National Autistic Society

<https://www.autism.org.uk/services/helplines/coronavirus/resources.aspx>

Information, top tips and support and advice for students with Autism and their families.

<http://www.cardiffandvaleuhb.wales.nhs.uk/sitesplus/documents/1143/Supporting%20Children%20with%20LD%20&%20ASD%20with%20COVID%20Isolation.pdf>

Advice on structure, routines and transitions for students with Additional Needs or Autism

Home learning resource list for students with Additional Needs

<https://chatterpack.net/blogs/blog/resources-list-for-home-learning>

Here is a list of current free curriculum based learning resources for any students struggling to access or engage with home learning, or for those parents looking for something different!

All these links offer free online additional resources for young people with Special Educational Needs to keep them physically active.

Health and Mental Wellbeing

https://nosycrow.com/blog/released-today-free-information-book-explaining-coronavirus-children-illustrated-gruffalo-illustrator-axel-scheffler/?fbclid=IwAR0KoB1AkUeK_7AdbqhjjXK2K

This book which is a good starting point for young people who are not finding the lockdown and understanding of Coronavirus easy.

A free information book explaining the coronavirus to children illustrated by Gruffalo illustrator Axel Scheffler follow the link below:

Autism

<https://www.scie.org.uk/care-providers/coronavirus-covid-19/learning-disabilities-autism/carers-family>

Easy to use Calming strategies for Young People with Autism

<https://www.youtube.com/watch?v=13DiS7cPgX0>

National Council for Special Education

https://ncse.ie/online-resources-for-parents?fbclid=IwAR1qztdl_1PwgsvWX3Lm8k9yoh1e3evOQXLYCpa-UX8wq_Yi_k3BOAQqWDU

The NCSE is providing online resources for children and young people with Special Educational Needs who are at home as a result of the schools' closure. The resources are designed to assist parents, teachers and students in special schools, special class placements and mainstream classes.

Visual Impairments

<https://britishblindsport.org.uk/stay-in-work-out/#StayInWorkOut>

With current Government advice recommending against non-essential contact and all unnecessary travel, British Blind Sport is joining with Sport England and encouraging our VI service users to #StayInWorkOut.

At British Blind Sport, we don't believe staying at home should mean doing less physical activity than normal! Physical activity is proved to relieve stress,

improve mental health and boost the immune system, and we will do our best to continue to help you achieve this. As such, we're happy to have permission to provide you with some audio exercise programmes, covering a wide range of activities such as Yoga, Pilates, Cardio, Bootcamp and Strength among many others.

<https://www.henshaws.org.uk/covid-19-response/>

Henshaws is a northern charity supporting people living with sight loss and a range of other disabilities to go beyond expectations

Hearing Impairments

<https://www.ndcs.org.uk/information-and-support/language-and-communication/supporting-your-childs-learning/>

Support for home learning for students with visual impairments

<https://www.youtube.com/channel/UCi6DvQHbWiFqcQuNabqMO6w>

Support for home learning for students with visual impairments