

Padgate PE Curriculum Map 2025-2026

		Block 1 3rd Sep –3rd Oct	Block 2 6th Oct – 14 th Nov	Block 3 17 th Nov – 19th Dec	Block 4 5th Jan – 13 th Feb	Block 5 23rd Feb – 3rd Apr	Block 6 20th Apr – 22nd May	Block 7 1st June – 26 th June	Block 8 29 th Jun – 24 th Jul
Knowledge, Skills/techniques	Y7 Boys	Basketball	Rugby	Table Tennis	Football	Fitness	Emerging Sports	Athletics	Striking & Fielding
	Y7 Mixed	Football	Badminton	Basketball	Table Tennis	Dance	Emerging Sports	Athletics	Striking & Fielding
	Y7 Girls	Netball	Dance	Trampolining	Fitness	Badminton	Rugby & Football	Athletics	Striking & Fielding
	VALUE	POSITIVITY	RESILIENCE	INTEGRITY	DETERMINATION	ENDEVEOUR	POSITIVITY	RESILIENCE	INTEGRITY
Knowledge, skill, and tactics	Y8 Boys	Basketball	Rugby	Table Tennis	Football	Fitness	Emerging Sports	Athletics	Striking & Fielding
	Y8 Mixed	Football	Badminton	Basketball	Table Tennis	Dance	Emerging Sports	Athletics	Striking & Fielding
	Y8 Girls	Netball	Dance	Trampolining	Fitness	Badminton	Rugby/Football	Athletics	Striking & Fielding
	VALUE	POSITIVITY	RESILIENCE	INTEGRITY	DETERMINATION	ENDEVEOUR	POSITIVITY	RESILIENCE	INTEGRITY
Leadership & officiating	Y9 Boys	Basketball	Rugby	Table Tennis	Football	Fitness	Emerging Sports	Athletics	Striking & Fielding
	Y9 Mixed	Football	Badminton	Basketball	Table Tennis	Dance	Emerging Sports	Athletics	Striking & Fielding
	Y9 Girls	Netball	Dance	Trampolining	Fitness	Badminton	Rugby/Football	Athletics	Striking & Fielding
	VALUE	POSITIVITY	RESILIENCE	INTEGRITY	DETERMINATION	ENDEVEOUR	POSITIVITY	RESILIENCE	INTEGRITY
Healthy participation/ Leadership	Y10 Boys	Basketball	Rugby	Table Tennis	Football	Fitness	Emerging Sports	Elective	Elective
	Y10 Mixed	Football	Badminton	Basketball	Table Tennis	Dance	Emerging Sports	Elective	Elective
	Y10 Girls	Netball	Dance	Trampolining	Fitness	Badminton	Rugby/Football	Elective	Elective
	VALUE	POSITIVITY	RESILIENCE	INTEGRITY	DETERMINATION	ENDEVEOUR	POSITIVITY	RESILIENCE	INTEGRITY
Healthy participation/Leadership	Y11 Boys	Basketball	Rugby	Table Tennis	Football	Elective	Elective	Elective	Elective
	Y11 Mixed	Football	Badminton	Basketball	Table Tennis	Elective	Elective	Elective	Elective
	Y11 Girls	Netball	Dance	Trampolining	Fitness	Elective	Elective	Elective	Elective
	VALUE	POSITIVITY	RESILIENCE	INTEGRITY	DETERMINATION	ENDEVEOUR	POSITIVITY	RESILIENCE	INTEGRITY

Assessment point 1

Assessment point 2