

Padgate Academy Summer Menu Cycle

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Creamy Cajun Chicken Pasta Bake	Chilli Con Carne served with Nachos and Sour Cream	Pulled BBQ Chicken Thigh served with Pitta, Steamed Rice & Market Salad	Smokey Chicken Fajita, with Cajun Potato Wedges, Sour Cream & Streetcorn	Chip Shop Day FISH AND CHIPS SAUSAGE AND CHIPS FISH CAKES AND CHIPS ALL SERVED WITH CURRY SAUCE OR GRAVY OR BAKED BEANS OR MUSHY PEAS
Vegetarian Option	Feta, Baby Tomato & Basil Penne	Vegetable Korma served with Steamed Rice	Roasted Vegetable & Mozzarella Frittata v with Garlic Roasted Baby Potato & Market Salad	Vegetable Enchiladas, Cajun Potato Wedges, Sour Cream & Streetcorn v	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Portuguese Piri - Pri Chicken with Steamed Rice, Pitta bread and a market Salad	Traditional Beef Lasagne with Mixed salad and garlic slice	Chicken Chorizo & Cherry Tomato Pasta served with Garlic bread	Spiced Beef Burrito served with Rainbow Slaw and Salad	Chip Shop Day FISH AND CHIPS SAUSAGE AND CHIPS FISH CAKES AND CHIPS ALL SERVED WITH CURRY SAUCE OR GRAVY OR BAKED BEANS OR MUSHY PEAS
Vegetarian Option	Manc "n" Cheese with Garlic Bread slice and salad	Vegetable Fajita with Cajun wedges and salad	Gnocchi with a garlic and baby cherry tomato sauce	Mixed Mushroom Risotto with Parmesan	

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Bolognaise with Rigatoni and Garlic Bread	Korean Chicken Burger served with Kimchi and seasoned Wedges	Italian seasoned Meatballs in Tomato sauce with Penne	Tandoori Chicken Pieces with Steamed Rice and Pitta Bread	Chip Shop Day FISH AND CHIPS SAUSAGE AND CHIPS FISH CAKES AND CHIPS ALL SERVED WITH CURRY SAUCE OR GRAVY OR BAKED BEANS OR MUSHY PEAS
Vegetarian Option	Farfalle with Creamy mushroom sauce and Garlic bread	Smoked Parika and Garlic Mediterranean Bake with Focaccia Bread	Stuffed Courgette filled with Red Onion, Tomato and garlic topped with Cheese	Chinese Vegetable fried Rice served with a spring roll	