Padgate Academy Summer Menu Cycle

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Creamy Cajun	Chilli Con Carne	Pulled BBQ Chicken	Smokey Chicken	Chip Shop Day
	Chicken Pasta Bake	served with Nachos	Thigh served with	Fajita, with Cajun	FISH AND CHIPS
		and Sour Cream	Pitta, Steamed Rice	Potato Wedges,	SAUSAGE AND
			& Market Salad	Sour Cream &	CHIPS FISH CAKES
				Streetcorn	AND CHIPS ALL
Vegetarian Option	Feta, Baby Tomato &	Vegetable Korma	Roasted Vegetable	Vegetable	SERVED WITH
	Basil Penne	served with	& Mozzarella Frittata	Enchiladas, Cajun	CURRY SAUCE OR
	Buoiti oiliio	Steamed Rice	v with Garlic	Potato Wedges,	GRAVY OR BAKED
			Roasted Baby	Sour Cream &	BEANS OR MUSHY
			Potato & Market	Streetcorn v	PEAS
			Salad		

Monday	Tuesday	Wednesday	Thursday	Friday
	Traditional Beef	Chicken Chorizo &	Spiced Beef Burrito	Chip Shop Day
, —	CONTRACTOR OF THE CONTRACTOR	Cherry Tomato	served with	FISH AND CHIPS
		Pasta served with	Rainbow Slaw and	SAUSAGE AND
Note that the second se	slice	Garlic bread	Salad	CHIPS FISH CAKES
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	Vegetable Faiita	Gnocchi with a	Mixed Mushroom	SERVED WITH
			Risotto with	CURRY SAUCE OR
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Stice and Salad	ana sataa			BEANS OR MUSHY
		00000		PEAS
	Monday Portuguese Piri - Pri Chicken with Steamed Rice, Pitta bread and a market Salad Manc "n" Cheese with Garlic Bread slice and salad	Portuguese Piri - Pri Chicken with Steamed Rice, Pitta bread and a market Salad Manc "n" Cheese with Garlic Bread Traditional Beef Lasagne with Mixed salad and garlic slice Vegetable Fajita with Cajun wedges	Portuguese Piri - Pri Chicken with Steamed Rice, Pitta bread and a market Salad Manc "n" Cheese with Garlic Bread Traditional Beef Lasagne with Mixed salad and garlic slice Salad Vegetable Fajita with Cajun wedges Chicken Chorizo & Cherry Tomato Pasta served with Garlic bread Gnocchi with a garlic and baby	Portuguese Piri - Pri Chicken with Steamed Rice, Pitta bread and a market Salad Manc "n" Cheese with Garlic Bread slice with Garlic Bread slice slice and salad Mand salad Mand salad Mand salad Chicken Chorizo & Cherry Tomato Served with Rainbow Slaw and Salad Garlic bread Salad Mixed Mushroom Risotto with Parmesan

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef Bolognaise with Rigatoni and Garlic Bread	Korean Chicken Burger served with Kimchi and seasoned Wedges	Italian seasoned Meatballs in Tomato sauce with Penne	Tandoori Chicken Pieces with Steamed Rice and Pitta Bread	Chip Shop Day FISH AND CHIPS SAUSAGE AND CHIPS FISH CAKES
Vegetarian Option	Farfalle with Creamy mushroom sauce and Garlic bread	Smoked Parika and Garlic Mediterranean Bake with Focaccia Bread	Stuffed Courgette filled with Red Onion, Tomato and garlic topped with Cheese	Chinese Vegetable fried Rice served with a spring roll	AND CHIPS ALL SERVED WITH CURRY SAUCE OR GRAVY OR BAKED BEANS OR MUSHY PEAS