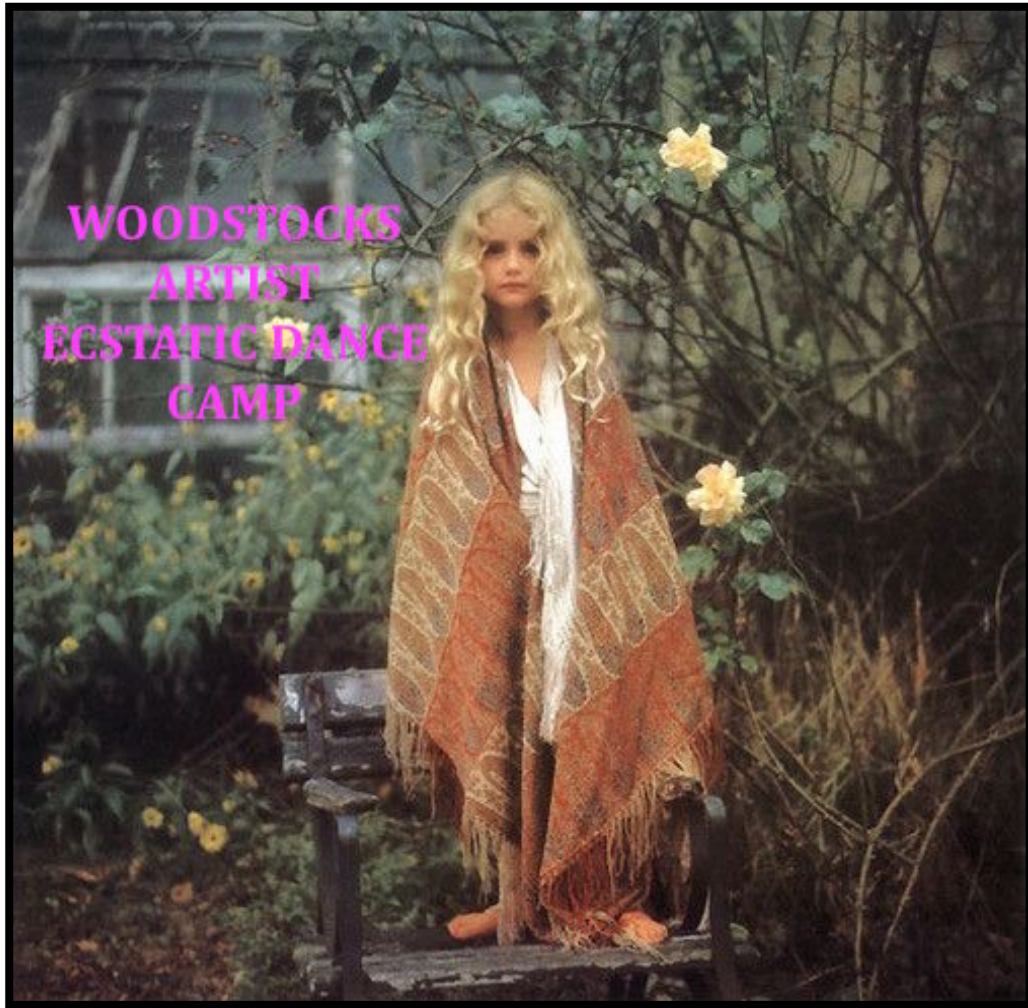


WOOSTOCK 2ND ANNUAL



ECSTATIC DANCE

NATIVE AMERICAN SWEAT LODGE

TRASFOMATIONAL IMPROV THEATRE

See reviews, photo & facilitator that participated in last year first Woodstock ecstatic dance.

Contact: Patrice@reikiyogachant.com

On how you can be part of the 2nd annual Woodstock artist ecstatic dance camp

RETREAT LOCATION

CAMPING SACRED MOUNTAIN CENTER



OUR NEIGHBORS BUDDHIST MONASTARY

AM & PM MEDITATIONS OPEN TO PUBLIC



FOUNDER OF THE WOODSTOCK ARIST ECSTATIC DANCE CAMP



About founder Patrice Maltas

A native of Connecticut Patrice began her music career at the age of fifteen with classical training, and at seventeen became a member of the Delphi Opera Co. Although Patrice was greatly influenced by the Woodstock era having grown up in the northeast Patrice began compose her my own music Patrice songs are a reflection of her journey inward into the healing power of nature and passion for living sustainable. In 2010 she was independently signed by Jace Smith, formerly recording engineer for **Capitol Records**, which she co-produced two CD *"Angles in the Dark"* and *"Resilience"* which can be found a CD baby

In the 1980s, she began a career as an actress and a playwright under the guidance of a transformation process called the creative explosion, founded by teacher and author **E. Katherine Kerr**. Patrice has written produced 2 one-woman theatrical shows and *"It's My Dance"* and *"The Butterfly Monologues"* Patrice has work in film and on stage in NYC and Conn and Austin TX.

She is currently working on her benefit concert *"Living in the Natural World"* to raise funds to build a sustainable artist community in her home of Woodstock NY Patrice teaches workshops around the country, and is the founder of Blue healing artist retreat co-op in Woodstock NY more info go to www.reikiyogachant.com and www.bluehealing.co

Facilitators MIA PEM

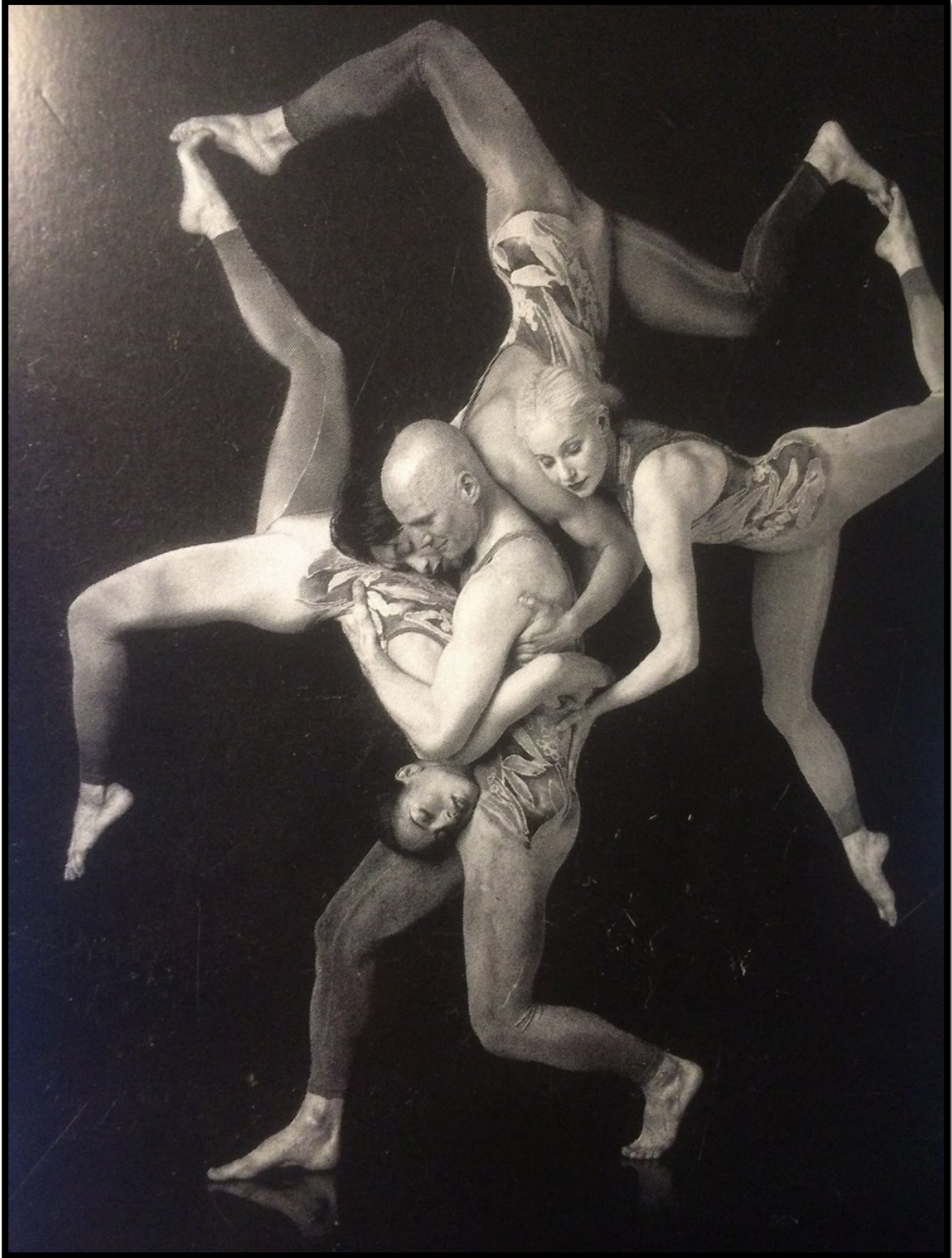


Mia E. Pem is a graduate of the University of Colorado Boulder/Theater and Dance, Mass College of Art/ Interrelated Media Studio, and Harvard Summer Dance.

She has participated in many disciplines of movement with influences from; Naropa University, Osho's Ashram, Deborah Hay, Gabrielle Roth, Dunya McPherson, Shiva Rae, Dr. Deb Kern, Rochelle Schieck and her ecstatic dance community.

She has taught modern, Belly Dance, Yoga Qoya and currently facilitates ecstatic dance in Austin, Texas as Ecstatic Soul Sessions. Mia's passion is to facilitate dances that heal, connect to the divine.

OTIS COOK



MADE A GUEST APPEARANCE
HE HAS TOURED AROUND THE WORLD AS A DANCER AND
ARTIST AND PERFORMED WITH CIRCUS SOLA

WE WERE HAPPY TO HAVE HIM OFFER A FEW
CREATIVE IMPROVE MOVEMENT CLASS



Workshop teacher

Amparo Garcia-Crow is a teaching artist who acts, sings, directs, plays songs. As a playwright, Garcia-Crow has been developed at South Coast Repertory Theatre and Mabou Mines, had world premieres Off-Broadway, Actor's Theatre of Louisville and Latino Chicago.

Her films have premiered at SXSW, the Los Angeles Latino International, Cine las Americas and PBS. A former TCG/NEA Director's fellow and James Michener fellow, her collection is "Between Misery and the Sun:

The South Texas Plays." As Equity, SAG actor she (or her voice) appears in unexpected television, film. As an Ecstatic Dancer/facilitator teaches Ecstatic Dance at YOGA YOGA in Austin TX

IN THE MOUNTAINS YURT AT WOODSTOCK ARTIST ECSTATIC DANCE CAMP



NATIVE AMERICAN SWEAT LODGE CEREMONIES



PATRICE AJNA YOGA & TIBETAN BOWLS



REVIEWS



Denise Roussel added 4 new photos — with [Leslie Thornton](#) and 4 others.

27 mins ·

I am home now and am reflecting on the ecstatic dance retreat I just attended, which was hosted by [Patrice Maltas](#) and facilitated by [Amparo Garcia-Crow](#), [Mia E. Pem](#) and [Oskar Madera](#) and integrating what I learned and experienced. The event was held in the beautiful Catskill Mountains in Woodstock, NY at a sacred Native American Indian site. Right up the hill was a Tibetan Monastery. Our dances and workshops were held in an amazing yurt that had huge dome skylight to the heavens. Both the beauty of the space and the palpable energy present made for an unforgettable weekend.

One the biggest impacts I observed was the synergistic chemistry of the group, how we together collectively created a powerful presence that was much greater than the sum of our individual presence.

Everyone just showed up in a big way, open, real, vulnerable, present.

I noticed how my own presence, just really showing up, impacted a number of people, how really seeing and acknowledging another, even if just for a few brief moments, can inspire another in a big way. How being free, authentic, open, compassionate, receptive, without even saying a word, can lift another in a special way. This dance retreat gave me that opportunity. And in allowing myself to plunge into freedom and love, being in my body while simultaneously flying around the space in spirit, I expanded and grew. Thank you, my sweet friends for ALL of it.

Finally, I really appreciated the workshops that offered tools and space for radical authenticity and vulnerability in a safe container. Oh how I love authenticity, sheer honesty, with myself and others continuing to reveal later by layer, veil by veil the masterpiece that I AM It's so refreshing, healing and contagious.

Shout out to all my new friends! Thank you for showing up! Thank you for being authentic! Thank you doing the work of loving yourself! Namaste.

Leslie Thornton added 6 new photos.

Yesterday at 12:18am · Woodstock ·

Just had one of the most unexpectedly amazing/healing weekends of my life. Super in awe of what miracles transpired.

[#ecstaticdancecamp](#)

Thank you [Patrice Maltas](#) for putting this on, for the Albany Ecstatic Dance tribe who also made it out [Brian Petroski](#) [Mary Creedon](#) [Wainwright Dale Caron](#), Haritek, and the rest of our tribe who was there in spirit, we love you, and all the others who attended the retreat this weekend, you are all such beautiful people. I am forever transformed and grateful and look forward to seeing Albany's EDE transform as well because of this experience 🧡🙏🏻🦋🦋 Thank you!

WATER FALL SWIM

