



Light Up Education

Putting education in the spotlight

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Living History, Creative Writing, Politics & Dance workshops

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Immersive, engaging and exciting





Light Up Education

Formerly Peter Sawyer Living History



With extensive school experience as well as a background in history, entertainment and performance. DBS checked and with over 15 years' experience of working with children, Light Up Education has a passion for hands-on education and for bringing this enthusiasm right into your school.

Following the success of Peter Sawyer Living History, Light Up Education now offers History, Creative Writing, Politics and Dance workshops and for pupils from Key Stage 1 to 4, and specialist lectures for Key Stages 3 and 4.

Experiences can be tailored to suit your school timetable, learning objectives and pupil needs.

What staff and students have said about Living History:

"A fab day for all- 100%" - Lisa Page, Key Stage Lead, Wellingborough

"So enjoyable... the children had a lovely day... great"- Julie Mahon, Yr3 teacher, Harlow

"Best day at school ever!" – Sam, Yr3 student, Rutland

"Really great, thank you so so much!"- Lola, Yr4 student, Hemel Hempstead

"Entertaining, really informative and related well to the students... a genuine enthusiasm... which has inspired the students" – Julie Pilkington, Head of Humanities and Yr7, Aylesbury

"Our visitor stayed in role all day... The best way to learn history!" – Mark Conway, Yr5 teacher, Witney

"We had a fantastic day... a good mix of activities... 100%" – Rachel Nicholas, Yr4 teacher, Redditch

"The children were engaged throughout- 100%" - Sophie Billington, Yr3/4 teacher, Rutland

"The best workshop we've ever done!" – Aurelia, Yr 4 student, Staffordshire

"This is our second year using Living History and once again we were blown away... passion and dedication is remarkable... brings Roman Britain into the modern era and the children haven't stopped raving about it and you!" – Anna-Marie Rooney, AHT, Redditch

"Can you come back again tomorrow?" – Lydia, Yr4 student, Hertfordshire

For more information, see below,

www.lightup.education

Or email: contact@lightup.education

Twitter: [#LightUpEducation](https://twitter.com/LightUpEducation)



History is the core of what we do, how we started and our biggest passion.

Light Up History offers:

Ancient Egypt

- φ **Ancient Egypt** – 1220 B.C.E.- An Egyptian architect will guide students through building methods, warfare, leisure and culture in the Nineteenth Dynasty

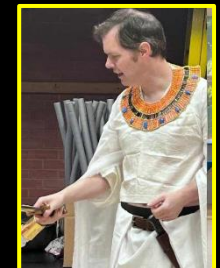
Ancient Greek

- φ **Olympic Games** – 402 B.C.E.- Experience the ancient Olympics from the track and field to arts and poetry
- φ **Sparta** - 402 B.C.E.- A look at the most unique city in Ancient Greece told by one of its warriors, dive into tales of the gods, heroic battles and a distinctive culture
- φ **Athens**- 402 B.C.E.- Explore democracy, trade and civilisation in Ancient Greece and how its most powerful city's people lived



Ancient Roman

- φ **Celts** – 100 A.C.E.- The Romans are coming and the Celts are resisting! Learn what the inhabitants of Britain were like
- φ **Centurion**- 100 A.C.E.- Centurions were the backbone of the Roman legions. Look at life in the Roman Army and how they fought, were trained and their equipment
- φ **Gladiator**- 200 A.C.E.- Study slavery and gladiators, the very bottom of Roman society, the spectacle of the Games and the glory of victory



Saxon / Viking

- φ **Saxon** - 840 C.E.- The Saxons resisted the Viking invasions for decades and had their own ways, their own culture and their own lives
- φ **Viking** - 880 C.E.- Explore everything about the Vikings from raiding and battle to celebrating, worshipping the gods and what happens in Valhalla!

Medieval

- φ **Norman Conquest** - 1088 C.E.- Hear of the Battle of Hastings and the Harrowing of the North, explore coats of arms and beautiful manuscripts and stories of William the Conqueror
- φ **Crusader** - 1193 C.E.- As the Third Crusade came to an end, there were two very different stories of what happened. Learn about how and why the Crusaders fought and what happened when things went wrong
- φ **Bowman** - 1386 C.E.- What was life like for a medieval peasant? What did they eat, wear and do? And why were they the scariest thing imaginable?

Tudor & Stuart

- φ **Tudor** - 1521 C.E.- King Henry VIII is returning from France. Study how to behave at Court, what skills Tudor-era people needed, what they did for fun and even how they danced
- φ **Gunpowder Plot** - 1521 C.E.- ***NEW FOR 2024*** Remember, remember... Plots, secret codes, trails of powder and explosive information
- φ **Great Fire of London** - 1666 C.E.- ***NEW FOR 2024*** Battle to stop the fire from spreading, see which landmarks burned and write a Pepys-style coded diary about it all

World War Two

- φ **Evacuation and the Blitz**- 1941 C.E.- Evacuees, rationing, the Land Army and air raids

In Character

Your visitor will remain in costume and in character when the pupils are present, this adds to the atmosphere and gives a clear difference to some other providers. The aim is to make the entire experience immersive, stimulating, and exciting for the students throughout the day and encourage the belief that there really is a historical figure in the school.

Lectures and workshops for secondary schools are normally in costume but out of character



Full day workshop programmes

These programmes have been designed to meet the following requirements:

- φ Key Stage 1 requirement to study events beyond living memory with national or global significance
- φ Key Stage 2 attainment targets the Roman Empire and its impact on Britain, Anglo-Saxons and Vikings and the struggle for England, British history beyond 1066, early civilizations and Ancient Greece
- φ Key Stage 3 content on the development of Church, State and Society in Medieval and Tudor Britain, challenges for Britain in the Twentieth Century, British history before 1066 and a significant society in world history



Suggested programme

- φ Interactive Introduction – Meet your visitor in full costume, talking in his own language. A chance to ask questions and learn about them.
- φ Craft Project – Egyptian board games, Spartan warbands, Athenian bracelets, Roman mosaics, Saxon jewellery, Viking headbands or Crusader, Medieval and Tudor coats of arms, Stuart puppets or houses, WW2 posters or air raid shelters.
- φ The Council – Everyday life, challenges, crime and punishment, families and duties, adapted to the time period- Spartan Council, Athenian Assembly, Roman Forum, Saxon Witengamot, Viking Althing and Crusader/Medieval/Tudor Lord's Court.
- φ Battle drills – Your visitor demonstrates re-enactment-standard weapons and armour and talks about why they were needed. Saxon and Medieval workshops include archery with a real longbow!
- φ The Battle – Grab a shield and sword and defend yourself- Egyptian wars, Persian Raid, Roman Games, Celtic Rebellion, Viking Raid or Peasant's Revolt.

For an unforgettable experience, check out our Spotlights!

Other KS2 programme options and KS3/4 workshops include:

For Key Stage 3 classes, the days are entirely flexible to focus on the appropriate topic. Lessons can be delivered to individual classes throughout the day or mini-workshops to groups of 2 or 3 classes, in or out of character. Popular topics include

- φ Athenian democracy, Spartan children and teenagers, Greek Gods and Goddesses
- φ Rome at War, Gods and Goddesses of Rome, Joining the Legions, Conquering Britain, Allia Potestas- A Woman of Rome, Life in the *ludus*, Rome and the early Christians
- φ Viking Raids, Viking mythology and theology, Danelaw, Viking women & children
- φ Saxon trade and war, Saxon Britain, Stamford Bridge & Hastings 1066
- φ Medieval heraldry, Medieval entertainment, Medieval farms and villages, Agincourt, Medieval women and children, Battle of Crécy, Battle of Agincourt
- φ Tudor language and humour, The Gunpowder Plot, Fighting the Great Fire

The programme is designed for 2 sessions: 9.00/9.15am to lunchtime with a morning break and lunchtime to 3.00pm but flexible depending on your school and timetable. Up to 180 children can be accommodated per session on a split timetable. Suitable for children from Year 2 upwards.

For Key Stage 4 & 5 specialist workshops, please get in touch directly





Creative Writing workshops are designed to take pupils on a journey through the creation of their very own story or novel.

Creative writing workshops offer the following options:

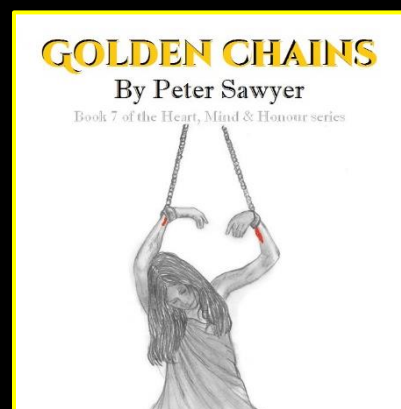
- ☒ **Fantasy** – Do your pupils want to be the next Rowling, Tolkein or Pullman?
- ☒ **Modern** – Something contemporary: drama, adventure, mystery, crime or humour.
- ☒ **Historical** – A period piece set in the past- real or imagined- pirates, Tudors, Romans...
- ☒ **Freestyle** – Allows pupils to choose their own setting.

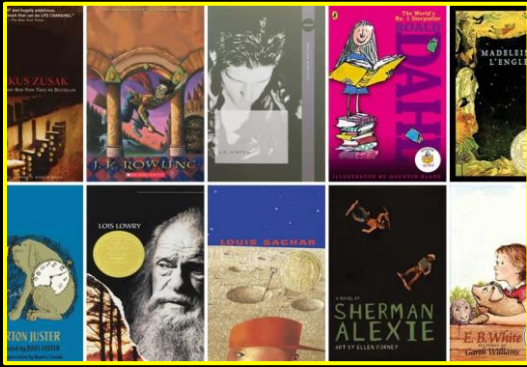
Suggested programme

Designed as a full-day workshop or to be divided between multiple classes. This can be done through computers or tablets, alternatively 'the old fashioned way' with paper and pen.

- ☒ **Introduction** – What's happening and why?
- ☒ **Writing prompts and ideas** – Some fun ideas to kick off with: What would your pet write in a diary? Why should you be Queen of the World? What does a sausage think Heaven is?
- ☒ **World design** – Setting the story with maps, plans, designs and portraits using some famous examples
- ☒ **Character creation** – Using some well-known and some new examples, students create their character, from what they look and speak like to their favourite foods and greatest fears
- ☒ **Plotting the plot** – What's going to happen, why, when and who will win in the end.
- ☒ **Vocabulary** – Because accurate application of creative verbiage can enhance the experience
- ☒ **Covers** – Should you judge a book by its cover and what should that cover look like?
- ☒ **Self publishing** – As a grand finale, pupils can be guided through self-publishing their story (for older groups)

Peter Sawyer has been writing since he scribbled bad sci-fi in notebooks on the school bus as a teenager. Since then, he has self-published almost 20 books in epic fantasy, contemporary true stories, historical fiction and modern supernatural.





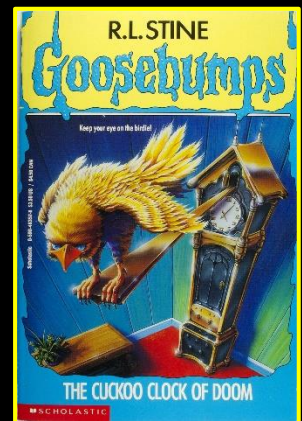
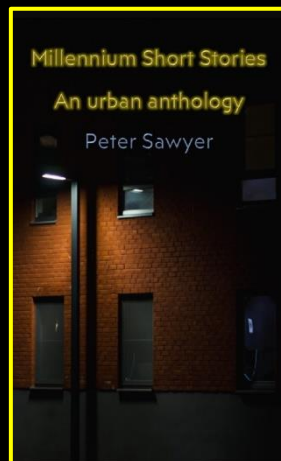
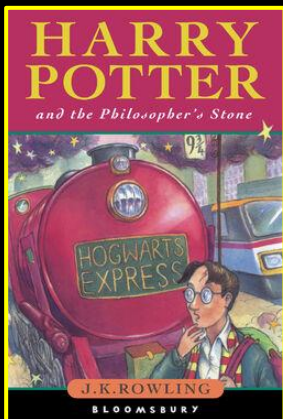
Creative writing workshops are crafted to help inculcate a love of both writing and reading, exploring themes and characters and use the inspiration of authors from many periods and of many styles, combining elements of art, group and independent learning, drama, and creative thinking.

Linking to your theme

Creative Writing workshops can be linked to your other subjects: studying a World War, learning about Ancient Rome, looking at pirates or the Wild West, whatever else you are studying, your pupils can base their story around the subject.

Plan in hand!

The day will end with all students having a plan to write their story. This can be done over the course of literacy lessons, research periods and as homework to get the finished article. The plan can be kept as a part of the work or disassembled to form part of the complete story.





Experience the cut and thrust of debate in historical parliaments or set an election in motion.

Politics workshops offer 2 options that can be combined.

- **Parliaments** – Explore and experience 3 different democratic institutions: Ancient Athenian Assembly, Medieval English Parliament and Modern British House of Commons
- **Elections** – Set up and run an in-school election using real or invented political parties

Parliaments programme

- **Introduction** – What we're doing, a brief overview of democracy, what it is and what it does
- **Ancient Athens** – How Ancient Athens was ruled and the prototype of all the institutions to follow; *demos kratos* – power to the people
- **Medieval English Parliament** – The medieval parliament grew out of the Plantagenet king's royal court into an assembly of representatives chosen from the counties and towns of the realm
- **Modern British House of Commons** – The current seat of the British legislature and the modern methods of making laws
- **The Debate** – Students pick a subject to debate and the process of the House of Commons is followed: picking parties, making speeches and taking a vote on the motion.



Elections

Elections can be done within the workshop class/group or as a wider school event.

- **Introduction** – Welcome to the elections! How the process will work and what we will be doing
- **Parties** – What are political parties? How do they work and what do they do? Students research existing political parties and can they either 'adopt' one or create their own
- **Leadership** – Who makes a good political leader? Which ones are successful and which are the failures? Who will lead the new parties?
- **Manifestos** – With parties in place, students create their manifesto. This is the election platform, looking at the pros and cons of different policies and aims
- **Voting system** – Proportional Representation, First Past The Post, Single Transferrable Vote or Acclamation? Secret or public ballot?
- **Vote** – Cross in the box time!

Whole school election

Elections can be used as a whole school Community/PSHE experience. With the workshop as a base, an election can be set up across the school as a way of choosing school council members, an insight into elections or just as an event.

Combined workshop

Using the Modern British House of Commons section and the Election workshop together, to conduct the election and then hold the first Commons Debate. This can even include a 'State Opening of Parliament' by the Queen. A great way to explore and experience the full range of British politics.

Adaptable & flexible

Politics workshops can be tailored to suit your learning objectives: focus on Medieval or Regency Parliaments, stick with more modern systems, study Ancient Athenian government in more detail. Sessions can be adapted for any size of group and are flexible to your school timetable.



*Light Up
Dance*

*In collaboration with Julie's Dance Tuition,
get your dancing shoes on for ballroom, Latin
American, freestyle and traditional that can
be used for PE, specialist dance workshops or as
part of history experiences*

History workshops

As part of Viking, Crusader, Medieval or Tudor workshops, we can include an interpretation of a folk or court dance appropriate to the period. Simple to learn, easy to practice and fun to do, let Embla or Julie guide students through a historical dance routine as a programme option in your History workshop.

PE enrichment

A single class, a year group cohort or sessions for the whole school in Ballroom, Latin American or freestyle. An energetic variation for PE sessions that teach children a variety of rhythmical expression, varieties of movement and working as a group, with a partner and solo. These can finish with a fantastic "Strictly-style" dance competition.



Special occasion

What better way to cap off a special day than a dance display? Finish off your topic week, celebration, assembly or fete with a specially-choreographed routine. Alternatively, get your Strictly shoes on for a teacher's show or charity event.

Examinations and qualifications

If you want to look at a longer-term programme, students can work towards an OFQUAL-accredited grade or IDTA amateur medal. This could be as a series of workshops, lunchtime or after-school clubs. Please get in touch to discuss your needs and see how we can help. Dance workshops are subject to some geographic restrictions.



Workshops provided by

Julie Sawyer EIDTA

www.juliesdancetuition.co.uk

Whole School Events and Spotlights

Our whole school events are the perfect change to get every pupil involved in something special! Combining our subjects, our team and our specialties, we can offer a choice of events or create a custom one just for your school! Can be done over anything from 2-5 days at any Key Stage.



- Fairy Tales (Dance and Creative Writing)
- Ancient Olympics (History plus PE)
- Myths and Legends (History and Creative Writing)
- Viking Festival (History and Dance plus PE)
- Medieval or Tudor Fayre (History and Dance plus PE)
- Whole School Election (Politics, Creative Writing and History)
- War on the Home Front (History, Dance and Creative Writing)

Spotlights are a chance for a class or a year group to be totally immersed in an experience on a slightly smaller scale than the above events. Again, we have a selection ready but love to create something unique!

- **Here Be Dragons!** – 1 Day per class– A Knight needs help with an epic quest! Investigate the scene, study the evidence and see what can be discovered! Suitable for Key Stage 1-2 (Creative Writing plus art, investigative and analysis skills)
- **Hail Emperor!** – 2 Days – Emperor Hadrian has declared 66 days of games and entertainment! Learn to celebrate like a Roman with food, dancing, decoration and the thrill of the Gladiator Games! Suitable for Key Stage 2 and up (History, Creative Writing, Dance plus art and PE)
- **The Vikings are coming!** – 2 Days – Ideal for schools studying Saxons and Vikings in different year groups. Swithin son of Ælfric of Saxon Ware and Sigurd Sigurdsson of Norse Sæwinesbørg will deliver separate Saxon and Viking workshops before preparing for a cultural exchange and an epic battle! (History)
- **Tudor Court** – 2 Days – Experience all sides of Tudor nobility from education and behaviour to craftwork and warfare. Learn to talk, walk, dance, fight and behave like a real Tudor. (History, Dance, Creative Writing)



For more details, prices or to talk to us about what you'd like us to create, please get in touch!

What we need

- Appropriate space- depending on the size of the group and the subject this could be anything from a classroom to a hall
- Ideally 2 members of staff
- Some history workshops and creative writing will require some basic additional resources (please get in touch for more details)



Cost and booking

History - £250-£350 per day

Creative Writing & Politics - £175 - £250 per day

Dance - £200-£350 per day

Prices dependent on group size and location

Recommend a colleague or another school and both get minimum 15% discount!

Discounts available with multiple bookings

Ideal for covering multiple topics with different year groups, a school-wide event such as a themed history week or for a fantastically detailed look at a subject for a single group/class through our Spotlights.

Also available for school fetes, fairs and other special days by arrangement

To book or for more information
Email: contact@lightup.education
or phone: 07476 407846
www.lightup.education



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