



COAST HIGH SCHOOL M/ F

DAYS	LOCATIONS	TIMES
TUESDAY	BURNABY	6 - 8:00pm
WEDNESDAY	COQUITLAM	6 - 8:00pm
THURSDAY	BURNABY	6 - 8:00pm
SATURDAY	COQUITLAM	3 - 5PM

BRING
WRESTLING SHOE
SHORTS
T- SHIRT
WATER BOTTLE
SINGLET IF YOU HAVE IT
WRESTLING JOURNAL

BREAKS	DATE
CHRISTMAS BREAK	DEC 20TH - JAN 4ND
2 DAY BREAK AFTER PROVINCIALS	MARCH TBA

2 WEEKS BREAK AFTER NATIONALS	APRIL
3 WEEKS BREAK	AUG 10 -SEPT 4TH