

**Head Teacher: Mrs E.S. McLean** BA (Hons), PGCE, NPQH

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*Pattishall Primary is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment.*

## Physical Education Policy

### Introduction

Pattishall CE Primary School believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health.

A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities. The scheme of work is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavour to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils. PE lessons also incorporate skills which are needed for different sports and teach children how to apply them.

The scheme aims to promote an understanding of the many benefits of exercise, through a balanced range of relevant activities. Physical education is considered as a vehicle to facilitate access to cross-curricular themes, skills and dimensions, rather than a subject concerned exclusively with the acquisition of motor skills and techniques.

### Our Priorities for Physical Education

- Ensure that every pupil can swim at least 25 metres before the end of Key Stage 2
- Plan learning in PE that builds on what pupils of all abilities already know, understand and can do, and identifies what pupils need to do next in order to improve.
- Articulate a clear vision for making PE good or outstanding and ensure that improvement plans are fully understood and supported by all staff
- Set the highest expectations of staff and pupils, and model good practice, all of which is monitored and evaluated through middle leadership
- Provide schemes of work for all areas of activity that include clear guidance for colleagues on the step-by-step stages of teaching specific skills
- Work in partnership with parents and health agencies to enable overweight and obese pupils to participate regularly in a personalised programme of PE as part of a healthy lifestyle.

### We aim to raise achievement of pupils

- To develop an ability to plan a range of movement sequences, organize equipment and apparatus, and begin to design and apply simple rules.
- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.



- To promote positive attitudes towards health, hygiene and fitness.
- To increase levels of physical activity within the school and community setting.
- To foster an appreciation of safe practice.
- To develop a sense of fair play and sportsmanship using core and school values.
- To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.
- To foster an enjoyment, and positive attitude to, the subject in school.

### **We aim to raise the quality of teaching**

- To support all teachers in their abilities to deliver and plan Physical Education lessons that offer a range of movement sequences, appropriate equipment and apparatus, and successfully applies simple rules.
- To support teachers and support staffs awareness of how health and fitness can support whole school improvements.
- To foster an appreciation of safe practice.
- To develop lesson that not only test pupils physical abilities but also tests pupil's cognitive and social skills through a range of relevant leadership and volunteering opportunities as part of the Physical Education lesson.
- To develop teachers communication skills, encouraging the use of correct terminology with the Physical Education environment.
- To foster an enjoyment, and positive attitude to, the subject in school.

### **Organisation of PE and School Sports**

The curriculum in this subject has been organised to ensure that children across the school have access to all areas specified in the national curriculum and go beyond its statutory requirements. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage. Individual teachers are responsible for the delivery of PE lessons, with planning for one lesson a week taken from the realPE scheme of work. The other lesson will be taught using relevant planning directed by the PE Lead and these lessons will focus on applying realPE skills to various sports and games.

### **Resources/ Facilities**

*The facilities for the teaching of physical education at Pattishall CE Primary School are:*

- School field
- School playground
- School hall
- Access to village playing fields with marked pitches and tennis court

*As well as superb facilities in which to teach, the school also has a well-resourced PE store including:*

- Mats
- Wall bars
- Benches
- Range of multi-skill equipment
- Sport specific equipment

Equipment is checked regularly and stock replenished as often as budget allows. We also use Sainsburys Sports vouchers.

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An outdoor equipment box, stocking balls, skittles, bean bag targets, hoops etc., has also been installed for use at playtimes. This is to allow children to engage in more structured and effective physical activity during lunchtimes.

### Assessment / Monitoring

Assessment of pupils' work and progress is ongoing throughout the school year. Pupils are assessed against the realPE framework, in accordance with the scheme of work. A combination of pupil self and peer assessment compliments teacher observation and questioning to assess progress and understanding, with clear next steps provided for all pupils. EYFS retain their current assessment and monitoring structure in accordance with the curriculum guidance for that provision.

### Equality and Inclusion

The school is committed to ensuring that all persons access physical education in a fair and prejudice free environment. In accordance with the Equality Act (2010), the individual needs of each pupil, including but not exclusive to the named protected characteristics, are considered. This is clearly evidenced in the planning process. As is stated in the NC, children with special needs will be included in any physical education lesson. If a programme needs to be adapted then the teacher in charge will do this in consultation with the coordinator and Inclusion Manager (if applicable).

### Timings

All children from EYFS to Year 6 receive between one and two hours of PE per week depending upon whether they are swimming in that term, which demonstrates the school's commitment to a quality PE Curriculum.

### Teaching Methods

All lessons throughout the school are taught as class groups following schemes of work. Lessons are normally taught by the class teacher unless PE is taught during PPA cover. Swimming lessons are always taught by a specialist swimming teacher along with the class teacher.

### Training

All teaching staff have received training in the realPE scheme. When new staff join the school, provision is made for them to attend 'catch up' training at the earliest opportunity. A number of staff members have been trained in a School Swimming qualification in order to deliver high quality swimming lessons.

### School Games and Extra Curricular Sport

The school has employed a sports specialist who delivers free, weekly training sessions to KS2 before competitions. The specialist also works with the Sports Crew to plan competitions within the school, activities for KS1 at lunchtime and mini festivals between other local schools. We are involved with the Champion Cluster Competitions and dedicate time and money to ensuring children are well



prepared. The School is committed to providing all pupils access to a range of activities to participate in sport and physical activity outside of school hours. This provision is broad, and not limited to traditional sports. We are also involved with Northamptonshire Sport School Games programme and enter their Level 2 and Level 3 competitions. We have also worked alongside them to produce a School Sport Improvement Plan.

### **Physical Education Roles and Responsibilities**

*The role of the PE Coordinator involves:*

- Supporting colleagues in all aspects of the curriculum.
- Maintaining and replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with recording keeping and assessment of the subject.
- Monitoring the teaching of the subject at school.
- Attending meetings and courses, which will inform future development of the subject and ensure other staff, are aware of courses themselves.
- Ensuring that pupils have the opportunity to become involved in extra –curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.
- Provide support for all staff within the school as identified through the planning process.
- Support the recording of the Sports Premium funding
- Provide priority support on all Physical Activity Programs
- Deliver training for the School Sports Crew Training
- Provide on-going support for the School Sports Crew Training
- Provide support in the application of School Games mark

### **PE Risk Assessments**

The schools health and safety policy for PE is in line with official guidance from Northamptonshire County Council (NCC) and the Association for Physical Education (afPE).

In addition to specific risk assessments, guidelines for individual attire are set out as follows:

### **Jewellery, Body Piercing and Personal Effects**

All personal effects, including but not limited to watches, earrings, religious artefacts and hair slides should be removed prior to a PE lesson. (afPE 3.5.58) This applies to all adults and children present in the lesson. The school is not responsible for any injury caused by failure to adhere to these guidelines. In the event that it is not possible for such effects to be removed, the child in question will be prohibited from joining in with practical aspects of the lesson. The school are legally entitled to bar a pupil from practical participation in PE if that pupil (or their parent/carer/guardian) fails to adhere to safe policy (afPE 2.3.55).

All children with long hair should have their hair tidied up at all times during PE.

NCC policy (Health and Safety for Schools, 2010 p19) also prohibits the wearing of earrings by pupils or staff during PE lessons. Use of retainers (flat studs that maintain the piercing but do not present a risk to the wearer in the event of a blow to the ear or head) is an acceptable compromise, at the discretion of the teacher and/or headteacher (afPE3.5.61)

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## Footwear

Footwear should always be fit for purpose. Studded footwear is only permitted on an appropriate surface when other competitors are also adorned with such footwear (afPE 3.5.55). When taking part in indoor lessons, pupils should have bare feet or plimsoles. Socks are not permissible as they present a slip hazard (afPE 3.5.51, NCC Health and Safety for Schools 2010 p19)

## Swimwear

All children swim in the summer term and need to ensure that they have appropriate swimwear in order to participate in lessons. This consists of swimming trunks (not shorts), bathing costume (not bikini), a silicone swimming hat and a towel. Goggles are not permitted in swimming lessons unless a note from a doctor is provided. Children will not be permitted to swim if they are not wearing the appropriate swimwear outlined in this policy.

## Fact Sheet

School Type: Primary (Age 4-11) Number of pupils on roll: 150

Class Size: average of 24 pupils per class

SEN register: 9 = 6 %

## Checklist

### Curriculum

2 hours of high quality PE per week

Yes  No

School Swimming

Yes  No  All years (Y5 & Y6 Towcester Leisure Centre)

### Extra – Curricular

Percentage of children taking part in extracurricular sport 20%

### School Games 2017/2018

Registered on 'Your School Games'?

Yes  No

Number of Level 1 competitions delivered 2017/18:

2

Percentage of pupils involved:

100%

Number of Level 2 competitions participated in 2017/18:

10

Percentage of pupils involved:

20%

Involvement in Level 3 competitions 2017/18?

Yes  No

Percentage of pupils involved:

10%

### Physical Activity Programmes

Involved in the Bikeability Programme?

Yes  No

Lunchtime / Playground Initiatives?

Yes  No

