

Cut your toast into quarters. How many quarters are there? Eat one piece. How many quarters are left?

Find some packets and tins and look at them to find out how much they weigh. Which is the lightest? Which is the heaviest?

Look at 'best before/sell by' dates. How many days or months before this date?

Estimate how many items in a packet (e.g. biscuits). Count them. Was your estimate close?

Look at some cooking times on some packets. Which takes the longest to cook? Which takes the shortest time to cook?

Help to set the timer on a microwave to cook different items.



Kitchen

Find some bottles and cartons. Look at how much they hold. Sort them into more than 2 litres, between 1 and 2 litres and less than a litre.

Find some small containers. Estimate which holds the most/least. Now use an even smaller container to measure; e.g. an egg-cup. Count how many egg-cupfuls in each container.

How many steps to climb to the top of the slide?
How many altogether if you climb up twice?

What shapes can you see in the park? How many triangles?
... cuboids?
... circles?

How many children are at the park?

How many dogs can you see?

How far are the swings from the slide?
Estimate first, and then count footsteps.
Compare this measurement with the distance between two other pieces of play equipment.



Park

Ask your friends and family about their favourite piece of play equipment? Which is the most popular?

Count to 100 as you are swinging.

How many whole turns can you do on the roundabout?
(without getting dizzy!)