

PHSE: Jigsaw

Jigsaw is a mindful approach to PSHE and brings together Personal, Social, Health Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning for the whole school.

There are six Puzzles in Jigsaw that are designed to progress in sequence from the start of each academic year.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
All Year Groups	Being Me in My World	Celebrating Difference (including anti-bullying)	Dreams and Goals	Healthy Me	Relationships	Changing Me (including Sex Education)

Each Puzzle has six Pieces (lessons) which work towards an 'end product' which forms our school Jigsaw display.

The whole school works on the same Puzzle at the same time, meaning that each Puzzle can be launched with a whole-school assembly and learning can be celebrated by the whole school in a meaningful way.