



## Bass Lake Area Shag Society

Newsletter

June 2020

### **PRESIDENT'S MESSAGE**



***Deb Baker,  
President***

Greetings BASSLake Members and Friends!

I hope this finds you all well! It seems like ages since we were all together and I sure miss seeing everyone! Who would have ever dreamed that our world would come to such a sudden stop? We were dancing at Midwinter and DJ Throwdown and then.....BAM! we were locked down and homebound. This Pandemic has caused us all to look for alternative ways to communicate and socialize. In our Shag World this is especially difficult! I am amazed at how so many people have stepped up with online dance lessons, zoom meetings and virtual shag parties!

I want to assure you that your board is still working hard too! We continue to have our monthly board meetings via Zoom every month. Yes, I think we will all agree, that we miss actually being physically together, but it has worked fine. This month and the last few months we have focused on ways that we could have some type of social or gathering; this has not been an easy task. Yes, the Upper Deck has opened again, but they will only be able to accommodate 50% of the normal capacity of patrons. We had hoped to be able to meet there this month, but due to the social distancing requirements, this was just not possible and the board voted to again CANCEL our June Social. We will have a special meeting on June 30<sup>th</sup> to again try to put together something for July. Please stay tuned for details to follow.

From what I hear, N. Myrtle is gradually opening up the beaches and outside bars and venues. Fat Harold's and Ducks are still not open for dancing??? Yes, you can come in and have drinks but the dance floors are roped off?? The Pavilion, Tiki Bar and Captain Archie's are open for business and I have even seen some dancing on the web cam??? Oh well!

Again, the official word from ACSC and the SOS Board is.....SOS FALL MIGRATION IS ON as scheduled. Fun Sunday and Fun Monday have been cancelled since no tickets have been sold by the shag clubs. These raffle ticket sales actually pay for the entertainment during Fun Sunday and Monday. We have not been able to meet and sell tickets, therefore it was cancelled.

As I mentioned above, we have had to look for alternative ways to meet and stay connected. As many of you know, I work with two rehab/nursing homes in Fuquay and Garner. These poor souls have been totally “locked down” since March. Families have not been able to visit and they have had to eat all meals in their rooms. Their activities directors have been working hard to provide some type of activities for them to pass this time and ease the pain of not seeing family and friends. One such activity is a “ride by parade”. Families and friends decorate cars and trucks and they bring residents outside with masks to see everyone from a distance! I participated in one of these a few weeks ago and I can tell you it was so emotional

and heartwarming. There will be another parade this Friday, June 12 at 10 at Universal Health Center, 410 Judd Parkway, in Fuquay. We have been invited to participate. I hope that some of you will join me! I assure you, it will be one of the most rewarding things you have done in a long time. Lineup is behind the building at 9:30. Send me a note if you would like to participate!

Love and “virtual” hugs to you all!

*Deb*

**Website:** [BASS Lake Shag Club](#)  
**On Facebook:** [Bass Lake Shag Club](#)  
*[Check out photos from our Socials!](#)*

Bass Lake Shag Club is now a Corporate Member of **The Association of Beach & Shag Club DJ's**. Check them out [here](#).

---

## 2020 BOARD

---

|   |  |
|---|--|
| <b>President - Deb Baker</b>                                | <a href="mailto:BassLakeSS.President@gmail.com">BassLakeSS.President@gmail.com</a>       |
| <b>1<sup>st</sup> VP/Social Chairman – Susan Hutchinson</b> | <a href="mailto:BassLakeSS.1stVP@gmail.com">BassLakeSS.1stVP@gmail.com</a>               |
| <b>Secretary – Patty Baird</b>                              | <a href="mailto:BassLakeSS.Secretary@gmail.com">BassLakeSS.Secretary@gmail.com</a>       |
| <b>Treasurer – Tom Brawn</b>                                | <a href="mailto:BassLakeSS.Treasurer@gmail.com">BassLakeSS.Treasurer@gmail.com</a>       |
| <b>Sgt. at Arms – Jimmy Poyner/George Space</b>             | <a href="mailto:BassLakeSS.SgtAtArms@gmail.com">BassLakeSS.SgtAtArms@gmail.com</a>       |
| <b>Membership Director – Dan Brown</b>                      | <a href="mailto:BassLakeSS.Membership@gmail.com">BassLakeSS.Membership@gmail.com</a>     |
| <b>Ways &amp; Means – Jim Adcox</b>                         | <a href="mailto:BassLakeSS.WaysAndMeans@gmail.com">BassLakeSS.WaysAndMeans@gmail.com</a> |
| <b>Publicity – Chris Brawn</b>                              | <a href="mailto:BassLakeSS.Newsletter@gmail.com">BassLakeSS.Newsletter@gmail.com</a>     |

---

**BOARD MEETINGS AT 6:30 P.M. ON THE 1ST TUESDAY OF EACH MONTH**

---

## Online Shag Dance Lessons

Shag Lessons Online with Sam & Lisa West – on Facebook at [Sam and Lisa's Shag Page](#) every Sunday and Thursday. 7pm On Air 7:10pm Beginner Lesson 7:50pm Break 8pm Intermediate Lesson

Shag Dance Essentials – Techniques, Tips and Tricks – on Facebook at [Shag Dance Essentials](#) Monday at 7pm; Basic and Intermediate steps with Stephen Balok and Patty Vo.

Carolina Shag Lessons with Ashley & Tobitha Stewart – on Facebook at [Carolina Shag Lessons](#). They will be posting weekly Shag Steps & Lead Follow videos.

---

## Treasurer's Statement

Statement Period 5/1/2020 to 5/31/2020:

|                       |                  |
|-----------------------|------------------|
| Beginning Balance     | \$3341.00        |
| Income                | 392.44           |
| Expenses              | 138.75           |
| <b>Ending Balance</b> | <b>\$3594.69</b> |

---

### 2020-21 ACSC & SOS Schedule:

- **July 10-12 Summer Workshop – Cancelled!!**
- September 17-26 Fall Migration
- January 14-17 – Mid-Winter/Workshop
- April 16-26 – Spring Safari 2021





# ATLANTIC MULCH

A big **THANK YOU** to Atlantic Mulch  
For their generous donation to our club!!

Our club is so thankful for the support from our sponsors!  
Atlantic Mulch has been a faithful sponsor for several years.

They are customer service driven, local to Apex, family owned and offer online ordering.

Atlantic Mulch offers much more than mulch products, such as seed, Outdoor Living, Soil and compost, as well as gravel and stone. Call Atlantic Mulch for all your landscaping needs at 919-859-5503!

Our own John Humphrey may even deliver!





6/2 Tom Brawn      6/3 Patty Baird  
6/4 Connie Deth  
6/9 Judy Ayer  
6/11 Cynthia Strickland  
6/13 Ed Moore      6/18 Deb Baker

Please notify any board member of corrections or if we've missed YOUR birthday and we will be sure to update our roster!

---

## **The Spirit of Radio**

Want the current list of the top dance tunes? Click [here](#) to see the list for June on [beachmusic45.com](#)!

For streaming Beach Music, give a listen to [RIPTIDE Radio](#) and [94.9 The Surf!!](#)

And our own [Randy Sting](#) is at [Jukin' Oldies!!](#) Randy's "Shag Dance Party" is Live on Tuesdays from 7-10pm.

Also, [Sound of the Strand](#), part of the Live365 selection of channels.

It's blueberry season! There are several u-pick locations in the Triangle. Go to <https://www.pickyourown.org/NCtriangle.htm> for information by county on our local produce farms. For more information on blueberries, click [here](#).

Here's a recipe from Kristin Meyer, one of our Bake Sale chefs, to try out:

### **Blueberry Crumb Cake**

3/4 c sugar  
1/4 c margarine  
1 egg  
1/2 c milk  
2 tsp baking powder  
2 c flour  
1 tsp salt  
4 c blueberries (2 pints)

#### Topping:

1/2 c sugar  
1/3 c flour  
1/2 tsp cinnamon  
1/4 c margarine, softened

Mix sugar, margarine, and egg together. Stir in milk, flour, baking powder and salt. Fold in blueberries. Batter will be thick. Pour batter into a greased 13x9 pan.

Mix together ingredients for the topping. Use a pastry knife to cut in margarine. Sprinkle topping over the batter.

Bake at 375 degrees for 40 minutes.

## Blueberry Muffins for 2

This recipe from America's Test Kitchen makes 4 muffins. You can substitute frozen blueberries – rinse and dry them (do not thaw) before folding into the batter.

### **Topping:**

- 1 Tbsp sugar
- ¼ tsp finely grated lemon zest

### **Muffins:**

- ¾ cup (3 ¾ ounces) all-purpose flour
- ¼ cup (1 ¾ ounces) sugar
- 1 tsp baking powder
- 1/8 tsp baking soda
- 1/8 tsp salt
- ¼ cup whole-milk or low-fat plain yogurt
- 1 large egg, room temperature
- ¼ tsp finely grated lemon zest
- 3 Tbsp unsalted butter, melted and cooled
- 2 ½ ounces (1/2 cup) fresh blueberries

- 1. For the topping:** Adjust oven rack to middle position and heat oven to 325 degrees. Spray any 4 cups of muffin tin with baking spray and flour. Combine sugar and lemon zest in small bowl; set aside.
- 2. For the muffins:** Whisk flour, sugar, baking powder, baking soda and salt together in large bowl. In separate bowl, whisk yogurt or milk, egg and lemon zest together until smooth. Gently fold yogurt mixture into flour mixture with rubber spatula until just combined, then fold in melted butter and blueberries.
- 3.** Using dry measure or ice cream scoop, divide batter evenly among prepared muffin cups. Sprinkle sugar topping over muffins. Bake until muffins are golden brown and toothpick inserted in center of muffin comes out clean, 20 to 24 minutes, rotating muffin tin halfway through baking.
- 4.** Let muffins cool in muffin tin on wire rack for 10 minutes. Remove muffins from muffin tin and let cool for at least 10 minutes before serving.

# Bass Lake Shag Club Shirts!



Get our Bass Lake Logo on a variety  
of shirt styles!

Contact Jim at

[BassLakeSS.WaysAndMeans@gmail.com](mailto:BassLakeSS.WaysAndMeans@gmail.com)

For shirt prices and available styles!



MOBILE DJ SERVICE

David Pendergraft

252-723-3223  
davidpdj@yahoo.com

5657 Wade Park Blvd.  
Raleigh, NC 27607

## DAVID PENDERGRAFT

David is a longtime BASSLake member. He is also a member of the "Association of Beach & Shag Club DJ's". Call him for your DJ needs!

[Contact David](#)



## DAVE BIGGERSTAFF

Broker / Realtor

(M) 919-868-8935

(E) [BiggerstaffRealty@gmail.com](mailto:BiggerstaffRealty@gmail.com)



200 US Hwy 70 E  
Garner, NC 27529

When Buying or Selling a Home in the Raleigh / Triangle Area, Use my over 20 Years of Experience for a Smooth, Stress Free Experience!! I Specialize in Buyers and Sellers, New Construction, Existing Homes, On-site Sales & Builder Marketing!! I also deal with Golf, Senior & Resort Properties!!

Search for ALL Homes currently on the Market in the Triangle Area at [www.DaveBiggerstaff.com](http://www.DaveBiggerstaff.com)

My **Monthly Real Estate Newsletter** gives you Articles about the Real Estate Industry. Click here to **Subscribe**

**Like** my Facebook Page: [Dave Biggerstaff Real Estate](#)

Jim & Sara's Shag Dance Lessons  
It's All About Having Fun!



8523 Chapel Hill Rd.  
Cary, NC 27512  
919-749-4385

jamesradcox@gmail.com  
jim@print2promote.net

---

## JIM & SARA ADCOX

---

NEW CLASS FIRST  
MONDAY OF EACH  
MONTH

---

Beginner 6:45  
Beginner Intermediate 7:30  
Intermediate 8:15 - 9:00

[Contact Jim & Sara](#)



Cutting Edge Hair Designs  
Precision Haircuts, color, highlighting, professional haircare for  
the entire family.  
Deborah Baker  
Stylist  
1208 Foxglen Court  
Fuquay Varina, NC 27526  
dbaker1032@earthlink.net  
919-632-1999

---

## DEBORAH BAKER

---

Deb is currently serving as President, and has served in that role for nine years of over a decade of BASSLake Shag Club's existence and has played a large part in the success of our great club!

[Contact Deb](#)

---

## CHECK OUT THESE GREAT MEMBERSHIP BENEFITS

---

BASS annual membership fee is only \$25 - this is a fabulous deal! In addition to a \$2 discount on monthly club social admission fees, membership also provides...

- discounted admission to upcoming events
- free admission to a 1st Quarter social event when you Re-Up or Join-Up\*
- information on other local shagging events
- discounted SOS cards

\*To qualify for FREE admission to a 1st Quarter BASS social, please complete the [Membership Application](#) on-line via the BASSLake website and pay through PayPal, OR bring a copy of the completed application and your \$25 membership fee to the next social!