



Individuals

Couples

Businesses

Our Approach

Our lives are so busy and full already, but to what end? Rather, imagine your life being defined as the fullness of what is best for you. It is time to wake up to what it means to live in the fullness of your life. So, take your time, look around, and learn all there is to know about what we have to offer you

Enneagram Coaching Options

WITH CERTIFIED ENNEAGRAM COACH
Travis Jewell

DISCOVER

\$50

THE PERSON YOU ARE MEANT TO BE

Do you feel stuck when it come to identifying where you are at on the Enneagram? Don't worry, your certified coach can help! In this coaching session take a comprehensive Enneagram Assessment, then meet with your coach to unpack your DISCOVERIES and verify your Enneagram best fit..

Schedule a private 40 minute DISCOVER session with your certified Enneagram Coach.

Visit www.j1010creations.com

2 CONNECT



You will be guided through a series of **FIVE sessions** with a customized GUIDE SHEET, so you can LEARN and CONNECT without becoming overwhelmed.

WITH YOUR STRENGTHS AND GROWING EDGES

3 BECOME



A HOLISTIC VERSION OF YOURSELF

After completing the DISCOVER & CONNECT sessions, You can APPLY all you have learned into your everyday life, working through SIX sessions to help you BECOME who you were CREATED to be.

*Completion of CONNECT Coaching Sessions is a pre-requisite.

Still have questions?

Visit **myenneagramcoach.com/coach/travis-jewell/** or **j1010creations.com**to schedule a **FREE 30-min consultation** with Travis.
You can learn more about the coaching process, ask any questions, and determine your best fit.



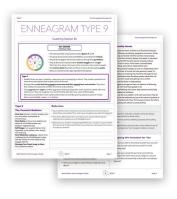
CONNECT

A JOURNEY THROUGH YOUR TYPE

Experience personal awareness and growth in 5 sessions with your certified Enneagram Coach. Our custom designed guide sheets will help you learn about yourself.

These lessons CONNECT your story with a deep learning experience, so you understand how to use the Enneagram in your everyday life and relationships.

Check Out Samples of Our Custom CONNECT Guide Sheets



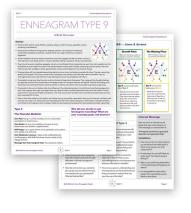
Session #2:

Triads, Hidden Issues, Relationship Issues, Growth Path, and Journaling Questions



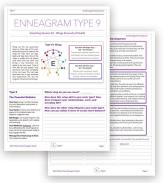
Session #4:

Childhood Patterns,
Childhood Messages,
Defense Mechanism, and
Journaling Questions



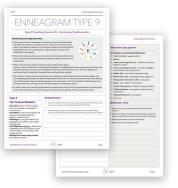
Session #1:

Overview, Lines & Arrows, Childhood Messages, and Journaling Questions



Session #3:

Wings, Levels of Development, and Journaling Questions



Session #5:

Transformation, Review, and Journaling Questions



