MEDICAL SOCIAL WORKER

Licensed Master of Social Work XXXXXXXXXXXX

Compassionate and patient-focused Social Work professional with extensive experience in assessment, intervention, discharge planning for adolescents, adults, and seniors of all socioeconomic and cultural backgrounds. Possess comprehensive awareness of NY service delivery, health care reimbursement and managed care policies. Dedicated role model and liaison, professionally representing agency and patients when networking in the community. Provide patient, family, and grief counseling services. Skilled educator, facilitator and change agent. Proven track record of timely discharge planning in a fast-paced work environment. Skilled oral/written communicator and problem-solver. Deliver services in compliance with professional principles for Social Services, JCAHO, and all regulatory guidelines.

CORE COMPETENCIES

- Psychosocial Assessments
 - Clinical Counseling
 Management
- Suicide & Risk Assessment
 Community Networking
- Grief Counseling
 CBT/ACT/DBT

- Discharge Planning
 Interdisciplinary Teams
- Management
- Community Networking
 Patient Confidentiality
- Policies & Procedures

- Team Collaboration
 - PROFESSIONAL EXPERIENCE

XXXXXX, Bronx, NY 2020 - Current

Social Worker Family Medicine (August 2021 - Current)

Handle discharge planning and conduct biopsychosocial assessments within a newly designed Family Resiliency Program offering counseling and financial support to families who have lost a loved one to COVID-19. Utilize a family centered approach to decipher those in immediate need.

- Evaluate current social needs and mental health status of families by utilizing anxiety and depression screeners.
- Aid families experiencing grave financial hardships. Offer cash assistance and connect/refer families to various community services including ERAP, Homebase, One Shot Deal, Social Security Administration, SNAP, HRS, public assistance programs, food pantries, mental health agencies and bereavement support groups.
- Deliver emotional family support through counseling. Encourage families to engage in outside psychotherapy resources. Employ ongoing case management to families struggling with financial, mental, and food hardships.
- Interview families and collect data for research purposes. Collaborate with research teams in biweekly meetings.

Social Worker Med Surgical Dept. (July 2020 – August 2021)

Conducted assessments and evaluations of patients and their families addressing social, psychosocial, and environmental challenges. Applied demonstrated expertise of disease entity and medical interventions in med surgical department.

- Identified patient needs and made referrals for interventions and to various outside community resources. Assessed
 and evaluated patients/families' social, psychosocial, and environmental situations and determined needs.
- Delivered direct patient/family services by prudently choosing treatment modality casework methods compatible with assessment and individualized goals.
- Facilitated psychoeducation to patients and their families, resulting in best possible post-discharge outcomes.

Social Worker (September 2019 – June 2020

Facilitated comprehensive psychosocial assessments, identified strengths/needs and treatment planning in coordination with interdisciplinary team review to ensure optimal rehabilitation, health services and treatment outcomes.

- Implemented clinical interventions to assist patients in adjusting to dialysis, developing short-term therapy for the management and adjustments to illness.
- Utilized motivational interviewing and cognitive behavior/strength-based technique. Emphasized patient education on missed/shortened hemodialysis treatment, treatment options and advanced directives.

PROFESSIONAL EXPERIENCE (Cont'd)

Social Work Intern (September 2017 – May 2018)

Worked closely with Medical and Social Services team providing psychosocial assessments, evaluations, and clinical interventions to patients diagnosed with cancer, blood disorders, rheumatoid arthritis, and autoimmune diseases.

- Interviewed patients, conducted patient/family meetings, and gained information/recommendations from interdisciplinary planning/meetings to obtain social history, identify challenges and develop appropriate treatment plans. Facilitated patient and families with cancer support groups and short-term emotional support/counseling.
- Researched and assisted patients to work with community resources and support networks including the American Cancer Society and Cancer Care organizations. Educated patients and family on Advanced Care Planning.
- Directed patients to home care services including home care agencies, walkers, rollators, or hospital beds. Provided financial, transportation, wig/mastectomy, online/in person therapists, and cancer specific support resources.

Social Work Intern (September 2016 – May 2017)

Provide psychological and emotional support to clients and families with counseling for victims of elder abuse.

- Created safety/service plans within five and fifteen days of client intake. Conducted home visits and made referrals
 including home care agencies, Meals on Wheels, and Adult Protective Services.
- Developed/facilitated long-term support groups and attended monthly workshops focusing on geriatric population.
- Fostered independence through self-advocacy and educating clients in financial management and personal development.

EDUCATION & PROFESSIONAL DEVELOPMENT

XXXXXXXXXXXXXXXXXX, Flushing, NY (2013) Bachelor of Arts, Major: Family, Nutrition & Exercise Sciences / Minor: Honors Business & Liberal Arts Program

ADDITIONAL SKILLS

Languages Bilingual, with fluency in English and Polish

Technology Proficient in Microsoft Word, PowerPoint, Excel, and Outlook; EPIC; Allscripts; ECIN; Redcap