



# NEISDA News

January 17, 2018 ~ Week 9



Division III

DISCOVER | DEVELOP | DEDICATE

## SWIMMERS OF THE WEEK

### Women's Swimming- Kayla Snider (WNE)



Springfield, MA- **Kayla Snider**, Sophomore at **WNE**, has been voted as the Swimmer of the Week.

Snider broke a 20 year old school record in the 200 IM with a time of 2.23, and also broke a school meters record in the 200 IM two days later and led off a school record breaking 200 medley relay meters.

Prior to swimming at WNE, Kayla swam for Heritage High School in her hometown of Leesburg, VA.

Kayla Snider and the WNE Golden Bears return to the pool on January 20th vs. St. Josephs of Maine and Simmons.

### Men's Swimming- Josh Unas (Regis)



Weston, MA- **Josh Unas**, Junior at **Regis**, has been voted as the NEISDA Swimmer of the Week.

Unas finished first in the 50-yard breaststroke with a time of 30 seconds flat, before earning a triumph in the 100-yard breaststroke on a time of 1:05.01. Unas also swam breaststroke in the winning 200yd medley relay.

Prior to swimming at Regis, Unas swam for Valencia High School in his hometown of Santa Clarita, CA.

Josh Unas and the Regis Pride return to the pool on January 20th at Elms.

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Facebook: [www.facebook.com/NEISDA](http://www.facebook.com/NEISDA)

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- Week 1: Kayla Burgess (UNE)/ Nick Rainville (Regis)
- Week 2: Veronika Latawiec (USJ)/ Richie Selznick (Brandeis)
- Week 3: Megan Lasto (ECSU)/ Nick Bergstrom (Elms)
- Week 4: Megan Lasto (ECSU)/ Michael Pierce (Norwich)
- Week 5: Jason Erichsen (Simmons)/ Jameson Rose (BSU)
- Week 6: Haley Nolan (BSU)/ Gabe Pasqualucci (RWU)
- Week 7: Elaine Dudley (Norwich)/ Nick Rainville (Regis)
- Week 8: Emily Wadlinger(Plymouth)/ Michael Pierce (Norwich)





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## DIVERS OF THE WEEK

### Women's Diving– Lis McQuaid (Regis)



Weston, MA– **Lis McQuaid**, Sophomore at **Regis**, has been voted as the Diver of the Week for the fourth time this season.

Lis McQuaid finished first on the one-meter diving board for Regis with a total of 231.25 and second on the 3 meter with 199.25 pts

Prior to her diving career at Regis, McQuaid dove for AMSA Charter and ZAP diving with Mary Ellen Clark.

Lis McQuaid and the Regis Pride return to the pool on January 20th at Elms College.

### Men's Diving– Josh Seabrook (RWU)



Bristol, RI– **Josh Seabrook**, Junior at **RWU**, has been voted as the NEISDA Diver of the Week.

Josh Seabrook took first on both board vs Keene State with scores of 220.05 on 1m & 225.30 on 3m. He also took first on the 1m board vs UNE & Gordon.

Prior to his diving career at RWU, Seabrook dove for Notre Dame High School in West Haven, CT.

Seabrook and the RWU Hawks return to the pool on January 20th at Wesleyan.

Week 1: Julia Tartaglia (Brandeis)/ Sam Zucker (Brandeis)

Week 2: Genna Karp (Brandeis)/ Sam Zucker (Brandeis)

Week 3: Elisabeth McQuaid (Regis)

Week 4: Sam Zucker (Brandeis)

Week 5: Elisabeth McQuaid (Regis)/ Chris Danieli (Norwich)

Week 6: Jess Masotta (Keene)/ Alexander Belinsky (BSU)

Week 7: Elisabeth McQuaid (Regis)/ Sam Zucker (Brandeis)

Week 8: Casey Allaire (Plymouth)/ Chris Danieli (Norwich)

# Congratulations to this week's winners!

