



NEISDA News

January 25, 2018 ~ Week 10



Division III

DISCOVER | DEVELOP | DEDICATE

SWIMMERS OF THE WEEK

Women's Swimming– Ashlyn DeRoche– Regis



Weston, MA- **Ashlyn DeRoche**, Senior at **Regis**, has been voted as the Swimmer of the Week.

At last Saturday's dual meet vs. Elms, Ashlyn won the 50 breast stroke with a time of 37.54, the 100 Free with a 1:00.13, and was a part of the winning 200 Medley relay with a breaststroke split of 38.12

Prior to swimming at Regis, DeRoche swam for Austin Prep in her hometown of Reading, MA.

Ashlyn DeRoche and the Regis Pride return to the pool on Saturday January 27th at home vs. Bridgewater State and Husson.

Men's Swimming– Richard Smith (BSU)



Bridgewater, MA- **Richard Smith**, Senior at **BSU**, has been voted as the NEISDA Swimmer of the Week.

Smith captured top honors in both the 200 individual medley (2:00.21) and the 200 backstroke (2:00.34) against Brandeis University & Keene State College. Smith also swam the opening leg (Backstroke) with a 53.76 on the Bears' first place 400 medley relay squad.

Prior to swimming at BSU, Smith swam for Saint John's High School in his hometown of Milford, MA.

Richard Smith and the BSU Bears return to the pool on Saturday January 27th at Regis.

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- Week 1: Kayla Burgess (UNE)/ Nick Rainville (Regis)
- Week 2: Veronika Latawicz (USJ)/ Richie Selznick (Brandeis)
- Week 3: Megan Lasto (ECSU)/ Nick Bergstrom (Elms)
- Week 4: Megan Lasto (ECSU)/ Michael Pierce (Norwich)
- Week 5: Jason Erichsen (Simmons)/ Jameson Rose (BSU)
- Week 6: Haley Nolan (BSU)/ Gabe Pasqualucci (RWU)
- Week 7: Elaine Dudley (Norwich)/ Nick Rainville (Regis)
- Week 8: Emily Wadlinger(Plymouth)/ Michael Pierce (Norwich)
- Week 9: Kayla Snider (WNE)/ Josh Unas (Regis)





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DIVERS OF THE WEEK

Men's Diving— Alex Belinsky (BSU)



Bridgewater, MA- **Alex Belinsky**, Junior at **BSU** has been voted as the NEISDA Diver of the Week.

Belinsky won both the one-meter (207.40 pts.) and three-meter (204.15 pts.) diving competitions against Brandeis University and Keene State College.

Prior to his diving career at BSU, Belinsky dove for Norton High in Norton, MA.

Alex Belinsky and the BSU Bears return to the pool on January 27th for a meet with Regis and Husson.

Congratulations to this week's winners!

- Week 1: Julia Tartaglia (Brandeis)/ Sam Zucker (Brandeis)
- Week 2: Genna Karp (Brandeis)/ Sam Zucker (Brandeis)
- Week 3: Elisabeth McQuaid (Regis)
- Week 4: Sam Zucker (Brandeis)
- Week 5: Elisabeth McQuaid (Regis)/ Chris Danieli (Norwich)
- Week 6: Jess Masotta (Keene)/ Alexander Belinsky (BSU)
- Week 7: Elisabeth McQuaid (Regis)/ Sam Zucker (Brandeis)
- Week 8: Casey Allaire (Plymouth)/ Chris Danieli (Norwich)
- Week 9: Elisabeth McQuaid (Regis)/ Josh Seabrook (RWU)

