



New England Intercollegiate Swimming and Diving Association Swimmer and Diver of the Week

The New England Intercollegiate Swimming and Diving Association (NEISDA) is a competitive group of collegiate teams and athletes where the focus is on tremendous competition while having fun. Within this group we have many talented athletes that go above and beyond our expectations as coaches. We are looking forward to recognizing these athletes on a weekly basis for our Men's and Women's NEISDA Swimmer of the Week and our Men's and Women's NEISDA Diver of the Week.

NOMINATION TIMELINE AND PROCESS:

We will hold a nomination and voting period at the start of each week. Each team's representative may send a nomination to Cameron Fadley (cameron.fadley@regiscollege.edu) by Monday at 12:00pm Noon (excluding school holidays – ex. with a Monday holiday send in by Tuesday at 12pm, and weeks without competition) To nominate a male and female swimmer, and a male and female diver, you will need to provide the following information:

- Full Name, School, Class Year (with link to student-athlete bio page on your athletic website)
- Date(s) and name of meet(s) (including a link to the meet results if possible)
- Describe the individual's accomplishments this week, adding noteworthy records or milestones (this short description will be provided on the voting form for other coaches to view)

A voting form will be sent to each team's Head Coach on Monday by 5:00pm with the list of names and descriptions of why those athletes have been nominated based on the previous week's performance. Coaches must submit their votes by Tuesday by 5:00pm. Winners will be announced on Wednesday via an emailed press release to all head coaches.

Timeline:

Monday by 12:00pm	Submit Nomination
Monday by 5:00pm	Voting Form Sent
Tuesday by 5:00pm	Vote Deadline
Wednesday	Winners Announced

CRITERIA FOR NOMINATION:

Individual Skills Improvement:

- Time drop in one or more strokes
- Responsiveness to instruction
- Demonstrates proper technique
- Improvement in weak strokes
- Consistency

Team Sportsmanship:

- Regular practice attendance
- Positive attitude
- Self-motivator or team-motivator

RULES OF USE:

- In order for an athlete to be considered for the vote, nominations must be received before 12:00PM EST on Monday
- All votes must be submitted by Tuesday at 5:00PM EST in order to be counted
- Each team may nominate only ONE student-athlete per week per category: Male Swimmer / Female Swimmer / Male Diver / Female Diver
- Each school may submit only ONE vote per category
- In the case of a voting tie, a co-Swimmer or co-Diver of the Week will be awarded