



# NEISDA News

October 10, 2018 ~ Week 1



## SWIMMERS OF THE WEEK

### Women's Swimming– Alexis Coiley (St Joseph's)



STANDISH, ME– **Alexis Coiley**, a Junior at **St. Joe's**, has been voted as the Swimmer of the Week for the first week of the season.

Alexis had resounding wins in both the 1000 (13:05.19) and the 500 (6:19.40), while coming in second in the 100 free (1:02.63). She also swam on the winning 200 Free Relay as the anchor with a split of (29.10). She was integral in the victory against Colby-Sawyer College this past weekend.

Prior to her swimming career at St. Joe's, Coiley swam for Fort Fairfield High School in Fort Fairfield, ME. She is majoring in Medical Biology at St. Joe's.

Alexis Coiley and the St. Joseph's Monks return to the pool on October 20th against Husson University.

### Men's Swimming– Steve Quinlan (St. Joseph's)



STANDISH, ME- **Steve Quinlan**, a Senior at **St. Joe's**, has been voted as the NEISDA Swimmer of the Week for the first week of the season.

Steven won both the 50 (31.39) and 100 breaststroke (1:09.47) with in season best times for both. Steve also swam legs on both the winning 200 Medley Relay and 200 Free Relay matching his fastest 50 breast (30.14) and 50 free (24.22) splits from all 4 years.

Prior to his swimming career at St. Joe's, Quinlan swam for Central Catholic High School in Lawrence, MA. He is majoring in Sports Management at St. Joe's.

Steve Quinlan and the St. Joseph's Monks return to the pool on October 20th against Husson University.

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