



NEISDA News

November 14, 2018 ~ Week 6



Division III

DISCOVER | DEVELOP | DEDICATE

SWIMMERS OF THE WEEK

Women's Swimming– Megan Lasto (ECSU)



WESTON, MA– **Megan Lasto**, a Sophomore at **ECSU**, has been voted as the NEISDA Swimmer of the Week for the third week in a row, on the sixth week of the season.

Megan led the warriors to victory on Saturday versus RIC. Swimming all four of her individual events for the first time this year, she won the 400 Individual Medley (4:57.32) and 200 Butterfly (2:24.22) and posted the fastest times while swimming on an exhibition basis in the 200 IM (2:21.22) and 200 Breaststroke (2:35.93).

Prior to her swimming career at ECSU, Megan swam for Amity Regional High School in Woodbridge, CT. She is majoring in Digital Art with a minor in Business & Coaching. At ECSU.

Megan and the ECSU Warriors return to the pool on November 17th against Western New England University and Plymouth State University.

Men's Swimming– Luke Rodarte (Colby-Sawyer)

WESTON, MA- **Luke Rodarte**, a Sophomore at **Colby-Sawyer**, has been voted as the NEISDA Swimmer of the Week for the sixth week of the season.



Rodarte began his record-setting afternoon by winning the 50 Freestyle in a pool and school record time of 21.97. He broke the previous school record of 22.07 set by Wil McCarthy in 2007. Rodarte then smashed the 100 Breaststroke pool and school record. He clocked in with the winning time of 57.94 to beat the previous mark of 1:00.32 set by Justin Banos in 2015. His 100 Breaststroke time is currently ranked tenth in the nation. Rodarte also was part of the 200 medley relay team that took the top spot with a total time of 1:49.28.

Prior to his swimming career at Colby-Sawyer, Luke swam for Sugar Bowl Academy in Placer County, CA. He is majoring in Exercise Science at Colby-Sawyer.

Luke and the Colby-Sawyer Chargers return to the pool on November 16th at Suny Potsdam.

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PAST WINNERS:

Week 1: Alexis Coiley (St Joe's) / Steve Quinlan (St Joe's)

Week 2: Sarah Leonard (Regis) / GianCarlos Banrey (Regis)

Week 3: Megan Duffy (Norwich) / Joshua Unas (Regis)

Week 4: Megan Lasto (ECSU) / Luke Rodarte (Colby-Sawyer)

Week 5: Megan Lasto (ECSU) / Steven Johnston (Husson)





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DIVERS OF THE WEEK

Women’s Diving– Brielle Bergeron (University of St. Joseph)



WESTON MA– **Brielle Bergeron**, a Freshman at the **University of St. Joseph**, has been voted as the Diver of the Week for the sixth week of the season.

Brielle won the 1 Meter event with a personal best score of 180.30. She also helped the team with a 3rd place finish in the 50 Backstroke with the time of 35.49 and was part of the “B” Freestyle relay as the lead off with a 31.88.

Prior to her diving career at St. Joseph, she went to Hampshire Regional High School in Westhampton, MA. She is majoring in Nursing at St. Joseph.

Brielle and the St. Joseph Blue Jays return to the pool on December 1st at Wesleyan for the Connecticut Cup.

Men’s Diving– Alexander Belinsky (Bridgewater State)



WESTON, MA- **Alexander Belinsky**, a Senior at **Bridgewater State**, has been voted as the NEISDA Diver of the Week for the sixth week of the season.

Alex swept the diving events against Clark University as he posted a score of 212.50 points on the 1 Meter board and 239.55 points on the 3 Meter.

Prior to his diving career at Bridgewater, Belinsky attended Norton High School in his hometown of Norton, MA.

Alexander and the Bridgewater State Bears return to the pool on November 14th at Roger Williams.

PAST WINNERS:

Week 2: **Jessica Masotta (KSU) / George Colarullo (KSU)**

Week 3: **Brielle Bergeron (St Joseph)**

Week 4: **Elisabeth McQuaid (Regis)**

Week 5: **Elisabeth McQuaid (Regis)**

Congratulations to this week's winners!

