

2019 NEISDA QUALIFYING STANDARDS

WOMEN			MEN	
A	B	EVENT	A	B
27.50	29.00	50 FREE	25.00	25.50
1:01.50	1:03.00	100 FREE	55.00	56.00
2:13.00	2:16.00	200 FREE	2:05.00	2:07.00
5:55.00	6:00.00	500 FREE	5:40.00	5:45.00
12:25.00	12:33.00	1000 FREE	12:10.00	12:20.00
21:30.00	21:45.00	1650 FREE	20:30.00	20:45.00
33.00	35.00	50 BACK	32.00	32.50
1:10.50	1:12.00	100 BACK	1:05.00	1:06.00
2:32.00	2:37.00	200 BACK	2:30.00	2:32.00
37.50	38.50	50 BREAST	35.00	35.50
1:19.50	1:21.50	100 BREAST	1:14.50	1:15.50
2:53.00	2:55.00	200 BREAST	2:40.00	2:42.00
31.00	33.00	50 FLY	30.00	30.50
1:10.50	1:12.00	100 FLY	1:05.00	1:06.00
2:44.00	2:47.00	200 FLY	2:35.00	2:37.00
1:11.50	1:13.00	100 IM	1:07.00	1:08.00
2:35.00	2:40.00	200 IM	2:20.00	2:22.00
5:35.00	5:40.00	400 IM	5:30.00	5:34.00

DIVING:

A diver must qualify twice on one board (at separate meets).

After qualifying on one board, a diver need only qualify once on the other board.

The qualifying DD's and scores are the same for men and women.

The DD and score for six dives, with each dive assigned its standard degree of difficulty:

1Meter 11.2 DD 170 Points

3Meter 11.4 DD 170 Points

The DD at the Champ meet in each event must be equal to, or greater than the min. DD that is used for qualifying.