



NEISDA News

January 16, 2019 ~ Week 10



Division III

DISCOVER | DEVELOP | DEDICATE

SWIMMERS OF THE WEEK

Women's Swimming– Jessica Zernitsky (Regis College)



WESTON, MA– **Jessica Zernitsky**, a Junior at **Regis College**, has been voted as the NEISDA Swimmer of the Week for the tenth week of the season.

Jessica was the lone swimming victory for the Pride in the 50 Butterfly at the Simmons and Colby-Sawyer tri-meet this past weekend with a time of 29.04. She also finished 2nd in the 50 Free-style (26.14), anchored the 200 Medley Relay to a 2nd place finish (25.29) and also helped the 200 Free Relay to a 2nd place finish (25.77) to help the Pride defeat Colby-Sawyer while falling to Simmons.

Prior to her swimming career at Regis, Zernitsky swam for Newton South High School in Newton, MA. She is majoring in Public Health at Regis.

Jessica and the Regis College Pride return to the pool on Senior Day, Saturday, January 19th against Elms College for their final dual meet of the season.

Men's Swimming– Brendan Pike (Regis College)



WESTON, MA- **Brendan Pike**, a Freshman at **Regis College**, has been voted as the NEISDA Swimmer of the Week for the tenth week of the season.

Brendan had two individual wins against Colby-Sawyer this past weekend. He had a season best in the 200 Freestyle (1:55.87) and won the 500 Freestyle by almost 12 seconds (5:12.40). He also finished 2nd in the 100 IM (1:02.77) to help the Pride defeat Colby-Sawyer.

Prior to his swimming career at Regis, Pike swam for Weymouth High School in Weymouth, MA. He is majoring in Nursing at Regis.

Brendan and the Regis College Pride return to the pool on Senior Day, Saturday, January 19th against Elms College for their final dual meet of the season.

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PAST WINNERS:

- Week 1: Alexis Coiley (St Joe's) / Steve Quinlan (St Joe's)
- Week 2: Sarah Leonard (Regis) / GianCarlos Banrey (Regis)
- Week 3: Megan Duffy (Norwich) / Joshua Unas (Regis)
- Week 4: Megan Lasto (ECSU) / Luke Rodarte (Colby-Sawyer)
- Week 5: Megan Lasto (ECSU) / Steven Johnston (Husson)
- Week 6: Megan Lasto (ECSU) / Luke Rodarte (Colby-Sawyer)
- Week 7: Ellie Field (RWU) / Kirk Schultz (RWU)
- Week 8: Megan Lasto (ECSU) / Grant Kollien (Regis)
- Week 9: Molly Henry (WCSU) / GianCarlos Banrey (Regis)





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DIVERS OF THE WEEK

Women's Diving– Elisabeth McQuaid (Regis College)



WESTON, MA– **Elisabeth McQuaid**, a Junior at **Regis College**, has been voted as the NEISDA Diver of the Week for the third straight week and fifth time overall, on the tenth week of the season.

Last Saturday in a tri-meet with Simmons and Colby-Sawyer, Elisabeth picked up a win in the five-dive 1 Meter event with a score of 172.85, just 1/10th of a point ahead of Sara Manjikian of Simmons. In the six-dive 1 Meter event later in the meet, McQuaid compiled a score of 248.70 points, over 20 points in front of Manjikian.

Prior to her diving career at Regis, McQuaid was part of the AMSA Charter School diving team in Marlborough, MA. She is majoring in Secondary Education at Regis.

Elisabeth and the Regis College Pride return to the pool on Senior Day, Saturday, January 19th against Elms College for their final dual meet of the season.

Congratulations to this week's winners!

PAST WINNERS:

- Week 2: Jessica Masotta (KSU) / George Colarullo (KSU)
- Week 3: Brielle Bergeron (St Joseph)
- Week 4: Elisabeth McQuaid (Regis)
- Week 5: Elisabeth McQuaid (Regis)
- Week 6: Brielle Bergeron (USJ) / Alexander Belinsky (BSU)
- Week 7: Drew Worden (WCSU)
- Week 8: Elisabeth McQuaid (Regis) / Drew Worden (WCSU)
- Week 9: Elisabeth McQuaid (Regis) / Drew Worden (WCSU)

