



NEISDA News

January 30, 2019 ~ Week 12



Division III

DISCOVER | DEVELOP | DEDICATE

SWIMMERS OF THE WEEK

Women's Swimming– Alise Martel (University of St. Joseph)

WESTON, MA– **Alise Martel**, a Sophomore at St. Joseph, has been voted as the NEISDA Swimmer of the Week for the 12th week of the season.

Alise Martel, who is a first year team member, graduated high school in 2014, and enrolled into Lasell College (which does not have a swimming team). She did not return for her sophomore year, but instead went to work. This fall she enrolled at USJ, and picked up her swimming after a 4 year break. She is extremely dedicated, and never misses a practice. She helped the Blue Jays in their win over Western New England College this past Friday, with a 2nd place finish in the 1000, 12:28.65 (first time she ever did the event), and a first place finish in the 50 freestyle (27.03). She also won the 100 Free with the time of 59.51, and lead off the 200 Free relay as they went on to win the event.



Prior to her swimming career at St. Joseph, Martel comes from Harwinton, CT. She swam for Lewis S. Mills High School in Burlington, CT and is currently majoring in Nutrition at USJ.

Alise and the USJ Blue Jays return to the pool on February 1st at Simmons College for the GNAC Championships.

Men's Swimming– Luke Forsberg (WCSU)

WESTON, MA- **Luke Forsberg**, a Freshman at WCSU, has been voted as the NEISDA Swimmer of the Week for the 12th week of the season.

Luke won three individual events to help secure a win against Saint Joseph's College of Maine on Saturday, January 26th. Luke swam the 400 IM (4:51.42), the 100 back (1:02.32) and the 50 Fly (26.07).

Prior to his swimming career at West Conn, Forsberg swam for New Fairfield High School in New Fairfield, CT.

Luke and the WCSU Colonials return to the pool on February 9th at UMass Dartmouth for the Little East Conference Championships.



FOLLOW US ON SOCIAL MEDIA

Facebook: www.facebook.com/NEISDA

Twitter: @NEISDASwimDive

Instagram: neisda

PAST WINNERS:

- Week 1: Alexis Coiley (St Joe's) / Steve Quinlan (St Joe's)
- Week 2: Sarah Leonard (Regis) / GianCarlos Banrey (Regis)
- Week 3: Megan Duffy (Norwich) / Joshua Unas (Regis)
- Week 4: Megan Lasto (ECSU) / Luke Rodarte (Colby-Sawyer)
- Week 5: Megan Lasto (ECSU) / Steven Johnston (Husson)
- Week 6: Megan Lasto (ECSU) / Luke Rodarte (Colby-Sawyer)
- Week 7: Ellie Field (RWU) / Kirk Schultz (RWU)
- Week 8: Megan Lasto (ECSU) / Grant Kollien (Regis)
- Week 9: Molly Henry (WCSU) / GC Banrey (Regis)
- Week 10: Jessica Zernitsky (Regis) / Brendan Pike (Regis)
- Week 11: Molly Henry (WCSU) / Steven Johnston (Husson) & Joshua Unas (Regis)

