



NEISDA News

February 11, 2019 ~ Week 14



Division III

DISCOVER | DEVELOP | DEDICATE

SWIMMERS OF THE WEEK

Women's Swimming– Megan Lasto (ECSU)



WESTON, MA– **Megan Lasto**, a Sophomore at **ECSU**, has been voted as the NEISDA Swimmer of the Week for the 14th week of the season, and for the fifth time overall this season.

Megan was the only swimmer to win all three of her individual events – setting a school record in the 200 yard breaststroke (2:28.39) at the Little East Conference Championship on Saturday. She was the LEC Champion in the 200BR, 400IM (4:45.78) and Co-Champion in the 50FR (25.06). She also swam the BR leg (31.4) of the 200MR, finishing second.

Prior to her swimming career at ECSU, Lasto swam for Amity Regional High School in Woodbridge, CT. She is majoring in Digital Art with a minor in Business & Coaching.

Megan and the ECSU Warriors return to the pool on February 21-24 for the NEISDA Championships at MIT.

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PAST WINNERS:

- Week 1: Alexis Coiley (St Joe's) / Steve Quinlan (St Joe's)
- Week 2: Sarah Leonard (Regis) / GianCarlos Banrey (Regis)
- Week 3: Megan Duffy (Norwich) / Joshua Unas (Regis)
- Week 4: Megan Lasto (ECSU) / Luke Rodarte (Colby-Sawyer)
- Week 5: Megan Lasto (ECSU) / Steven Johnston (Husson)
- Week 6: Megan Lasto (ECSU) / Luke Rodarte (Colby-Sawyer)
- Week 7: Ellie Field (RWU) / Kirk Schultz (RWU)
- Week 8: Megan Lasto (ECSU) / Grant Kollien (Regis)
- Week 9: Molly Henry (WCSU) / GC Banrey (Regis)
- Week 10: Jessica Zernitsky (Regis) / Brendan Pike (Regis)
- Week 11: Molly Henry (WCSU) / Steven Johnston (Husson) & Joshua Unas (Regis)
- Week 12: Alise Martel (USJ) / Luke Forsberg (WCSU)
- Week 13: Sarah Leonard (Regis) / Joshua Unas (Regis)

