



# NEISDA News

Celebrating 102 Years  
November 17, 2021 ~ Week 6



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## SWIMMERS OF THE WEEK

### Women's Swimming – Ellie Field, Roger Williams University



**Ellie Field**, a Senior at **Roger Williams University**, has been voted as the NEISDA Women's Swimmer of the Week.

Ellie picked up three 1st place finishes in last weekend's victory over Bridgewater State University. She won the 50 Freestyle (24.93), the 100 Freestyle (54.82), and was the Freestyle anchor on the 400 Medley Relay (4:08.04). Those times in all three events are also currently the top time in the NEISDA.

Ellie is from Adams, MA., and is majoring in Public Health. The Hawks will next participate in the Harold Anderson Invitational hosted by the University of Rhode Island November 19-21.

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### Men's Swimming – Ben Stark, Norwich University



**Ben Stark**, a Sophomore at **Norwich University**, has been voted as the NEISDA Men's Swimmer of the Week for the second time this season.

According to Head Coach Jennifer Cournoyer, "Ben came to race and what competition it was, with thrilling finishes" in last weekend's tri-meet with Regis College and Babson College. With two great finishes, Ben came up with two individual first places in the 200 Freestyle (1:49.30) and in the 500 Freestyle (5:01.92). For this third event, the 100 Butterfly, he claimed first vs. Regis and third vs. Babson (54.19). To top the meet in an exciting come from behind finish, Ben anchored the 400 Freestyle Relay taking first with a relay time of (3:20.73) and a split of (48.86).

Ben is from Montverde, FL., and is a Private in the Corps of Cadets majoring in Electrical Engineering. The Cadets will next participate in the North Country Invitational hosted by SUNY Potsdam November 19-20.

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Founded in 1920, the New England Intercollegiate Swimming and Diving Association (NEISDA) is a coach-run association made up member institutions in New England.

NEISDA annually sponsors and administers a championship for those qualifying swimmers and divers in February.

#### Previous winners:

**Week 1: Brooke Podsiadlo (SJCME) / Brendan Lynch (USJ)**

**Week 2: Nikky Ansley (Norwich) / Ben Stark (Norwich)**

**Week 3: Megan Miller (Regis) / Jake Wyse (USJ)**

**Week 4: Erin Madden (Husson) / Nathan Gilliam (Husson)**

**Week 5: Brooke Podsiadlo (St Joe ME) / Shawn Perry (St Joe ME)**

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## DIVERS OF THE WEEK

### Women's Diving – Brielle Bergeron, University of Saint Joseph



**Brielle Bergeron**, a Senior at the **University of Saint Joseph**, has been voted as the NEISDA Women's Diver of the Week.

Brielle was stellar in her performance winning both the 1 and 3 meter diving events in last Friday's tri-meet at Colby-Sawyer with Albertus Magnus. She executed 6 dives for the first time off the 3-meter without any practice on the 3-meter board, and looks promising to help the Blue Jays in future competition. Brielle was a real team player, also competing in the 200 Backstroke, and helped score valuable points in the 200 Medley Relay with a backstroke Split of 35.73.

Brielle is from Easthampton, MA., majoring in Nursing. The Blue Jays will next participate in the Connecticut Cup hosted by Wesleyan on December 4.

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### Men's Diving – Jack Brennan, Norwich University



**Jack Brennan**, a Junior at **Norwich University**, has been voted as the NEISDA Men's Diver of the Week for the third time this season.

Each week, according to Head Coach Jennifer Cournoyer, "Jack has been able to continue to improve his consistency and height of his dives." In last weekend's tri-meet with Regis College and Babson College, Brennan led Norwich in 1 meter diving events winning both diving events with the following scores in 5 voluntaries (171.05) and 6 optional (251.25).

Jack is from Hopkinton, MA. The Cadets will next participate in the North Country Invitational hosted by SUNY Potsdam November 19-20.

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## Previous winners:

Week 1: Ella Warner (USJ)

Week 2: Sarah Carls (Norwich) / Jack Brennan (Norwich)

Week 4: Sarah Carls (Norwich) / Jack Brennan (Norwich)

Week 5: Sarah Carls (Norwich) / David Kavanaugh (U of St Joseph)

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