



# NEISDA News

Celebrating 100 Years  
January 7, 2020 ~ Week 9



## SWIMMERS OF THE WEEK

### Women's Swimming – Ryan Moran (Regis)



WESTON, MA - **Ryan Moran**, a Senior at **Regis**, has been voted as the NEISDA Women's Swimmer of the Week for the ninth week of the season.

Ryan finished in first place in the 1000 yard freestyle with a time of 13:36.95 and finished first in the 100 yard freestyle in 1:09.36. Ryan finishes her swimming career at the Regis Pool as a captain and integral part of the team over the past 4 years.

Prior to her swimming career at Regis, Moran swam for Mount Alvernia High School in Newton, MA. She is majoring in Public Health at Regis.

Ryan and the Regis Pride return to the pool on January 11th at Colby-Sawyer College.

### Women's Diving – Elisabeth McQuaid (Regis)



WESTON, MA - **Elisabeth McQuaid**, a Senior at **Regis**, has been voted as the NEISDA Women's Diver of the Week for the ninth week of the season, and for the fourth time overall this season.

Elisabeth won both 1 meter events, putting together an 11-dive score of 360.31 with a five-dive total of 173.48 and a six-dive score of 186.83 She finishes her career at the Regis Pool with every team and pool record for the Women's Diving events.

Prior to her diving career at Regis, McQuaid was part of the AMSA Charter School diving team in Marlborough, MA. She is majoring in Secondary Education at Regis.

Elisabeth and the Regis Pride return to the pool on January 11th at Colby-Sawyer College.

Founded in 1920, The New England Intercollegiate Swimming and Diving Association (NEISDA) is a coach-run association made up of 21 Division III member institutions from 6 Conferences in New England.

NEISDA annually sponsors and administers a championship for those qualifying swimmers and divers in February.

#### Past Swimming Winners:

- Week 1: Sarah Leonard (Regis) / Hunter Wronski (RWU)
- Week 2: Emily Elliott (WNE) & Nicole Ansley (Norwich) / Noah Toumayan-Miller (Regis)
- Week 3: Ellie Clark (Husson) / Bodie Ibrahim (RWU)
- Week 4: Nicole Ansley (Norwich) / Jake Wyse (USJ)
- Week 5: Haley Griffin (UNE) & Aine Scholand (Simmons) / Chris Anastasiades (BSU)
- Week 6: Ellie Field (RWU) / Steven Johnston (Husson)
- Week 7: Hope Johnsky (WCSU) / David Lawrence (WCSU)
- Week 8: Alise Martel (USJ) & Sarah Leonard (Regis) / Brendan Pike (Regis)

