



Counts! 2025

Where everyone belongs and we learn, play, and grow together!

Summer Spotlight

Individual Therapy (Speech, OT, PT)

Summer only sessions starting the week of June 23.

If you are not currently receiving therapy, summer is the perfect time for targeted skill development. Shine the spotlight on immediate concerns or start summer-only therapy (even if you're on our waitlist). Evaluation required and will be scheduled in advance. Summer Spotlight sessions may be eligible for insurance coverage.

(Currently receiving these services? Contact your therapist about summer scheduling)

Six Week Group Sessions

Starting the week of June 23 (no groups July 3 - 4*) Resuming weekly July 7 - August 1. \$950

New to Building Bridges? Individual screenings with a member of our clinical team will ensure proper placement.

Skill Builders (3 - 4 Years)

Preschool and kindergarten readiness in a play-based environment. Get off to a good start! Speech and Occupational Therapists guide the building of skills important for successful learning.

Classroom Routines • Communication • Motor Skills • Play • Peer Interaction • Sensory and Regulation Activities

Monday/Wednesday 9:15 - 11:15 a.m.

Friendship Builders

Empowering your child to be their authentic self and relate to others in a neuro-affirming environment. Speech and Occupational therapists facilitate activities supporting social/communication skills, character-building and self-regulation necessary for successful interactions with peers, family and in the community.

Ages 5 - 8, Tu/Th 9:15 - 11:15 a.m.

Ages 9 - 12, Tu/Th 1:15 - 3:15 p.m.

*July 3 Make-up session scheduled for Tuesday, August 5



Summer Counts! Interest Forms due by Monday, May 5, 2025

All sessions private pay unless indicated. Payment in full is due upon final registration.

Visit our website to complete an interest form.

bridgestherapy.com • 734.454.0866



Six Week Workshops

Beginning June 23 (see descriptions for July 4 week make-up sessions) \$420

WRITE ON!

Improving handwriting for both emerging and experienced writers. An Occupational Therapist uses a multisensory approach in this helpful workshop.

*July 4 make-up session scheduled for Friday, August 8.

School Readiness: (ages 4 - 5) Fridays 9 - 10 a.m.

Fine Tuning Skills: (ages 6 - 8) Fridays 10:15 - 11:15 a.m.

STEM Exploration

Stimulating curiosity and imagination, these fun hands-on activities target executive functioning skills using checklists, organization, following directions, being flexible when needed, and task completion. Particular focus on identifying and using self regulation tools. Weekly themes include: Circuits, Chemical Reactions, Messy experiments, Chain reactions, Robotics, and more!

Ages 9 and up. Tuesdays 3:15 - 4:15 p.m.

Sports FUNdamentals

Focus on the fundamental skills for successful participation in group games/sports. A Physical Therapist leads activities focusing on gross motor skills, teamwork, following (or adapting) the rules, sportsmanship (winning/losing gracefully), and FUN!

*July 7 Make-up session scheduled for Monday, August 11.

Minor League: (ages 5 - 7) Mondays 9:30 - 10:30 a.m.

Major League: (ages 8 - 12) Mondays 11 a.m. - 12 noon



Meals are a Big Deal! *Fun ways to Focus on Food*

Now You're Cooking!

Meal prep is fun! Work together with peers and an Occupational Therapist to develop skills such as cutting, measuring, cracking eggs, stovetop cooking, and clean-up, as well as essential safety skills. Kids will plan, make and enjoy a variety of meals and snacks. Picky eaters welcome! Menu options adjusted to accommodate dietary restrictions. (fee includes all ingredients)

*July 4 make-up session scheduled for Friday, August 8.

Six weekly sessions beginning June 27.

Ages 8 and up. Fridays 11 a.m. - 12:30 p.m. \$525

Feeding Intensive*

Are you concerned about your child's health and nutrition? An intensive burst of Occupational Therapy sessions designed to launch exploration and expansion of their personal menu. Our specialized OTs will engage your child in playful, sensory friendly interactions with foods to decrease anxiety around non-preferred foods and enhance oral motor skills. The program consists of 4 one-hour sessions for 3 consecutive weeks. Caregiver training sessions will review in-home activities to ensure the continuity of skills. Individually scheduled.

*May be covered by insurance, evaluation required.

Feeding Therapy*

Challenging mealtimes? Individual sessions with a specially trained Occupational Therapist to address feeding issues ranging from infants (breast or bottle: latching/breath coordination/sucking) to significant sensitivities/aversions...and everything in between! Scheduled individually.

*May be covered by insurance, evaluation required.

SUMMER PLAYLIST

Explore Music Therapy this summer!

Music is a tool that can help increase and improve functional skills in all areas including language/communication, sustained attention, and more. Our Certified Music Therapist makes it fun for all ages! Weekly sessions scheduled individually, starting the week of June 23.

30 minute sessions: \$35 each • 45 minute sessions: \$52.50 each

