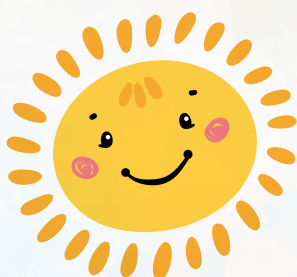




## Building skills and confidence all summer long...

Speech Therapy • Occupational Therapy • Physical Therapy  
Applied Behavior Analysis • Psychological Services



### Summer Spotlight Individual Therapy (Speech, OT, PT)

Summer only sessions starting the week of June 17.

Summer is the perfect time to focus on specific skill development. Shine the spotlight on immediate concerns or get started with therapy services if you happen to be on a waitlist. Summer Spotlight sessions may be eligible for insurance coverage. Evaluation required and will be scheduled in advance.

### Six Week Group Sessions

Starting the week of June 24 (no groups July 3 - 4\*) Resuming weekly July 8 - August 6. . . . . \$900

New to Building Bridges? We will schedule an individual screening meeting to ensure proper placement.

#### Skill Builders (3 - 4 Years)

Preschool and kindergarten readiness. Get off to a good start! Speech and Occupational Therapists guide the building of skills necessary for successful learning.

Classroom Routines • Language Development • Gross and Fine Motor Skills • Interactive Play • Communication • Peer Interaction

Monday/Wednesday 9:15 - 11:15 a.m.

\*July 3 Make-up session scheduled for Monday, August 5.

#### Friendship Builders

Building the skills and confidence to be yourself and relate to others in a neuro-affirming environment. Speech and Occupational therapists offer tools for successful interactions with peers, family and in the community.

Ages 5 - 8, Tu/Th 9:15 - 11:15 a.m.

Ages 9 - 12, Tu/Th 1:15 - 3:15 p.m.

\*July 4 Make-up session scheduled for Tuesday, August 6



### Summer Registration due May 6, 2024

All sessions private pay, unless indicated.

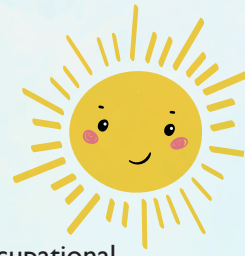
Visit our website to complete the Summer Counts! interest form.

[bridgestherapy.com](http://bridgestherapy.com) • 734.454.0866



# Six Week Workshops

Beginning June 24 (see descriptions for July 4 week make-up sessions) . . . . \$400



## WRITE ON!

Improving handwriting for both emerging and experienced writers. An Occupational Therapist uses a multisensory approach in this helpful workshop.

\*July 5 make-up session scheduled for Friday, August 9.

School Readiness (ages 4 - 5) Fridays 9 - 10 a.m.

Fine Tuning Skills (ages 6 - 8) Fridays 10:15 - 11:15 a.m.

## Sports FUNdamentals

Focus on the fundamental skills for successful participation in group games/sports. A Physical Therapist leads activities focusing on gross motor skills, teamwork, following (or adapting) the rules, sportsmanship (winning/losing gracefully), and FUN!

\*July 1 Make-up session scheduled for Monday, August 5.

Minor League: (ages 5 - 7) Mondays 9:30 - 10:30 a.m.

Major League: (ages 8 - 12) Mondays 11 a.m. - 12 noon

## STEM Exploration

Stimulating curiosity and imagination, our Occupational Therapist leads activities that focus on fine motor skills, visual perception, executive function, teamwork and more. Themes include: Legos, Circuits, and Science Projects.

Ages 9+ Tuesdays 3:15 - 4:15 p.m.

## Hand in Hand: Sensory Play Group

An hour of music, developmental sensory play and fun for little ones and their parent/caregiver. Therapist directed activity to help babies progress through appropriate milestones, while parents and caregivers learn ways to promote skill enhancement at home. Gross/Fine Motor Skills, Language Development, Behavior/Socialization, and more, customized to meet the needs of the group.

\*July 3 Make-up session scheduled for Wednesday, August 7.

Ages 18 - 24 mos

Wednesdays 12:15 - 1:15 p.m. \$200



# Meals are a Big Deal! Fun ways to Focus on Food

## Now You're Cooking!

Meal prep is fun! Work together with peers and an Occupational Therapist to develop skills such as cutting, measuring, cracking eggs, stovetop cooking, and how to wash dishes as well as essential safety skills. Kids will plan and make a variety of meals and snacks. Picky eaters welcome! Menu options adjusted to accommodate dietary restrictions. (fee includes all ingredients)

Ages 8 - 12. Mondays 9:45 - 11 a.m. \$525

## Lunch Bunch

Make meals fun! Groups of similar age and feeding challenges provide an opportunity for peer modeling and trying new foods. This Occupational Therapist directed and aide supported approach allows a playful and fun environment to try new foods supporting good nutrition and healthy meals.

Ages 4 - 7 Mondays 11:30 a.m. - 12:30 p.m. \$525

## Feeding Intensive\*

An intensive burst of Occupational Therapy sessions designed to jump start a child's exploration and comfort with new foods. Our specialized OTs will engage your child in playful interactions with foods to decrease anxiety around non-preferred foods and enhance oral motor skills. Caregiver training sessions will review in-home activities to ensure the continuity of skills.

4 one-hour sessions for 3 consecutive weeks

## Feeding Therapy\*

Individual sessions with a specially trained Occupational Therapist to address feeding issues ranging from infants (breast or bottle: latching/breath coordination/sucking) to picky teens...and everything in between!

\*May be covered by insurance, evaluation may be needed.

