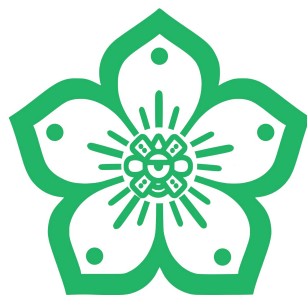




CHECKMAT



**POCATELLO
JIU-JITSU**

Daily Schedule

Pocatello Jiu Jitsu

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
830 AM 1000 AM				WOMENS ONLY JIU JITSU			
1000 AM 1200 AM							ADULT/TEEN ALL LEVELS JIU JITSU
1200 PM 200 PM		ADULT ALL LEVELS JIU JITSU	ADULT ALL LEVELS JIU JITSU	STRIKING	ADULT ALL LEVELS JIU JITSU	ADULT ALL LEVELS NO-GI	
500 PM 530 PM		LITTLES FUNDAMENTALS		LITTLES FUNDAMENTALS	LITTLES FUNDAMENTALS		
545 PM 645 PM		KIDS JIU JITSU	KIDS JIU JITSU	KIDS JIU JITSU	KIDS NO-GI JIU JITSU		
700PM 900PM		ADULT/TEEN ALL LEVELS JIU JITSU	ADULT ALL LEVELS JIU JITSU	ADULT ALL LEVELS JIU JITSU		ADULT ALL LEVELS JIU JITSU	

Contact: 208-604-7629

Instagram: @pocatello_jiujitsu