



Letters to Our Daughters

We enjoyed these resources while developing the *Letters to Our Daughters* content. We hope you will find them inspiring too, as you develop your own letters.

Read

[*Dear Ijeawele or A Feminist Manifesto in 15 Suggestions*](#) by Chimamanda Ngozi Adichie

From the best-selling author of *Americanah* and *We Should All Be Feminists* comes a powerful new statement about feminism today - written as a letter to a friend. Contains fifteen invaluable suggestions for how to empower a daughter to become a strong, independent woman.

[*Letter To My Daughter*](#) by Maya Angelou

A collection of wisdom and life lessons, from the author of *I Know Why The Caged Bird Sings*. Dedicated to the daughter she never had but sees all around her, *Letter to my Daughter* reveals Maya Angelou's path to living well and living a life with meaning.

[*Don't Peak in High School*](#) by Mindy Kaling

Excerpt from *The Office* writer and actress Mindy Kaling's *Is Everyone Hanging Out Without Me?*

[*Contemporary Monologues for Women*](#)

Fifty fantastic speeches for female characters, all written since the year 2000, by some of Britain's best female playwrights, including Caryl Churchill, Helen Edmundson, Debbie Tucker Green, Ella Hickson, Lucy Kirkwood and Rona Munro. Also contains advice on performing and auditioning.

Listen

[*Dear Daughter*](#) on BBC Sounds

Award-winning podcast conceived as a 'handbook to life' for young women. We especially liked Nadiya Hussain's letter to her daughter (listen [here](#), read it [here](#)).

To Watch

[*Women Give Advice To Their Future Daughters*](#)

Two-minute video from BuzzFeed. Try taking one of these statements as the start of your letter.

[*To Future Women*](#)

A new museum that memorializes the 2017 Women's March and #MeToo movements by generating a 20 year time capsule of letters written to the next generation of women. Check out their three [writing prompts](#).