

WITH DR. PÉREZ

Are you looking to boost and transform your organization and teams with a high-powered, energized, and inspiring offsite? Look no further than **Dr. Lizzy Perez**. Her small town, rural upbringing melded with her adult urban living experiences adds to her varied background and spirited style of delivery. You will be invigorated, moved, and ready to go out in the world and amplify your teams' strengths.

Your Key to Alignment & Vision, Renewal, and **Increased Morale**

"You want passion, good energy, and intriguing perspectives, call Lizzy?!"- A. Ramirez



TESTIMONIALS

"Lizzy is well spoken and confident in her delivery. Made us all feel welcome and validated."

"Lizzy gave us time to **share**, reflect, and relate. There were breakthroughs and she was instrumental in walking us through them. She exercised vulnerability with us, which made her relatable and this offsite worthwhile."

"Lizzy is engaging, caring, thoughtful and created a safe space to learn, share ideas, make mistakes and grow. I feel more confident in my work and who I am as a person."

GET IN TOUCH WITH LIZZY FOR PRICES



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San Antonio, TX *Willing to travel globally



LEADERSHIP OFFSITES

- **Empowering Leaders**
- **Fortifying Teams**
- Transforming Organizations

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WHY INVEST IN LEADERSHIP OFFSITES?

Alignment and Vision

Ensure leaders are aligned on the company's vision, goals, and priorities.

Reflection and Learning

Reflect on past performance for continuous improvement.

Employee Engagement and Morale

Engage and motivate employees by showcasing a unified leadership team.

Focus on Personal Development

Improve leadership skills, self-awareness, and effectiveness.

OUR LEADERSHIP

TOPICS

- All. Things. Leadership.
- Activating Daring Leadership Lessons
- Practicing Emotional Intelligence
- Managing Hard Conversations
- Navigating Conflict
- Leveling Up Communication
- Pursuing Healing-Centered Community Approaches

THE ENERGY OFFSITES PROVIDE

Increased Enthusiasm

• Generate excitement and dynamic discussions in a new environment.

Renewed Motivation

• Reignite passion for work and the company's mission.

Creative Breakthroughs

• Encourage open-mindedness and outof-the-box thinking.

Strengthened Team Dynamics

• Create camaraderie and unity through shared experiences.

Holistic Well-being

• Recharge physically and mentally with wellness activities.

Focused Engagement

• Stay engaged and invested for meaningful outcomes.

WHY CHOOSE DR. PÉREZ

Intentional Accountable Spaces: Clear goals and objectives in mind. Every activity, discussion, and exercise is chosen to support the workshop's overall purpose.

Inclusive Practices: Grounded rules for respectful communication, using inclusive language, and considering the diverse needs of participants.

Interactive Activities: Created
engagement that require participants to
collaborate, share their perspectives, and
hold each other accountable.

