

dnadiet[®]

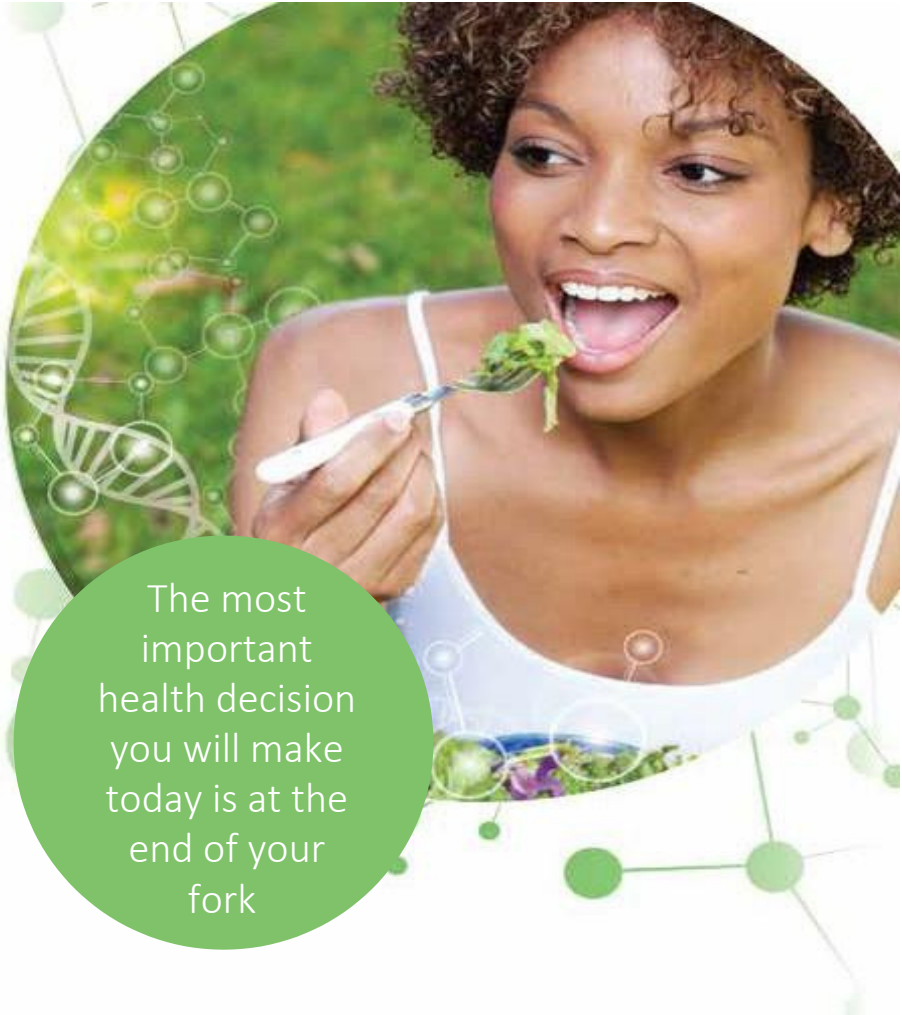
DNA Diet takes the guess work out of weight management. Being one of the most comprehensive and accurate weight-related genetic tests available, DNA Diet can lead you down the path of successful weight management and introduce long-term healthy habits.

The genes comprising the DNA Diet test have associations with body weight and body mass index, and all meet stringent criteria for utility in a genetic screening test. Recent clinical data found that the addition of nutrigenetically tailored diets resulted in better compliance, longer-term BMI reduction and improvements in blood glucose levels.

DNA Diet will allow the practitioner to give personalized diet and lifestyle recommendations based on the genetic results.

Who needs this panel? Patients who:

- ☐ Have made dietary improvements and are not seeing results
- ☐ Desire weight management
- ☐ Have cholesterol or sugar sensitivity issues
- ☐ Want to address inflammation caused by dietary sources
- ☐ Are experiencing confusion about which diet would work best for them



The most important health decision you will make today is at the end of your fork

DNA Diet reports on the following areas:

- ☐ Risk of obesity and being over weight
- ☐ Ability to lose or gain weight easily
- ☐ Responsiveness to exercise
- ☐ Mobilization of fat
- ☐ Absorption and metabolism of fats
- ☐ Metabolic rate
- ☐ Carbohydrate responsiveness

This genetic test will show which of the following diet plans are right for the individual patient:

- ☐ Low carbohydrate diet
- ☐ Low fat diet
- ☐ Mediterranean diet