



**GRAFTON COUNTY SENIOR CITIZENS COUNCIL, INC.
REPORT 2024/2025**

Grafton County Senior Citizens Council, Inc. (GCSCC) is a private nonprofit organization that provides programs and services to support the health and well-being of our communities' older citizens as well as adults with disabilities. GCSCC's programs enable community members to remain independent in their own homes and communities for as long as possible.

GCSCC operates eight senior centers (located in Plymouth, Littleton, Canaan, Lebanon, Bristol, Haverhill, Orford, and Lincoln) and sponsors the Grafton County Aging and Disability Resource Center and RSVP (an AmeriCorps Seniors project). Through GCSCC's network, older adults and their families take part in a range of community-based long-term services including home-delivered meals, community dining programs, transportation, outreach and counseling, chore/home repair services, recreational and educational programs, and volunteer opportunities.

From July 1, 2024 through June 30, 2025, 468 older residents of Littleton were served by one or more of GCSCC's programs offered through the Littleton Area Senior Center. In addition, 202 residents were served through the Aging and Disability Resource Center.

- Older adults from Littleton enjoyed 34,041 meals prepared by GCSCC.
- Littleton residents received wellness calls and assistance with problems, crises, or issues of long-term care through 89 visits with a trained outreach worker and 202 contacts with the Aging and Disability Resource Center.
- Littleton residents participated in health, education, or social activities 2,474 times.
- 4,907 door-to-door, on-demand bus rides were provided for Littleton residents.

The cost for GCSCC to provide services for Littleton residents in 2024-2025 was \$513,139.76.

Such services can be critical for older adults and adults with disabilities who want to remain in their own homes and out of institutional care in spite of chronic health problems and increasing physical frailty. Doing so saves tax dollars that would otherwise be expended for nursing home care. GCSCC's programs also contribute to a higher quality of life for older friends and neighbors. As our population ages, supportive services such as those offered by GCSCC are becoming even more critical.

GCSCC would very much appreciate Littleton's support for our programs that enhance the independence and dignity of older adults and adults with disabilities. GCSCC enables our community members to meet the challenges of aging, while remaining in the security and comfort of their own communities and homes.

Kathleen Vasconcelos, Executive Director

Grafton County Senior Citizens Council, Inc.

Statistics for the Town of Littleton

July 1, 2024 - June 30, 2025

From July 1, 2024 - June 30, 2025 served 468 Littleton residents (of the 1,973 residents who are over the age of 60, 2025 NH Healthy Aging Data Report)*

The Aging and Disability Resource Center assisted 202 Littleton residents.

<u>Services</u>	<u>Type of Service</u>	<u>Units of Service</u>		<u>Unit Cost</u>	<u>Total Cost Of Service</u>
Nutrition	Meals	34,041	x	\$10.32	351,303.12
Social Services	Contacts	89	x	\$78.10	6,950.90
Aging and Disability Resource Center				\$66.49	
	Contacts	400	x		26,596.00
Activities		2,474	x	\$5.80	14,349.20
Transportation	Rides	4,907	x	\$23.22	113,940.54
Number of Volunteers:		65			
Number of volunteer hours:		5,411			

GCSCC cost to provide services for Littleton residents only	\$513,139.76
Request for Senior Services for 2026	\$35,750.00

NOTE:

1. Unit cost from GCSCC Statement of Revenue and Expenses for July 1, 2024 to June 30, 2025
2. Services were funded by Federal and State programs 56%; Local government appropriations 12%; Client donations 5%; Charitable contributions 17%; Grants and contracts 7%; Other 4%.

*Source: https://healthyagingdatareports.org/wp-content/uploads/2025/04/NHCommunityProfiles/NH_Towncode139_Littleton.pdf