



**GRAFTON COUNTY SENIOR CITIZENS COUNCIL, INC.
REPORT 2020/2021**

Grafton County Senior Citizens Council, Inc. (GCSCC) is a private nonprofit organization that provides programs and services to support the health and well-being of our communities' older citizens as well as adults with disabilities. GCSCC's programs enable community members to remain independent in their own homes and communities for as long as possible.

GCSCC operates eight senior centers (located in Plymouth, Littleton, Canaan, Lebanon, Bristol, Orford, Haverhill and Lincoln) and sponsors the Grafton County ServiceLink Resource Center and RSVP's Volunteer Center. Through GCSCC's network, older adults and their families take part in a range of community-based long-term services including home-delivered meals, community dining programs, transportation, outreach and counseling, chore/home repair services, recreational and educational programs, and volunteer opportunities.

From July 1, 2021 through June 30, 2022 887 older residents of Littleton were served by one or more of GCSCC's programs offered through the Littleton Area Senior Center and 237 were served through ServiceLink.

- Older adults from Littleton enjoyed 37,181 meals prepared by GCSCC.
- Staff completed 1,614 wellness calls with homebound Littleton residents.
- Littleton residents received assistance with problems, crises, or issues of long-term care through 132 visits with a trained outreach worker and 641 contact with ServiceLink.
- Littleton residents participated in 627 health, education, or social activities.
- Residents were transported to medical and other appointments on 2,507 occasions.

The cost to provide GCSCC services for Littleton residents in 2021-22 was \$598,965.23.

Such services can be critical to elderly individuals who want to remain in their own homes and out of institutional care in spite of chronic health problems and increasing physical frailty. By remaining in their homes, residents enjoy a higher quality of life and tax dollars are not expended for nursing home care. As our population grows older, supportive services such as those offered by GCSCC become even more critical. *Littleton's population over age 60 has increased by 57.6% over the past 20 years, according to U.S. Census data from 1990 to 2010.*

GCSCC appreciates Littleton's support for our programs that enhance the independence and dignity of older citizens and enable them to meet the challenges of aging, while remaining in the security and comfort of their own communities and homes.

Kathleen Vasconcelos, Executive Director

Grafton County Senior Citizens Council, Inc.

Statistics for the Town of Littleton

July 1, 2021 - June 30, 2022

During the fiscal year, GCSCC served 887 Littleton residents (of 1,505 residents over 60, 2010 U.S. Census)
ServiceLink assisted 237 Littleton residents.

<u>Services</u>	<u>Type of Service</u>	<u>Units of Service</u>		<u>Unit Cost</u>	<u>Total Cost Of Service</u>
Nutrition	Meals	37,181	x	11.72	435,761.32
Social Services	Contacts	1,746	x	36.92	64,462.32
ServiceLink	Contacts	641	x	36.92	23,665.72
Activities		627	x	15.02	9,417.54
Transportation	Rides	2,507	x	26.19	65,658.33
Number of Volunteers:		59			
Number of volunteer hours:		3,987			

GCSCC cost to provide services for Littleton residents only	\$598,965.23
Request for Senior Services for 2023	\$35,750.00

NOTE:

1. Unit cost from GCSCC Statement of Revenue and Expenses for July 1, 2021 to June 30, 2022
2. Services were funded by Federal and State programs 52%; Local government appropriations 11%; Client donations 4%; Charitable contributions 24%; Grants and contracts 7%; Other 2%.