



**GRAFTON COUNTY SENIOR CITIZENS COUNCIL, INC.  
REPORT 2022/2023**

Grafton County Senior Citizens Council, Inc. (GCSCC) is a private nonprofit organization that provides programs and services that support the health and well-being of our communities' older citizens as well as adults with disabilities. GCSCC's programs enable community members to remain independent in their own homes and communities for as long as possible.

GCSCC operates eight senior centers (located in Bristol, Canaan, Haverhill, Lebanon, Lincoln, Littleton, Orford, and Plymouth) and sponsors the Grafton County ServiceLink Resource Center and RSVP Volunteer Center (an AmeriCorps Seniors project). Through GCSCC's network, older adults and their families take part in a range of community-based long-term services including home-delivered meals, community dining programs, transportation, outreach and counseling, chore/home repair services, recreational and educational programs, and volunteer opportunities.

From July 1, 2022 through June 30, 2023, 1,012 older residents of Littleton were served by one or more of GCSCC's programs offered through the Littleton Regional Senior Center . In addition, 262 residents were served through ServiceLink.

- Older adults from Littleton enjoyed 35,432 meals prepared by GCSCC.
- Littleton residents received assistance with problems, crises, or issues of long-term care through 712 contacts with a trained outreach worker and 775 contacts with ServiceLink.
- Littleton residents participated in 2,446 health, education, or social activities.
- 4,270 door-to-door, on demand bus rides were provided to Littleton residents.

The cost for GCSCC to provide services for Littleton residents in 2022-2023 was \$597,026.13.

Such services can be critical for older adults and adults with disabilities who want to remain in their own homes and out of institutional care in spite of chronic health problems and increasing physical frailty. Doing so saves tax dollars that would otherwise be expended for nursing home care. GCSCC's programs also contribute to a higher quality of life for older friends and neighbors. As our population ages, supportive services such as those offered by GCSCC are becoming even more critical.

GCSCC would very much appreciate Littleton's support for our programs that enhance the independence and dignity of older adults and adults with disabilities. GCSCC enables our community members to meet the challenges of aging, while remaining in the security and comfort of their own communities and homes.

Kathleen Vasconcelos, Executive Director

**Grafton County Senior Citizens Council, Inc.**

Statistics for the Town of Littleton

July 1, 2022 - June 30, 2023

From July 1, 2022 - June 30, 2023 served 1,012 Littleton residents (of 1,649 residents over 60, 2019 Tufts Healthy Aging Report)  
ServiceLink assisted 262 Littleton residents.

<u>Services</u>	<u>Type of Service</u>	<u>Units of Service</u>		<u>Unit Cost</u>	<u>Total Cost Of Service</u>
Nutrition	Meals	35,432	x	\$11.16	395,421.12
Social Services	Contacts	712	x	\$39.17	27,889.04
ServiceLink	Contacts	775	x	\$39.17	30,356.75
Activities		2,446	x	\$15.77	38,573.42
Transportation	Rides	4,270	x	\$24.54	104,785.80

Number of Volunteers: 65  
Number of volunteer hours: 5,558

GCSCC cost to provide services for Littleton residents only	\$597,026.13
Request for Senior Services for 2024	\$35,750.00

**NOTE:**

1. Unit cost from GCSCC Statement of Revenue and Expenses for July 1, 2021 to June 30, 2022
2. Services were funded by Federal and State programs 52%; Local government appropriations 11%; Client donations 4%; Charitable contributions 24%; Grants and contracts 7%; Other 2%.