

# Covid-19 Coronavirus Protocol



## Personal Hygiene



- Ensuring you wash your hands with warm water and soap, scrubbing up to your elbow. You should wash your hands for the amount of time it takes to sing “Happy Birthday” twice, (around 20 seconds)
- Ensure you are using PPE such as gloves, aprons and masks where necessary. Please contact your care co-ordinator should you need more supplied
- Once personal care is done, please use new PPE and dispose properly of any used items

- Please follow all personal hygiene steps above before beginning to prepare clients food or drink
- Surfaces should be cleaned regularly with antibacterial sprays and wipes.
- Cooking equipment should be sterilised in the dishwasher or washed with hot and soapy water.
- The above steps are vital as Corona Virus is not an air born virus and therefore can land on surfaces or equipment if somebody coughs or sneezes

## Food & Drink Preparation



## Household Items



Household items should be wiped with antibacterial wipes/spray multiple times throughout the day to save an spread of contamination. Items example. Remote control, door handles, chairs, mobile phones, bedside tables etc.

Unfortunately the elderly are at higher risk of contracting the virus and we must therefore reduce exposure as much as possible.

**Any questions call 0208 950 2488**

## Going Out

- Do not take your clients out unnecessarily to communal areas
- Should your client have a medical appointment, please call ahead and ask the medical centre if it is vital they attend
- Take anti-bacterial wipes and gel with you on all outings and avoid using public transport unless absolutely necessary.