

## AL- January 18<sup>th</sup>-24<sup>th</sup> 2026

### Sunday, January 18<sup>th</sup>

8:00 Mass

8:30 Breakfast

10:30 Resident choice

12:00 Lunch/Break

2:30 Movie TBA

### Wednesday, January 21<sup>st</sup>

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:30 Human Slot

Machine/Jennifer (Patriot)

12:00 Lunch/break

2:00 Roundtable with Sr. Marie

### Saturday, January 24<sup>th</sup>

8:00 Breakfast

10:30 Talk with Sr. Leora

12:00 Lunch/Break

3:00 Worship Songs W/Sarah  
Kidd (AL Activity Room)

### Monday, January 19<sup>th</sup>

**MARTIN LUTHER KING DAY**

8:00 Breakfast

9:30 Rosary

10:30 Word Game/Kaylen

12:00 Lunch/Break

2:00 Roundtable with Sr. Marie

### Thursday, January 22<sup>nd</sup>

8:00 Breakfast

10:30 Bible study w/Sr. Samia

12:00 Lunch/break

2:30 Bingo With Jack

4:00 Mass

### Tuesday, January 20<sup>th</sup>

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:30 Hand craft w/ Dawn

12:00 Lunch/break

2:30 Bingo

### Friday, January 23<sup>rd</sup>

**Hair Stylist Day**

8:00 Breakfast

9:30 Rosary

10:30 Pamper Nails

12:00 Lunch/Break

2:00 Roundtable with Sr. Marie

"True peace is not merely the  
absence of tension; it is the  
presence of justice." MLK

Martin  
Luther  
King Jr

I Have  
a Dream

