

# AL-July 20<sup>th</sup> – 26<sup>th</sup> 2025

## Sunday, July 20<sup>th</sup>

**HAPPY BIRTHDAY ELLEN**

8:30 Breakfast

10:00 Mass

12:00 Lunch/Break

2:30 Movie: TBA

## Wednesday, July 23<sup>rd</sup>

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:00 Mass

10:30 Bible study w/Sr. Samia

12:00 Lunch/break

**1:00 Outing by bus (Dairy Queen)**

2:00 Roundtable with Sr. Marie

## Saturday, July 26<sup>th</sup>

**HAPPY BIRTHDAY ANN**

8:00 Breakfast

9:30 Rosary

10:30 Talk with Sr. Leora  
(Discover Asia)

12:00 Lunch/break

2:30 Bingo with Mary

## Monday, July 21<sup>st</sup>

8:00 Breakfast

9:30 Rosary

10:00 Mass

10:30 Fun Trivia

12:00 Lunch/Break

2:00 Roundtable with Sr. Marie

## Thursday, July 24<sup>th</sup>

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:00 Craft with Dawn

12:00 Lunch/break

2:30 Bingo with Jack

4:00 Mass

## Tuesday, July 22<sup>nd</sup>

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:00 Mass

10:30 Name that tune with Dan  
Hartman

12:00 Lunch/break

2:30 Bingo with Jack

## Friday, July 25<sup>th</sup>

**Hair Stylist Day**

8:00 Breakfast

9:30 Rosary

10:00 Mass

**10:00 Podiatrist**

12:00 Lunch **Birthday party for Ann**

2:00 Roundtable with Sr. Marie

**Don't burden your soul unnecessarily, don't  
carry the weight of the past; carry the joy  
and hope that you have in your heart, and  
be peaceful from within. Sangeeta rana**

