

AL-September 20th-26th 2026

Sunday, Sept. 20th

8:00 Mass

8:30 Breakfast

10:00 Residents Choice

12:00 Lunch

7:00 Movie

Tuesday, Sept. 22nd

First Day of Autumn!

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:30 Bible Study w/Sr. Samia

12:00 Lunch/break

2:30 Bingo with Jack

Thursday, Sept. 24th

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:30 Autumn Crafts w/Dara from TLC

12:00 Lunch/break

2:00 Bingo with Jack

4:00 Mass

Saturday, Sept. 26th

8:00 Breakfast

12:00 Lunch/break

1:00 Celebrate Peppy's 102nd Birthday in the AL Activity Room!



Monday, Sept. 21st

International Day of Peace

8:00 Breakfast

9:30 Rosary

10:30 Word Games w/ Kaylen

12:00 Lunch/break

2:00 Roundtable with Sr. Marie



Wednesday, Sept. 23rd

8:00 Breakfast

9:00 Physical Activity

9:30 Rosary

10:30 Recreation Games w/Whitney from Expand Health

12:00 Lunch/break

2:00 Roundtable with Sr. Marie

Friday, Sept. 25th

Hair Stylist Day!

8:00 Breakfast

9:30 Rosary

10:30 Manicure & Music

12:00 Lunch/Break

2:00 Roundtable with Sr. Marie



"Every leaf speaks bliss to me,
fluttering from the autumn tree."
-Emily Bronte