

# AL- February 1<sup>st</sup>-7<sup>th</sup> 2026

## Sunday, February 1<sup>st</sup>

8:00 Mass  
8:30 Breakfast  
10:30 Resident choice  
12:00 Lunch/Break  
2:30 Movie TBA

## Wednesday, February 4<sup>th</sup>

8:00 Breakfast  
9:00 Exercise and Yoga  
9:30 Rosary  
**10:30 Bible study w/Sr. Samia**  
12:00 Lunch/break  
2:00 Roundtable with Sr. Marie

## Saturday, February 7<sup>th</sup>

**HAPPY BIRTHDAY CLARA**  
8:00 Breakfast  
**10:30 Craft with Dawn**  
12:00 Lunch/Break  
**2:30 Bingo with Mary**

## Monday, February 2<sup>nd</sup>

8:00 Breakfast  
9:30 Rosary  
**10:30 Pop-up Library**  
12:00 Lunch/Break  
2:00 Roundtable with Sr. Mare

## Thursday, February 5<sup>th</sup>

8:00 Breakfast  
**10:30 Jay Eastman**  
12:00 Lunch/break  
**2:30 Bingo With Jack**  
4:00 Mass



## Tuesday, February 3<sup>rd</sup>

8:00 Breakfast  
9:00 Exercise and Yoga  
9:30 Rosary  
**10:30 Valentine Craft W/Dara**  
12:00 Lunch/break  
**2:30 Bingo**

## Friday, February 6<sup>th</sup>

**Hair Stylist Day**  
8:00 Breakfast  
9:30 Rosary  
**10:30 Pamper Nails**  
12:00 Lunch/Break  
2:00 Roundtable with Sr. Marie

**Love is the only  
force capable of  
transforming an  
enemy into a  
friend.**