



July 7th - 13th 2024-AL



Sunday, July 7th

8:00 Mass
8:30 Breakfast
10:00 Rosary
10:30 Residents' choice
12:00 Lunch/break
2:00 Movie

Wednesday, July 10th

8:00 Breakfast
9:15 Exercise and Yoga
10:00 Rosary
10:30 Bible Study with Sr Samia
12:00 Lunch/break
2:00 Roundtable with Sr. Marie

Saturday, July 13th

10:00 Rosary
10:30 Residents' choice
2:30 Bingo



Monday, July 8th

8:00 Breakfast
10:00 Rosary
10:30 Activity with Chaplain Matt
12:00 Lunch/break
2:00 Roundtable with Sr. Marie

Thursday, July 11th

8:00 Breakfast
10:00 Rosary
10:30 Trivia
12:00 Lunch/break
2:30 Bingo with Jack
4:00 Mass

Tuesday, July 9th

8:00 Breakfast
9:15 Exercise and Yoga
10:30 Massage with Pam
12:00 Lunch/break
2:30 Bingo with Jack

Friday, July 12th

Hair Stylist Day
8:00 Breakfast
10:30 Manicure and Music
12:00 Lunch/Break
2:00 Roundtable with Sr. Marie

"Be the change you wish to see in the world." Mahatma Gandhi

