



March 3rd-9th 2024

Sunday, March 3rd

8:00 MASS

8:30 Breakfast

12:00 Lunch

2:00 Prayer service with pastor
Gary



Wednesday, March 6th

8:00 Breakfast

9:15 Exercise and Yoga

10:00 Rosary

10:30 Bible study with Sr Samia

12:00 Lunch/Break

2:00 Roundtable w/ sr. Marie

Saturday, March 9th

10:00 Rosary

2:30 Bingo with Bella
(Residents' choice)

Monday, March 4th

8:00 Breakfast

10:00 Rosary

10:30 Board Game/Trivia

12:00 Lunch/break

2:00 Roundtable w/ sr. Marie

Thursday, March 7th

8:00 Breakfast

9:15 Exercise and Yoga

10:30 Craft with Dawn Kurelko

12:00 Lunch/Break

1:00 Enjoy Ukulele
player with SVU

2:30 Bingo

4:00 Mass



Tuesday, March 5th

8:00 Breakfast

9:15 Exercise and Yoga

10:30 Fun Art with Dawn from
Health Traditions

12:00 Lunch/break

2:30 pm Bingo with Jack

Friday, March 8th

Hair Stylist Day

8:00 Breakfast

10:30 Manicure & Music

12:00 Lunch/Break

2:00 Roundtable with
Sr. Marie

Two things you are in total control of in life
are your Attitude & your effort.