# AL-August 24th -30th 2025

# Sunday, August 24th

08:00 Mass

8:30 Breakfast

12:00 Lunch/Break

1:00 Pastor Sam

3:00 Melody in the Air/Pianist

Sandy

# Wednesday, August 27th

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:30 Bible study w/Sr. Samia

12:00 Lunch/break

2:00 Roundtable with Sr. Marie

# Saturday, August 30th

Happy Birthday, Joan Ruck

8:00 Breakfast

9:30 Rosary

10:30 Talk with Sr. Leora

12:00 Lunch/break

2:30 Bingo with Mary

#### Monday, August 25th

8:00 Breakfast

9:30 Rosary

10:30 Pop Up Library

12:00 Lunch/Break

2:00 Roundtable with Sr. Marie

## Thursday, August 28th

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:30 Maker Projects/Dawn

12:00 Lunch/break

2:30 Bingo with Jack

4:00 Mass

## Tuesday, August 26th

8:00 Breakfast

9:00 Exercise and Yoga

9:30 Rosary

10:30 The word & us w/Pastor Bill

12:00 Lunch/break

2:30 Bingo with Jack

# Friday, August 29th

## Hair Stylist Day

8:00 Breakfast

9:30 Rosary

10:30 Manicure & Music

12:00 Lunch/Break

2:00 Roundtable with Sr. Marie

4:00 Mass

Avoid saying mean words when you are upset. The anger will pass, but your words can leave scars that last a lifetime.