



## MC-July 5<sup>th</sup>- July 11<sup>th</sup> 2026

### Sunday, July 5<sup>th</sup>

8:00 Mass  
8:30 Breakfast  
10:30 Music & Memories  
12:00 Lunch/break  
2:30 Movie: The King & I  
7:00 Nature and Music

### Tuesday, July 7<sup>th</sup>

8:30 Breakfast  
10:30 Exercise & Yoga  
12:00 Lunch/break  
2:30 Snack/Bingo  
7:00 AGT

### Thursday, July 9<sup>th</sup>

8:30 Breakfast  
10:30 Board Games  
12:00 Lunch/break  
2:30 Snack/Bingo  
4:00 Mass  
7:00 Happy Days

### Saturday, July 11<sup>th</sup>

8:30 Breakfast  
10:30 Rhythm & Relaxation  
12:00 Lunch/break  
2:30 Snack/Coloring  
7:00 The Lawrence Welk Show

### Monday, June 6<sup>th</sup>

8:30 Breakfast  
10:30 Trivia with Sr. Marie  
12:00 Lunch/break  
2:30 Snack/Maggie Guitarist  
(Harmony)  
7:00 Leave it to Beaver

### Wednesday, July 8<sup>th</sup>

Hair Stylist Day  
8:30 Breakfast  
10:30 Roundtable with Sr. Marie  
12:00 Lunch/Break  
2:30 Snack/Manicure & Music  
7:00 Little House on the Prairie

### Friday, July 10<sup>th</sup>

8:30 Breakfast  
10:30 Sing Along with Sr. Mary  
12:00 Lunch/Break  
1:00 Valley Senior Choir  
(Activity Room)  
2:30 Snack/Jody Pianist Patriot  
7:00 The Golden Girls

"Be kind. Stay curious.  
Choose joy. Make a  
difference. We only pass  
through this life once, so  
leave every heart a little  
lighter than you find it."