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First Holy Communion

Funerals, Con Validations

Home Visits, Mass Intentions

OCIA (Order of Christian Initiation)

Adult Catechism (Studying Catholicism)

Sacred Heart Social Media Platforms

You can visit these sites for information, events, prayers, readings and beautiful postings of our parish

www.pahoasacredheart.org

on Instagram at

<https://www.instagram.com/sacredheartpahoa/>

Facebook

/ <https://www.facebook.com/Sacred-Heart-Church-Pahoa-125502825511053/>

Please Kokua

Malama \$5 cards, donations for fuel and oil for lawn equipment, copy paper for bulletin (8 1/2x14), copy paper for administration and committee use, (8 1/2 x 11), non perishable food for pantry and brown grocery bags. and cleaning supplies.



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**** February 8, 2026 * Fifth Sunday in Ordinary Time****



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World Marriage Day is celebrated this year on Feb. 8 to honor husbands and wives as the foundation of the family and to pay tribute to the faithfulness, sacrifice and joy that comes with the daily life of married couples.

MISSION STATEMENT

We, the people of Sacred Heart Parish in Pahoa, Hawaii, strive to be a community of faith. We believe we are called by God to be disciples of Jesus Christ and to be good stewards within the Church and our local communities.

We are called to praise and reverence God, to support one another on our journey of faith, to work for the salvation of our souls, and to labor for peace and justice. By the grace of God and the power of the Holy Spirit, we do this by, communal liturgical worship, faith sharing, ongoing faith formation, stewardship, outreach ministries, and by selflessly giving of our time, talent, and treasure.

SACRED HEART CHURCH

PASTOR: Rev. John Molina

DEACON: Jerome Bettencourt

15-3003 Pahoa Village Road, Pahoa, Hawaii 96778

Rectory (Emergency): 808.769.4238

Office: 808.965.8202 Email: shpahoa@gmail.com

Website: www.pahoasacredheart.org

*+ February 8, 2026 * Fifth Sunday in Ordinary Time+*

5th Sunday of Ordinary Time – Lectionary A (2-08-25)

Deacon Jerome Bettencourt

God has created each of us to shine like a light in the world, shattering the darkness of sin. As we learned in the scripture last Sunday, we cannot do this on our own. God is the source of the light, and we, as God's children, reflect that to the world. Our Scriptures this Sunday explain the nature of this and teach us how to recognize it in ourselves and in others.

The passage from the prophet Isaiah explains that the light of God shines forth when we protect and care for the vulnerable in our midst. The prophet proclaims that when we feed the hungry, shelter the homeless, and clothe the naked, the light of God shines forth from us. This light draws us close to God where we will find ourselves healed sustained and protected. When we show love for one another, the light of God surrounds us and scatters the darkness of this wounded world.

In his first letter to the Corinthians, Paul describes how he came to Corinth not in power and strength and power but in fear and trembling. The apostle did not approach them with his own wisdom and power to persuade. He came to them proclaiming Christ. The message of Jesus and the sacrifice which brought the redemption of the world. Paul did not see himself as a light but chose to reflect the light of Christ. Consequently, he found himself able to demonstrate the power of God's Holy Spirit rather than deliver persuasive word of human wisdom. This reading shows that the light shines forth from us more purely when it is done with faith and humility.

The passage from Matthew's Gospel this Sunday, we hear the parable of the lamp stand. In this story, Jesus proclaims that we are meant to be a light in the world that should not be hidden. As the first two readings today teach us that our light shines when extend the love of God to one another in a spirit of humility, the Gospel passage proclaims that this radiance should not be hidden. Jesus tells us that our light must shine before others, that they may see our good deeds in order to inspire the world to glorify God.

The readings for our celebration this Sunday urge us to draw close to God through acts of charity and care for one another. We are taught that the power of this is found in humility and trust in God's care for us. Finally, we are commanded not to hide our bond to God but let it shine forth in the world. We are urged today to have the generosity to love one another the way God loves us. We are encouraged to foster the humility to allow God's power to shine forth from us rather than rely on our own talents. We are commanded to have the courage to do this openly to demonstrate God's glory. Only in this way can we be a light to shatter the darkness of our wounded world.

*+ February 8, 2026 * Fifth Sunday in Ordinary Time+*

SCRIPTURE READINGS

Sunday, February 8, 2026

Isaiah 58:7-10 Psalm 112:4-9
Corinthians 2:1-5 Matthew 5:13-16

Monday, February 9, 2026

1 Kings 8:1-7, 9-13
Psalm 132:6-10 Mark 6:53-56

Tuesday, February 10, 2026

Saint Scholastica, Virgin
1 Kings 8:22-23, 27-30
Psalm 84:3-5, 10-11 Mark 7:1-13

Wednesday, February 11, 2026

Our Lady of Lourdes
1 Kings 10:1-10
Psalm 37:5-6, 30-31, 39-40
Mark 7:14-23

Thursday, February 12, 2026

1 Kings 11:4-13
Psalm 106:3-4, 35-37, 40
Mark 78:24-30

Friday, February 13, 2026

1 Kings 11:29-32; 12:19
Psalm 81:10-11b, 12-15
Mark 7:31-37

Saturday, February 14, 2026

Saints Cyril, Monk, and Methodious, Bishop
1 Kings 12:26-32, 13:33-34
Psalm 106:6-7, 19-22
Mark 8:1-10

Financials
February 5, 2026

Offertory	\$2,315.00
Candles	235.55
Latin Mass	96.00
My Family Gift	225.00
Ohana in Christ	25.00
HAAS Rent	\$1,876.63
Valentine's Dinner	1,746.00
Food Pantry	500.00
Bldg/Maintenance	33.00
First Collection	30.00
Church in Latin America	10.00
Donation	10.00
TOTAL	\$7,102.18

January Online Giving

\$5,764.00

Mahalo Nui Loa
Online Givers

Diocese of Honolulu Lenten Regulations

Fasting: Ages 18 through 59 are bound to fast on Ash Wednesday and Good Friday.

Abstinence From Meat: Abstaining from meat on Ash Wednesday and Good Friday. Eggs, milk products and seafood are permitted. The penitential character of the abstinence should be kept in mind.

Easter Duty: All the faithful initiated into the Most Holy Eucharist, are bound by obligation to receive Communion at least once a year.

Lenten Practices: All are encouraged to attend daily Mass during Lent, receive Holy Communion, participate in Penance Service and receive sacramental absolution; to be a part of public and private exercises of piety, giving generously to works of religion and charity, perform acts of kindness toward the sick, aged and poor; to practice voluntary self denial, especially regarding food, drink, and worldly amusements; and to pray fervently, particularly for the intentions of the Holy Father.

Blessings of Oils and Consecration of Chrism – March 24, 2026, 5:30PM

St. Joseph Church, Hilo Hi

The Sacred Paschal Triduum: The sacred Paschal Triduum of the Passion and Resurrection of the Lord shines forth as the high point of the entire Liturgical Year.

- a. The Triduum may be viewed as a single liturgical action that occurs over a period of three days.
- b. The Triduum is not part of Lent, but in its entirety, celebrated the Easter Event.
- c. The entire focus of the Triduum is on the Triumph of the Cross and Resurrection.

Paschal Triduum: Holy Thursday – April 2, 2026 – Mass of the Lord's Supper

Good Friday- April 3, 2026 - The Lord's Passion

Easter Vigil -April 4, 2026 Mass of the Resurrection of the Lord

Easter Sunday – April 5, 2026 - The Lord has Risen

SACRED HEART CHURCH – PĀHOA FEBRUARY

February 07/08:

**FIFTH SUNDAY IN ORDINARY TIME
SUNDAY OF PRAYER FOR THE SICK**

Sacrament of the Anointing of the Sick

Saturday: 4:00 pm – 5:30 pm

Sunday: 7:30 am - 10:00 am

Feb 09 & 11: 11:00 am – Feb 12 – 13: 8:00 am – Feb 14: 8:30 am

**February 14/15: SIXTH SUNDAY IN ORDINARY
TIME
CANA SUNDAY**

Saturday: 4:00 pm – 5:30 pm

Sunday: 7:30 am - 10:00 am

February 16: 11:00 am

**February 18: ASH WEDNESDAY
DAY OF FASTING AND ABSTINENCE
8:30 am – 12:30 pm TLM – 6:00 pm**

February 19 – 20: 8:00 am – February 21: 8:30

February 21, 2026

*Rite of Election with the Bishop
St Joseph Church – Hilo: 5:00pm*

Pray for Healing

Charla Irvine * Alfred Micallef
Mike & Jan Malinowski
Peter Vana II * Makai Vana
Edward Micallef + Darlyne Fujimoto
Sarah Marie * June Kropfelder
Brandon Correa * Felicia Hanohano
Patrick Eastman * Wenny Davis
Tim Weimer
Leslie DeRego * Melinda La Caille
Debe Brandenburger * Roseanne Leiner
Cynthia Maguire * Emily Souza

Pope Leo's February's Intention For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Fifth Sunday in Ordinary Time

In the first reading, Isaiah urges us in the name of the Lord to feed the hungry, shelter the homeless and clothe the naked. If we do so, he assures us, the Lord will hear and answer *our* cries for help in time of need.



Second Collection February 7th & 8

We kindly ask you to support the Augustine Educational Foundation Second Collection.

Make Student Smile Give the Gift of Catholic Education

Your gift will support Catholic education in Hawaii. Money raised by **SACRED HEART PAHOA** will assist in providing scholarships in our parish and vicariate community.

For the 2025-2026 school year, the Augustine Educational Foundation funded \$1.7M through our tuition scholarship programs and \$28,550 in grants for school programs.

Strengthen *Faith*,
Support *Catholic Education*,
Make a Student *Smile*.

Donate www.augustinefoundation.org/donate

Mahalo for your continued support!

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Being Mindful

- 1. Don't wait to be happy.** The perfect moment will never come. Make the most of the one you're in.
- 2. Health is everything.** You'll only realize it when it starts to fade. Cherish and protect it now.
- 3. Time doesn't come back.** Spend it with people who make your soul feel light.
- 4. Call your parents.** One day, you'll reach for the phone... and wish you could.
- 5. Say "I love you" more.** Don't let ego hold back what your heart wants to say.
- 6. Memories > Money.** No one remembers the car you drove—just the laughter you shared.
- 7. Let go of grudges.** You're not punishing them... you're only hurting yourself.
- 8. Stop waiting.** Start that dream, take that trip, hug that person. Life doesn't pause.
- 9. People forget words.** But they never forget how you made them feel.
- 10. You're never too old.** To love again. To start over. To change. To grow.