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**SACRAMENTS, MINISTRIES
&
SERVICES**

Contact Church Office for Details

- Annulments, Baptisms
- Blessings, Confirmation
- First Holy Communion
- Funerals, Con Validations
- Home Visits, Mass Intentions
- OCIA (Order of Christian Initiation)
- Adult Catechism (Studying Catholicism)

Sacred Heart Social Media Platforms

You can visit these sites for information, events, prayers, readings and beautiful postings of our parish

www.pahoasacredheart.org
on Instagram at
<https://www.instagram.com/sacredheartpahoia/>
Facebook
<https://www.facebook.com/Sacred-Heart-Church-Pahoia-125502825511053/>

Please Kokua

Malama \$5 cards, donations for fuel and oil for lawn equipment, copy paper for bulletin (8 1/2x14), copy paper for administration and committee use, (8 1/2 x 11), non perishable food for pantry and brown grocery bags. and cleaning supplies.

God Bless Us



PANILOLO
BBQ DINNER

Weekly sunset dinner with prime rib BBQ Buffet, live country music, dancing and other activities.

Ted Aughe
808.430.6113
www.paniolobbqdinner.com

+* July 5, 2026 * 14th Sunday on Ordinary Time*+



EPIC Ministry

A gathering of young adults met on June 26, 2026 in the Avery Hall. These young adults are from our East Vicariate. They opened with a prayer, discussed the upcoming bicentennial event representing Sacred Heart. Did a paint and sip mocktails with Craig Habab. This sip and paint Epic gathering was in honor of Sacred Heart month.

MISSION STATEMENT

We, the people of Sacred Heart Parish in Pahoia, Hawaii, strive to be a community of faith. We believe we are called by God to be disciples of Jesus Christ and to be good stewards within the Church and our local communities.

We are called to praise and reverence God, to support one another on our journey of faith, to work for the salvation of our souls, and to labor for peace and justice. By the grace of God and the power of the Holy Spirit, we do this by, communal liturgical worship, faith sharing, ongoing faith formation, stewardship, outreach ministries, and by selflessly giving of our time, talent, and treasure.

SACRED HEART CHURCH
PASTOR: Rev. John Molina
DEACON: Jerome Bettencourt

15-3003 Pahoia Village Road, Pahoia, Hawaii 96778
Rectory (Emergency): 808.769.4238
Office: 808.965.8202 Email: shpahoia@gmail.com
Website: www.pahoasacredheart.org

+* **July 5, 2026 * 14th Sunday on Ordinary Time***+

14th Sunday of Ordinary Time – Lectionary A (7-05-26)

Deacon Jerome Bettencourt

We often find ourselves with internal conflict when two or more of our ideas, desires, or aspirations contradict each other. This conflict can be resolved when we have access to all the realities of the situation and the options involved. Jesus Christ is the incarnation of God on Earth. In this capacity, He reveals the truth of this life. When the light of truth shines in our hearts, interior conflict evaporates. In this way, our relationship with Christ can heal the internal struggles which plague us. This is the theme for today's scriptures. Our first reading is taken from the Book of the Zechariah, a post exile prophet, who spoke of the rebuilding of Israel after the return from Babylon. Today's passage presents an alternative vision of the Messiah as a prince of peace. In the other prophetic traditions, the Messiah is portrayed as a military commander who will defeat the enemies of Israel and return the nation to its former glory. In the time Jesus walked the earth, this view of the Messiah caused many to reject Him and even led some to conspire to have Jesus executed by the Romans. Zechariah presents a vision of the Messiah as a meek and humble man who will, upon his arrival, end all conflict in Israel and bring peace to the nation. One of the consequences of God entering our lives is the dissolution of all interior conflict. Hence, this portrayal of the Messiah reflects a savior who brings God back to the people rather than a soldier whom brings freedom to a nation. In the next passage from Paul's Letter to the Romans, the apostle explains the internal conflict between the flesh and the spirit. The flesh represents the limited perspective stem in from the physical and emotional aspects of the Human condition. These are the desires and distractions which bind us to this world. On the other hand, the spirit signifies a new set of aspirations, accessible to us through relationship with Jesus. Paul teaches that these two viewpoints are often in conflict and argues that the spirit is a superior purveyor of truth. In this explanation, the apostle presents Jesus as a liberator. Jesus frees us from being slaves to a very narrow understanding of life, allowing us access to the truth, which alters our aspirations and ultimately leads us to eternal life in heaven. For Paul, once the truth is revealed, the choice is clear. In this way, Jesus puts an end to all interior conflict by casting a light on our human lives. Today's reading from Matthew's Gospel also depicts Jesus as a conveyor of peace. At the beginning of the passage, Jesus praises God for revealing to His little band of disciples the truth about His identity. Jesus attributes to God the understanding the disciples possess. The Father has revealed to these disciples the truth, thus making it possible for them to follow Jesus and be saved. In the second half of the passage, Jesus describes the consequences of accepting this truth. He promises that who follow him will find rest. He declares that they will find his yoke easy and his burden light. When one sees the truth, the conflict is resolved. You know what you must do, and all that is left to do is act. The scriptures for this Sunday teach us how Jesus can become the "Prince of Peace" within our hearts. All we need to do is draw close to him, accept the truth and have the courage to act on it.

+* **July 5 2026 * 14th Sunday on Ordinary Time***+

SCRIPTURE READINGS

Sunday, July 5, 2026

Zechariah 9:9-10

Psalm 145:1-2, 8-11, 13-14

Roman 8:9, 11-13, Matthew 11:25-30

Monday, July 6, 2026

Saint Maria Goretti, Virgin, Martyr

Hosea 2:16, 17c-18, 21-22

Psalm 145:2-9 Matthew 9:18-26

Tuesday, July 7, 2026

Hosea 8:4-7, 11-13

Psalm 115:3-7b, 8-10,

Matthew 9:32-38

Wednesday, July 8, 2026

Hosea 10:1-3, 7-8, 12

Psalm 105:2-7 Matthew 10:1-7

Thursday, July 9, 2026

Hosea 11:1-4, 8e-9

Psalm 80:2ac, 2b, 3b, 15-16

Matthew 10:7-15

Friday, July 10, 2026

Hosea 14:2-10,

Psalm 51:3-4, 8-9, 12-14, 17

Matthew 10:16-23

Saturday, July 11, 2026

Saint Benedict, Abbot

Isaiah 6:1-8

Psalm 93:1-2, 5

Matthew 10:24-33

Financials

June 29, 2026

Offertory	\$1,725.00
Candles	49.00
Father's Day	10.00
Baptism	100.00
Building and Maintenance	4,000.00
Auction	735.00
Mass Intention	65.00
Father's Day	10.00

TOTAL **\$6,794.33**

June Online Giving

\$4,434.00



Faith Formation Registrations Forms for School Year 2026-2027

Will be available On July 5,
Please see Faith Formation team members.
Registration forms will also be available at church office.

Important Faith Formation Information

Meet and Greet: August 8th after 5:30pm mass

First Faith Formation Class:
August 16, 2026, after 10:00am Mass
11:00am-12:15pm at Avery Hall

Catechetical Sunday:
September 20 at 10:00am Mass

Deadline to Register:
December 13, 2026

Please see Maila Naiga or talk to Sharen Chaves for more information.



EPIC = Ever Present In Christ

This is the meaning behind our name and the foundation of our identity as a ministry. That is who we want to be as young adults and as a community.

In Summary

EPIC Ministry empowers young adults to follow Christ through spiritual, social, and service paths. Rooted in the Catholic faith and supported by the Diocese of Honolulu, EPIC is the largest and most active young adult ministry network in Hawai'i, with thriving chapters on O'ahu, Maui, and Hawai'i Island. Our mission is to help young adults deepen their faith, form authentic community, and live out discipleship through meaningful service. What sets EPIC apart is our commitment to excellence in ministry and our community-driven approach; creating spaces where young adults can grow together in faith and leadership.

The History

EPIC Ministry was officially established in 2013 by Kainoa Fukumoto. Which evolved from the former Our Lady of Sorrows young adult ministry in Wahiawa and adopted its official new name and purpose. In 2016, EPIC Ministry officially incorporated as a nonprofit organization, strengthening its long term stability and mission impact. In 2018, Bishop Larry Silva endorsed EPIC Ministry as part of his Roadmap to Witness Jesus initiative.

Who is EPIC Ministry for: EPIC is for young adults ages 18 to 39

This includes every stage of young adult life for example

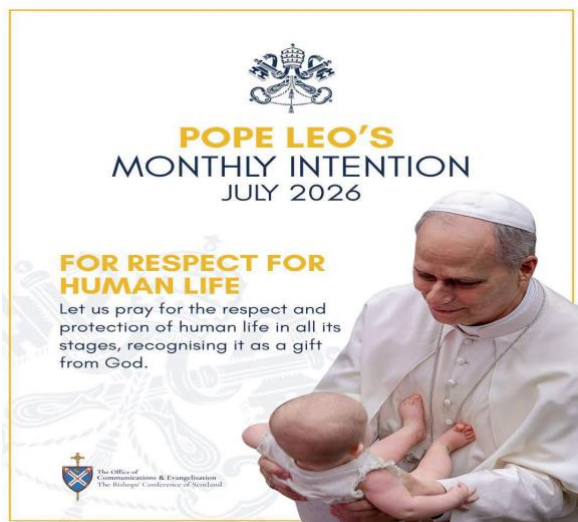
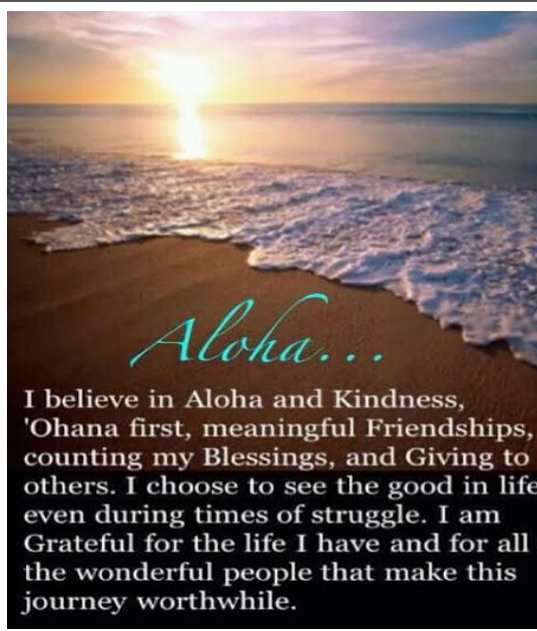
- Fresh out of high school and entering college
- College students and young professionals in the workforce
- Young adults who are single or dating
- Married young adults, with or without children
- Single parents who are raising children on their own

- In short, if you are 18 to 39 and looking for faith, friendship, or community, **EPIC** is for you.

+* July 5, 2026 * 14th Sunday on Ordinary Time*+

Pray for Healing

- Charla Irvine * Alfred Micallef
- Mike & Jan Malinowski
- Peter Vana II * Makai Vana
- Edward Micallef + Darlyne Fujimoto
- Sarah Marie * June Kropfelder
- Brandon Correa * Felicia Hanohano
- Patrick Eastman * Wenny Davis
- Tim Weimer * Jim Handy
- Leslie DeRego * Melinda La Caille
- Debe Brandenburger * Roseanne Leiner
- Cynthia Maguire * Emily Souza



Fourteenth Sunday in Ordinary Time

“Let all your works give You thanks, O Lord, and let Your faithful ones bless You,” says the psalmist. Stewardship is this “attitude of gratitude” for the many gifts God has given us.

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July 4/5 14th Sunday in Ordinary Time

**Sat: 4:00p.m. – 5:30p.m.
Sun: 7:30a.m. – 10:00a.m.**

July 6 & 8: 11:00a.m.

July 9 (NO Morning Holy Mass)

OUR LADY OF PEACE, Principal Patroness of the Diocese of Honolulu

**ST JOSEPH CHURCH - HILO
HOLY MASS IN OPENING**

**THE 200TH ANNIVERSARY CELEBRATION
OF THE ARRIVAL OF THE FIRST CATHOLIC
MISSIONARIESTO HAWAI‘I
6:00 PM**

July 10: 8:00a.m. - July 11: 8:30a.m.

July 12 St Maria Goretti & St Aloysius Gonzaga

**July 11/12 15th Sunday in Ordinary Time
YOUTH MINISTRY SUNDAY**

Sat: 4:00p.m. – 5:30p.m Sun: 7:30a.m. – 10:00a.m.

July 13 & 15 11:00a.m.

**July 16 – Thursday – Our Lady of Mt Carmel
10:00 AM**

**THANKSGIVING MASS OF
CANON TOAN “TOMMY” NGUYEN, ICRSS
... POTLUCK FOLLOWS ...**

July 17: 8:00a.m. – July 18: 8:30a.m.

July 18/19 16th Sunday in Ordinary Time

+* July 5, 2026 * 14th Sunday on Ordinary Time*+

**200TH ANNIVERSARY
OF THE ARRIVAL OF THE
CATHOLIC MISSIONARIES IN HAWAI'I**



**EAST HAWAI'I VICARIATE
KICK-OFF HOLY MASS**

**JULY 9, 2026
"FEAST OF OUR LADY OF PEACE"
ST JOSEPH CHURCH – HILO
6:00 PM**

COME! LET US THANK THE LORD!

+* July 5, 2026 * 14th Sunday on Ordinary Time*+

**Diocesan Prayer for
the 200th Anniversary of Catholicism in Hawai'i**

Heavenly Father,

With grateful hearts, we praise and thank You for two hundred years of Catholic faith in these Hawaiian Islands.

We remember with deep gratitude the courageous pioneers of the Gospel:

the missionaries of the Congregation of the Sacred Hearts of Jesus and Mary, who crossed oceans; the Native Hawaiian faithful who embraced Christ; the clergy, religious, and lay leaders who planted, nurtured, and strengthened Your Church throughout the generations.

Bless all those who have gone before us, marked with the sign of faith.

May their witness continue to inspire us to live as faithful disciples of Your Son.

We thank You for the Church of today, whose members continue the mission of proclaiming the Good News through prayer, service, and love.

Renew us in faith, strengthen us in hope, and unite us in charity, that we may be living witnesses of Your presence in our islands.

As we look to the future, pour out Your Holy Spirit upon the generations yet to come. Raise up holy vocations to the priesthood, diaconate, consecrated life, and married life. Guide our young people to know and follow Your will.

Grant that the faith handed down to us may flourish in every heart and every home.

Through the intercession of the Blessed Virgin Mary, Our Lady, Queen of Peace, Saint Damien of Moloka'i, Saint Marianne Cope, and all the holy men and women who have served the Church in Hawai'i, lead us ever closer to Your Son, Jesus Christ. May the next century of faith be marked by holiness, missionary zeal, and steadfast love, so that all people may come to know and glorify You. We ask this through Christ our Lord.