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SACRAMENTS, MINISTRIES & SERVICES

Contact Church Office for Details

- Annulments
- Baptisms
- Blessings
- Confirmation
- First Holy Communion
- Funerals
- Hall Use
- Home Visits
- Mass Intentions
- RCIA (Rites of Initiation)
- Adult Catechism (Studying Catholicism)
- Reconciliation
- Religious Education
- Weddings
- Youth



RETURN to the LORD YOUR GOD

THE FORTY DAYS of LENT

SACRED HEART PARISH – PAHOA
ADMINISTRATOR: Rev. John Molina

Holy Eucharist/Mass Schedule:
Weekdays: Monday, Wednesday – Saturday, 8:00am
Vigil Mass: Saturday, 5:00pm
Sunday: 7:00am, 9:00am & 11:00am

Church Office Hours:
 Mon, Tue, Thurs. 7:00am – 3:00pm
 Weds. & Fri. 7:00am – 12:00pm
 Confessions: 1st. Fri & before Masses

15-3003 Pahoa Village Road, Pahoa, Hawaii 96778
 Rectory (Emergency): 808.731-6115 • Office: 808.965-8202 • Fax: 808.965.5144
 Email: shpahoa@gmail.com
 website: www.pahoasacredheart.org



LIVING THE WORD

A Reflection on Sunday's Readings

Gn 12:1-4a Ps 33:4-5,18-19, 20, 22 2Tm 1:8b-10 Mt 17:1-9

Last Sunday we heard of Jesus being tempted by Satan in the wilderness. Today's gospel recounts the apocalyptic vision of Peter, James and John who see Jesus' glorious transfiguration on a high mountain. As this occurs, the three of them hear a voice saying the very same words heard at Jesus' baptism: "This is my beloved son, with whom I am well pleased." but added to this they also hear: "Listen to him." The three are so frightened they fall to the ground. Jesus is right beside them reassuringly saying "Rise, and do not be afraid."

Lent is a time of facing desert temptations and mountainous fears. As Paul says in the second reading: "Bear your share of hardship for the gospel with strength that comes from God." We do this by listening to and learning from Jesus. This is how we can bravely walk with him to the cross and follow him into the life and spirit giving resurrection. This is the ultimate end to which we have each been called.

Take a few moments of silence to reflect on how through Lenten alms giving, fasting and prayer you can listen to and more closely follow Jesus on the kingdom road to holiness.

MISSION STATEMENT

We, the people of Sacred Heart Parish in Pahoia Hawaii, strive to be a community of faith. We believe we are called by God to be disciples of Jesus Christ and to be good stewards within the Church and our local communities. We are called to praise and reverence God, to support one another on our journey of faith, to work for the salvation of our souls, and to labor for peace and justice. By the grace of God and the power of the Holy Spirit, we do this by communal liturgical worship, faith sharing, ongoing faith formation, stewardship, outreach ministries, and by selflessly giving of our time, talent and treasure.

COMMISSION ON WORSHIP & LITURGY

**March 14th & 15th
Lectors**

5:00 pm Sharen Chaves
Bill Cesaletti

7:00 am Ed Hoffman
Dee Adkins

9:00 am Youth Ministry

11:00 am Mike Malinowski
Jan Malinowski

Extraordinary Ministers of Holy Communion

**DUE TO THE
FLU OUTBREAK,
THE BLOOD OF CHRIST
WILL NOT BE SERVED.**

CHURCH CLEANERS Saturday, March 14th

Liz Morgan, Gabby Guzman,
Carolyn Gribi,
Susan O'Shaughnessy

MONEY COUNTERS Monday, March 9th

Emily Souza
Rosie Camero

Financial Report March 1, 2020

Offertory	\$2,703.51
Candles	\$68.75
Ash Wednesday	\$1,083.10
Building & Maintenance	\$20.00
Mass Intentions	\$130.00
Funeral	\$500.00
Donation	\$44.37
Thanksgiving	<u>\$30.00</u>
TOTAL:	\$4,579.73



Sunday, March 8th

Daniel 9:4b-10
Psalm 79:8-9, 11, 13
Luke 6:36-38

Monday, March 9th

Isaiah 1:10, 16-20
Psalm 0:8-9, 16bc-17, 21, 23
Matthew 23:1-12

Tuesday, March 10th

Jeremiah 18:18-20
Psalm 31:5-6, 14-16
Matthew 20:17-28

Wednesday, March 11th

Jeremiah 17:5-10
Psalm 1:1-4, 6
Luke 16:19-31

Thursday, March 12th

Genesis 37:3-4, 12-13a, 17b-28a
Psalm 105:16-21
Matthew 21:33-43, 45-46

Friday, March 13th

Micah 7:14-15, 18-20
Psalm 103:1-4, 9-12
Luke 15:1-3, 11-32

Saturday, March 14 th

Exodus 17:3-7
Psalm 95:1-2, 6-9
Romans 5:1-2, 5-8
John 4:5-42 or 4:5-15, 19b-26,
39a, 40-42

Pray for Healing

***Pope Francis**

- * Shirley & Steve Torres *
- * Ben Beltran * Alfred Micallef
- * Jan Malinowski * Charla Irvine
- * Billy Kenoi * Sarah Marie
- * Anwar Payne * Tom Kutcher
- * Fr. Alapaki Kim * Gifara Alsahouri
- * Alicia Galvan * Joseph Kealoha
- * Maile Palacat * Gary Draper
- * Nyah Lacro * Odysseys Tafuna
- * Tommie Higgins * Kathleen Matsuda
- * Peter Vana, II * Edward Micallef



Corazon Vizzone

Francisco Domingo

PRAYER OF DELIVERANCE

God our Father, / You never put to shame those who put their trust in You alone! / We now come to You in our need / to ask Your protection against the 2019 Novel Corona Virus / that has claimed lives and has affected many.//

We pray for Your grace that medical experts may find the cure and solution of this epidemic./ Guide the hands and minds of those who minister to the sick and deliver them from being contaminated. / Give consolation to those afflicted./ Restore to health those who are infected./ Grant us the grace to work for the good of all / and to help those in need.//
Through Christ our Lord. Amen.

Most Sacred Heart of Jesus: *Have mercy on us.*

Mary, Health of the Sick: *Pray for us*

St Damien and St Maryanne: *Pray for us.*



By: Anna Manalo

Please come and join the Youth/YA ministry on Friday's at 4pm for the Outdoor stations of the cross. Thank you!!!!

FOR OUR COUNTRY THOSE SERVING

- Atlas Likeche, USMC Recruit San Diego,
- Glenn Eugene V. De Corpuz, USARMY Recruiting Officer, Fort Leonard Wood, Missouri
- Staff Sgt. Richard Ramos Inocelda, US ARMY Wheeler Army Airfield, Hawaii
- Staff Sgt. Victoria Haley, USAF
- Corporal Eugene Ganiron, USMC
- Justin R. Pola, Hawaii National Guard, Private First Class
- USMC PFC Regie Tadeo, Camp Pendleton, San Diego CA
- Chief Petty Officer, Henry Rodriguez, USS Scranton, Washington
- Petty Officer 3rd Class, Bryan Kawika Richards, Navy Fort Gordon, Georgia
- Petty Officer 2nd Class, Jason Kanoa Richards, Coast Guard, Pearl Harbor, Hawaii
- Staff Sgt. Bryan Ramos Miguel, US ARMY, Schofield Barracks, Hawaii
- MSgt. Matthew Malinowski, HI Army Nat. Guard
- USMC Sgt. Anthony Briski, Kaneohe, HI
- USMC John Briski-Tamura, Okinawa, Japan
- USN, Daniel John Briski, Navy Nuclear School, Goosecreek, SC

May God watch over them, and protect them, and return them safe and sound to their families.

If you have or know of someone in the military service, please call Church office 9658202, to include their names in our prayers. Mahalo.

POPE FRANCIS PRAYER INTENTIONS

Catholics in China

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

WISH LIST

- 300lbs of rice for March's food distribution
- Capri Sun or Kool Aid packet juices, 20 cases of 10 in a case
- Malama gas cards

Please drop them off at Church office.
Mahalo!

STEWARDSHIP

“Bear your share of the hardship for the Gospel,” St. Paul tells Timothy in today’s second reading. What sacrifice is asked of me for the sake of the Gospel? How willing am I to bear my share?

see 2 Timothy 1:8b

WEEKLY CALENDAR

Monday, March 9th *St. Frances of Rome*

8:00am Holy Mass

Tuesday, March 10th

8:00am **NO MASS**

Wednesday, March 11th

8:00am Holy Mass/Church

Thursday, March 12th

8:00am Holy Mass/Church
7:00pm Community Sacrament of Confession with Fr. Mike Scully

Friday, March 13th

8:00am Holy Mass/Church
7:00pm Community Way of the Cross

Saturday, March 14th

8:00am Holy Mass/Church
5:00pm *Sunday Vigil of the Third Sunday Of Great Lenten Season*

Sunday, March 15th

Third Sunday of the Great Season of Lent

7:00am Holy Mass/Church

9:00am Holy Mass/Church

11:00am Holy Mass/Church

PARISH REGISTRATION

Please complete and return to church office if you

____are new to the parish

____change in phone number

____have a new address

____need Offertory Envelopes

____want to volunteer for any particular ministry

(Please list below)

Name: _____

Phone#: _____

Mailing Address: _____

Physical

Address: _____

Email: _____

(If you have moved and/or have a new phone numbers, please update your information with church office 965.8202 or shpahoa@gmail.com)

OR

mail to: 15-3003 Pahoia Village Rd., Pahoia, HI 96778

OR

Register on our website
www.pahoasacredheart.org

1,000lbs. of Food for Lent

By: Bernice Walker

As part of our Lenten journey, to giving alms, we are embarking once again in our 1,000lbs. of food for Lent. So far, we have collected 200 lbs. in the first week, with 800 lbs. to fulfill by the end of the month.

Each week, we shall announce how well we are doing. This collected donation will help to supplement our Food Pantry with much needed food. Mahalo for your support.



THANK YOU, GEORGE

By: Bernice Walker

Thank you, George Salazar, for your dedication and commitment to do our Lord's work. George spent days on the meditation trail in all weather conditions weeding, trimming, hauling away rubbish.

He does all this on his free will and love of his parish.

St. Joseph Church Hilo

Faith Formation

“Our Lenten Journey with Jesus”

Speaker: Father Apolinario Ty, SSS

Pastor of St. Joseph Hilo

Prepare for the 40 days of Lent.

Pray, reflect, use the scripture, etc.

Come to learn and prepare ourselves and families for the Season.

Monday, March 9, 2020

6:00 pm in the Church

Simple snack at 5:15 pm

RSVP to C. Miyashiro or R. Balsis, 935-1465



Please RSVP to Charlene Miyashiro or Remy Balsis by calling 935-1465

Office of Worship

Diocese of Honolulu

Memorandum

TO: Clergy and all Parishes

FROM: Deacon Modesto Cordero, Director
Office of Worship

DATE: March 3, 2020

RE: Cold and flu season and the **COVID-19** (Coronavirus outbreak) **Update**

This is an update MEMO to the prior January 31, 2020 "Cold and Flu season and the Coronavirus outbreak" MEMO issued by my office.

As we continue to receive news and reports of the spreading of COVID-19 (coronavirus) around the world and on our nation, concerns and request for guidance among the faithful in our parishes is increasing. We are aware that many of you have already taken proper steps to maintain the calm among our parishioners and have in place preventive measures to avoid the potential spread of the virus in our parishes and diocese. Many dioceses around the nation have also taken proper steps to keep and foster a safe worship environment.

In our diocese we haven't set specific restrictions to the normal pattern for the Order of Mass or Holy Communion. However, we continue to remind each pastor that local pastoral discretion and care should be practiced as necessary. The following are some measures we can all take to assist with keeping the spreading of the virus:

1. Temporary suspension of the distribution of the Precious Blood to the congregation. However, if you have individuals in your parish who have Celiac disease and can only receive Communion from the cup, a simple means of allowing them to receive from the cup should be planned.
2. The faithful should be encouraged (though not mandated) to receive Communion in their hands, and not on their tongue.
3. Also encourage the faithful to not hold hands during the reciting of the Our Father.
4. For the rite of peace, ask your parishioners to offer each other a smile or a bow of the head, or to simply say the words "**Peace be with you**" during the exchange of peace.
5. Maintain clean, fresh holy water and holy water fonts and/or empty the holy water containers at the church door.
6. Priests, deacons, and extraordinary ministers of Holy Communion should wash their hands before Mass begins and after distributing Holy Communion to the faithful.

Chancery Office • 1184 Bishop Street, Honolulu, Hawaii 96813 • Office (808) 585-3342 Fax (808) 521-8428

Continued...

7. Check and fill hand-soap dispensers in all of the restrooms of the church. You might also place a large dispenser of hand sanitizer in your church vestibule.
8. Frequently sanitize those surfaces in the church that are touched frequently.

It is important to continue reminding the faithful that the obligation to attend Sunday Mass does not apply to those who are ill, especially those who suffer from a contagious disease. It is a sign of consideration for themselves and others that those with flu-like symptoms remain at home.

Below are examples of prayers of the faithful you can add to your Lenten liturgies. Please feel free to contact me at the Office of Worship, 808-585-3342 or email at mcordero@rcchawaii.org should you have any questions.

Lenten Blessings!

Prayers of the Faithful at Mass

- For those who are suffering in the current outbreak of sickness that they might be healed, and for the happy repose of all who have died from this sickness in recent weeks; let us pray to the Lord
- For scientists, health professionals, public officials, and all who are serving the common good in this difficult and uncertain time, that they will be filled with wisdom and understanding; let us pray to the Lord
- That in times of illness our merciful and loving Father will strengthen our faith and trust in his goodness and divine providence; let us pray to the Lord
- That our compassionate Father would touch all affected by the current outbreak with healing and peace; let us pray to the Lord

HOW TO MAKE HAND SANITIZER AT HOME

Full credit: Grant Butler/The Oregonian/Oregon Live

2/3 cup Isopropyl alcohol 91% (rubbing alcohol)

*1/3 cup Aloe Vera gel

*8-10 drops Essential oil in your choice of fragrance (optional)

In a mixing bowl, stir Isopropyl alcohol and aloe vera gel together until well blended. Add a few drops of scented essential oil (optional) of your choice.

Pour the homemade hand sanitizer into an empty container and seal.

*Recipe was tested by Liz Morgan and here are her remarks: "I added a few more globs of the aloe vera gel to make the sanitizer a little thicker. I recommend to shake container before use. Also, if you want to use essential oil, I recommend 2-4 drops for a mild scent."

More on the Coronavirus on our website at www.pahoasacredheart.org