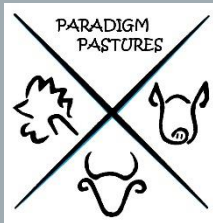


CHICKEN TENDER TIMES

JUNE 2021 Iss. 12

Greetings from Paradigm Pastures, and welcome to our monthly newsletter. We have been rocking and rolling in our efforts to practice humane animal husbandry in raising pastured poultry!



What's been going on:

Hello again, friends, and what busy summer it has been! We've now processed 3 batches of meat birds, and we've been doing it as a 2-person show. We've worked out even more kinks in our processing line, and we've been able to do 50 birds from crate to freezer in around 5 hours with just the 2 of us. This is a huge improvement over the first batch we did over 2 years ago. It took 3 of us right around 10 hours to do 25 birds...it was a long day to say the least! We are still working with One Farm in Logan, IA to sell the birds, and we've started setting up a table at the Farmer's Market in Underwood, IA on Monday evenings as well. We have added several more local customers, and we've earned a few more return customers. The feedback has been phenomenal, and it is so great to hear how much people are enjoying our chicken. The egg layers are happy as can be, but we still haven't seen any eggs from the young layers. We anticipated late July to early August to see some eggs from them. We aren't there yet, but we are getting very excited (or would that be egg-cited) for them to start producing as well. The garden has been producing for the past few weeks, and we are bulging at the seams with cucumbers, lettuce, kale, okra, beans, onions, and potatoes. Soon we will have tomatoes, sweet potatoes, strawberries, cabbage, peppers, and pears. We have had to start canning, freezing, and dehydrating early so we don't let anything spoil. Anything we don't eat, though, the animals take care of! We recently rendered 8lbs of pork fat down to lard, and the cracklins leftover went to the dogs and the chickens. They were in heaven! Protein and natural fats are a necessity for chickens. As chicks, we start them on mealworms for protein. This also helps teach them how to forage. By the time they hit the grass, they scritch-scratch every chance they can and love finding bugs in the pasture. Hope you are having a wonderful summer so far, and thank you for your support 😊



WHAT'S THE BUZZ?



The bees are thriving. After a rough winter trying to get the survivors of Polar Vortex 2020 to get back in good condition, they are showing some strength. I had to reduce the hive down to one box to allow them to get their numbers up without having more room than they could maintain. In addition, 2 of the new hives grew enough to add honey supers on them. They are working to fill them, and we should have honey by late summer (fingers crossed). There still won't be tons, but keep an eye on the website for what we get!



Check out the following updates to our website at:

New Recipes

- Carrot Ginger Dressing
- Tortellini Salad
- Pork Lumpia Dumplings

We recently put in our order for **Thanksgiving turkey poualts!** We will process them Nov 19th (the weekend before Thanksgiving). We will have a *limited number* available, so put your pre-order in now on our website:

<http://www.paradigmpastures.com>

We also have chicken, t-shirts, sweatshirts, and eggs currently available for purchase.