



Five + 1/2 Pillars Approach to Atopic Dermatitis

Effectiveness * -> *****
Side effect profile x -> XXXX

1. Symptomatic drugs

- Corticosteroids Tablets **** XXXX Spray *** XX
- Cyclosporine **** X
- Antihistamines * X cetirizine fexofenadine

2. Allergen specific immunotherapy “Desensitization” *** X

3. Infection control ** - *** X

4. Skin hydration and barrier repair. Moisturizing ** - ***

5. Control other allergies (diet , fleas) ** - ***

5&1/2.

- Essential fatty acid therapy *-**
- Allergen avoidance * (if possible)

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Your plan

Diagnostic

Symptomatic

Infection control

Barrier repair

Immunotherapy

Other

Next Appointment: