

# Abbreviated prednisolone based food allergy protocol for dogs

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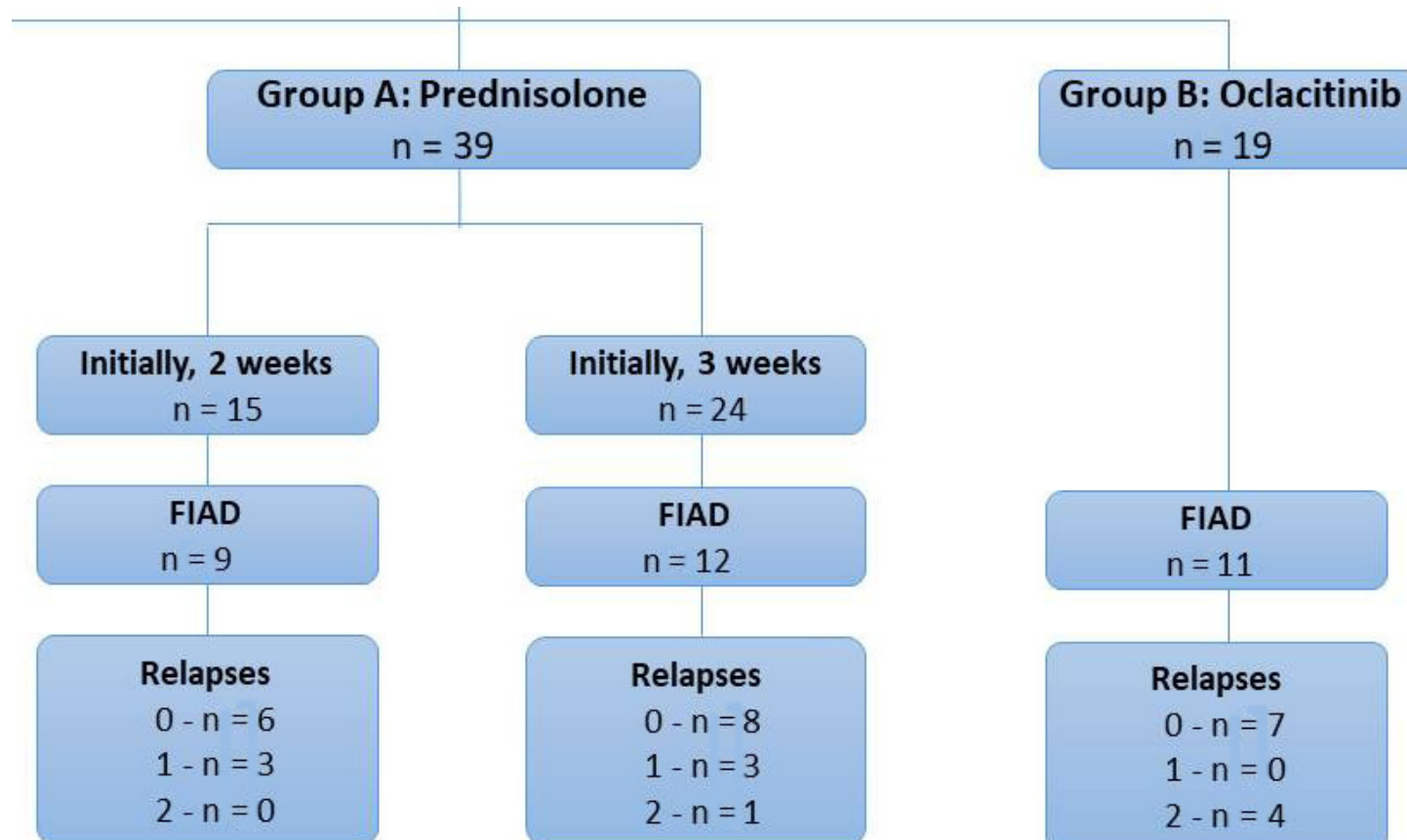
- **Based on** : Sensitivity and specificity of a shortened elimination diet protocol for the diagnosis of food-induced atopic dermatitis (FIAD) Fischer N et al (2021) <https://doi.org/10.1111/vde.12940>
- **Alternative to classic 6-8 week protocol**
- **Control any infections and eliminate parasitic diseases**
- **66% sensitivity ; 2/3 of cases identified after 2 weeks of prednisolone. 3 weeks no different outcome**
- **95% sensitivity after further week of prednisolone in relapsing cases**
- **Apoquel sensitivity, same protocol, only 63%**

# Findings Summary FAID = food induced atopic dermatitis “food allergy”

Sensitivity and specificity of a shortened elimination diet protocol

for the diagnosis of food-induced atopic dermatitis (FIAD)

Fischer N et al (2021) <https://doi.org/10.1111/vde.12940>



**Control any infections and eliminate parasitic diseases**  
Day 0  
Begin Royal Canin Analergenic and prednisolone 1mg/kg

Day 7  
Reduce Prednisolone to 0.5mg/kg until Day 14

Day 14  
Withdraw Prednisolone

Significant improvement maintained for 2 weeks.  
Rechallenge to confirm food allergy as significant part or whole problem  
If BOTH food related and atopic,  
**Manage atopic component**

Relapse within 14 days  
Restart prednisolone for 7 days

Withdraw prednisolone

Manage atopic dermatitis

Relapse within 14 days  
95% confidence not food allergy